

Youth Exchange Infopack

BE INVOLVED

J U L Y 2 1 - 3 0 P O R O N I N , P O L A N D





Dear Participants

**IN THIS INFO PACK YOU WILL
FIND A BRIEF INTRODUCTION ON
WHAT TO EXPECT DURING THIS
UPCOMING YOUTH EXCHANGE AND
WHAT 'BE INVOLVED' IS ALL
ABOUT!**

DEAR PARTICIPANTS

The Youth Exchange is soon approaching!

Be Involved is a multi-activity project with two separate Youth Exchanges. First taking place in July in Poland and second in Germany.

For the first event, we have organized a busy schedule filled with interactive activities, workshops and service opportunities to encourage engagement in our local communities.

We look forward to meeting everyone to learn (AND PLAY) together in this new experience.

Sincerely, Your Program Directors

OUR MISSION

1

Promote social inclusion and tolerance among our European youth in a fun and interactive way.

2

Explore the topic of empowerment through community actions and grassroots movements for improvement of social wellbeing



PROJECT

This project aims to foster inter-cultural, open spaces that connect young people with each other across Europe.

Participants from various distinct cultural backgrounds will gather to discuss what inclusion and social activism means today for our generation and how we can benefit and contribute to our local communities.

This learning will take place through workshops, outdoor activities (hiking), games, and service projects along with a trip to Krakow.

Our program facilitator will be American Intercultural Specialist Katie Bak





Countries Participating

Germany- Trautmann e.V.

Poland- Amicus

Slovakia- Youth Constellation

Lithuania - Unique projects

Romania-Asociația Tinerii 3D

*Project co-financed from the
European Commission program
Erasmus+.*



Poronin Poland

OUR VENUE

All participants will be housed in a lodge in Poronin amidst the beautiful mountains near Zakopane. On our last night, we will be staying in a hostel in Krakow, Poland's most authentic major city.



THINGS TO BRING

THINGS you need to prepare IN
ADVANCE

- Trekking shoes
- Wind/ Waterproof jacket
- Comfortable Shoes
- Sporty/Comfortable Clothes

Insurance:

Participants are responsible for
buying insurance on their own
prior to coming to Poland.



IF YOU HAVE ANY QUESTIONS PLEASE CONTACT THE COORDINATORS

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