

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KTVS/Tx-BD119A/22	<b>Course title:</b> Didactics of physical education
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly:</b> 1 <b>hours per semester:</b> 13 <b>Teaching method:</b> on-site	
<b>Credits:</b> 1	<b>Working load:</b> 25 hours
<b>Recommended semester/trimester:</b> 6.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for passing the subject and the method of verification of acquired knowledge, skills and competences: Verification of the degree of acquisition of relevant knowledge, skills and competencies of the student is carried out on the basis of the final written test (100-0%).	
<b>Learning outcomes of the course:</b> Objective of the subject: The aim of the subject is to acquire basic knowledge and skills in the theory of teaching physical education. Mastering the basic concepts, approaches and procedures in the subject didactics of physical education. Learning outcomes: After completing the subject, the student will acquire the following knowledge, skills and competences: - master the basics of methodology and principles of pedagogical diagnosis of the educational process in physical and sports education, with respect for the individual characteristics of pupils, students and the adult population, - is able to plan, organize, lead and analyze the physical education and sports process at the ISCED 2 and 3 level in profile educational areas, can evaluate, classify and solve pedagogical situations and processes, - is able to navigate the generally binding legal, ethical, economic regulations relating to the work of a teacher, in pedagogical documentation, in other conceptual and strategic documents of the school, - is able to respond promptly and appropriately to the personality and movement expressions of the trainees and is ready to take responsibility for the safety and health protection of participants in the physical education process, is capable of creating exercise training programs with a versatile and specialized focus.	
<b>Course contents:</b> Course contents: Lectures and exercises: 1. Physical education and sport in the life of a contemporary person 2. Didactics of physical education as a scientific discipline, characteristics of basic concepts 3. Educational process in physical education. Developing movement skills 4. Pupil and teacher in the physical education process 5. Conditions of the physical education process	

6. Assessment in physical education, creation of standards 7. Organizational forms of teaching 8. Current trends in the teaching of physical education in our country and in the world 9. Learning and teaching in physical education 10. Developing student and teacher competencies in the physical education process 11. Physical education curricula, teaching design 12. Work with physically impaired pupils 13. Interest-based physical education and school sports

### **Recommended or required literature:**

Recommended reading:

1. COLLECTIVE. 2001. Didactics of school physical education. Bratislava: FTVŠ UK and SVSTVŠ, 2001. 236 p. ISBN 80-968252-5-9.
2. ANTALA, B., LABUDOVIČ, J., DANCÍKOVÁ, V. et al. 2013. Co-educated teaching of physical and sports education. Bratislava: UK FTVŠ. 2013. 163 p. ISBN 978-80-89257-63-8.
3. SEDLÁČEK, J., ANTALA, B. et al. 2008. Evaluation of physical development and motor performance of pupils in the process of curricular transformation of education and training, Bratislava: 2008, 138 p. ISBN.
4. STARŠÍ, J. 1992. Didactics of physical education for the 1st grade of elementary school. Banská Bystrica: PF UMB, 1992. 114 p. ISBN 80-856162-33-4.
5. CHRÁSKA, M. 1999. Didactic tests. Brno: Paido, 1999. 91 p. ISBN 8085931680.
6. CHRÁSKA, M. 2007. Methods of pedagogical research. Prague: GRADA Publishing, 2007. 265 p. ISBN 978-80-247-1369-4.
7. ŠIMONEK, J. 2005. Didactics of physical education. Nitra. University of Konstantin Filozof, 2005. 103 p. ISBN 8080508739.
8. ŠIMONEK, J. et al. 2004. Methodology of physical education for secondary vocational schools. Bratislava: SPN, 2004. 285 p. ISBN 8010003808.
9. MELICHER, A. 1996. Innovation of physical education projects in primary and secondary schools of the Slovak Republic. Proceedings of a scientific exercise. Bratislava: Macura Peter, 1996. 97p. ISBN 80-967456-8-9.

### **Language of instruction:**

Slovak language

### **Notes:**

### **Course evaluation:**

Assessed students in total: 9

A	B	C	D	E	FX
0.0	22.22	22.22	11.11	33.33	11.11

**Name of lecturer(s):** prof. PaedDr. Elena Bendíková, PhD.

**Last modification:** 31.07.2022

### **Supervisor(s):**

**Guarantor:**

Administrátor Systému

**People responsible for the delivery, development and quality of the study programme:**

prof. ThDr. Rastislav Adamko, PhD., doc. Mgr. Marek Babic, PhD., doc. RNDr. Pavel Bella, PhD., prof. PaedDr. Mgr. art. Rastislav Biarinec, ArtD., prof. Irina Chelysheva, DrSc., prof. PaedDr. František Dlugoš, PhD., Mgr. Juraj Dvorský, PhD., prof. PhDr. Ingrid Emmerová, PhD., doc. Tatiana Korenkova, CSc., prof. PaedDr. Milan Ligoš, CSc., doc. Mgr. Eva Litavcová, PhD., doc. PaedDr. Peter Mačura, PhD., prof. PhDr. David Papajík, PhD., doc. Ing. Miroslav Saniga, CSc., prof. Nóra Séllei, PhD., DrSc., PhDr. ThLic. Martin Taraj, PhD., Prof. Ing. Peter Tomčík, PhD., prof. Dr. phil. fac. theol. Peter Volek, doc. Ing. Igor Černák, PhD.