#### **COURSE INFORMATION SHEET**

University: Catholic University in Ružomberok

Faculty: Faculty of Health

**Course title:** Continuous Professional Practice 8

KFYZIO/54F1071W/17

Type and range of planned learning activities and teaching methods:

Form of instruction: Seminar Recommended study range:

hours weekly: hours per semester: 440s

**Teaching method:** on-site

(distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)

Credits: 3

Recommended semester/trimester: 6.

Level of study: I.

**Prerequisities:** KFYZIO/54F1069W/17

# **Requirements for passing the course:**

Prerequisites: clinical exercises 4, continuous professional practice 7

Conditions for completing the course:

During the semester: regular participation in exercises

Final evaluation: practical skills in exercises

A - 100% -93%

B - 92% -85%

C - 84% -77%

D - 76% -69%

E - 68% -60%

FX - 59% - 0%

### **Learning outcomes of the course:**

### Course objective:

Gain knowledge of the procedures of movement therapy according to the nature of the disease and gain practical skills in assessing the patient's condition, compiling a plan for medical rehabilitation and kinesiotherapy in individual indication areas of medicine.

Theoretical knowledge:

The student has knowledge of the procedures of movement therapy according to the nature of the disease and gain practical skills in assessing the patient's condition, compiling a plan for medical rehabilitation and kinesiotherapy in various indication areas of medicine. As an output from the subject, he will describe the case report of a patient with an examination and a proposed rehabilitation plan and rehabilitation program.

Practical skills:

The student applies the acquired skills in nursing care within the competence of a physiotherapist and the basis of physiotherapeutic examination. Gains erudition in professional communication with the client, assertive behavior and empathy. Performs kinesiotherapy in various fields of medicine.

### **Course contents:**

Under the supervision of an experienced physiotherapist student will: get patient's anamnesis, performs a comprehensive kinesiological analysis of the patient, design

therapy and applay selected therapeutic procedures.

1. Kinesiotherapy in the orthopedics.

Kinesiotherapy after upper and lower limb joint surgery, degenerative joint diseases and after limb amputations.

2. Kinesiotherapy in the traumatology.

Kinesiotherapy after injuries of the upper and lower limbs, after polytraumas.

3. Kinesiotherapy in the pediatrics.

Physiotherapy in childhood.

Kinesiotherapy in diseases of the respiratory system, locomotor system and rheumatology.

4. Kinesiotherapy in the neurology.

Kinesiotherapy in diseases of the peripheral nervous system, in vascular diseases of the brain, in demyelinating diseases of the CNS and in vertebrogenic pain syndromes.

Kinesiotherapy in the indication area of neurosurgery.

Kinesiotherapy after hernia disc surgery and after spinal surgery.

## **Recommended or required literature:**

## Language of instruction:

#### Notes:

The course is taught only in the summer semester and is evaluated only in the relevant examination period of the summer semester of the academic year.

### **Course evaluation:**

Assessed students in total: 115

A	В	С	D	Е	FX
20.87	55.65	14.78	1.74	0.0	6.96

**Name of lecturer(s):** doc. PhDr. Zuzana Hudáková, PhD., Mgr. Marina Potašová, PhD., Mgr. Ivana Aštaryová, PhD.

Last modification: 01.12.2020

Supervisor(s): doc. PhDr. Zuzana Hudáková, PhD.