

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KTVS/Tv-BD217A/22	<b>Course title:</b> Games 1
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly:</b> 1 <b>hours per semester:</b> 13 <b>Teaching method:</b> on-site	
<b>Credits:</b> 1	<b>Working load:</b> 25 hours
<b>Recommended semester/trimester:</b> 3.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for passing the subject and the method of verification of acquired knowledge, skills and competences: During the semester, the student demonstrates his theoretical knowledge of the theory and didactics of movement games in the form of a semester paper, the topic of which he chooses. The student prepares a written preparation and performs a selected movement game. Demonstrates practical movement skills through active participation in movement games during exercises. Constructively-critically evaluates his output and whole-semester activity. Final rating: total percentage gain: - semester written work (50%) - written preparation and management of the movement game (40%) - self-evaluation (10%). - Subject evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% Fx – 59%- 0%	
<b>Learning outcomes of the course:</b> Objective of the subject: To provide the student with knowledge about the functions of movement play in a person's life and to prepare him for the teaching of movement games in physical and sports education classes. To present to the student knowledge about movement games in the school environment as a pedagogical assistant and educator. To provide the student with knowledge about organizing competitions with the application of movement games (dummy) at school. Learning outcomes: After completing the subject, the student will acquire the following knowledge, skills and competences:	

- familiarization with the possibilities of using exercise games at school, with the principles of applying simple exercise training programs with a focus on exercise games,
- mastering selected movement activities that condition participation in the movement game according to the content of education in schools and for the needs of sample demonstrations by students,
- learning the theory and didactics of movement games for the needs of activities in sports and recreational facilities.

**Course contents:**

1. Movement games in the modules of the State Education Program for primary and secondary schools (ISCED 2 and ISCED 3): Health and its disorders, Healthy lifestyle, Physical fitness and physical performance, Sports activities of the physical regime
2. Movement games to stimulate movement speed and strength skills
3. Movement games to stimulate coordination movement skills
4. Movement games to stimulate endurance movement skills
5. Movement games to develop game skills in sports games
6. Movement games with balls
7. Cooperative movement games
8. Movement games in the water environment
9. Movement games on snow
10. Field movement games
11. Movement games with carrying the exerciser
12. Movement games in health physical education
13. Movement games in sports training

**Recommended or required literature:**

1. ARGAJ, G. et al. 2009. Movement games for physical and sports education. Bratislava: Comenius University, 2009. 83 p. ISBN 978-223-2602-5.
2. KRŠKA, P., ADAMČÁK, Š. 2008. Motor skills and games for their development. Ružomberok: Catholic University, Faculty of Education, Department of Physical Education and Sports, 2008. 103 p. ISBN 978-80-8084-319-9.
3. NEUMAN, J. 1998. Adventure games and exercises in nature. Prague: Portal, 1998. 328 p. ISBN 80-7178-730-2.
4. ŠIMONEK, J. 2012. Games, exercises and competitions for the development of children's movement coordination. 2012. Nitra: University of Konstantin Filozof PF, 2012. 96 p. ISBN 978-80-5580-069-1.
5. Physical and sports education - collective sports activities, gymnastic and dance movement activities, Collective of authors. Bratislava: NŠC in cooperation with FTVŠ UK, 2014. 246 p. 1st edition. ISBN: 978-80-971466-3-4. EAN: 9788097146634.

**Language of instruction:**

Slovak language

**Notes:**

**Course evaluation:**

Assessed students in total: 16

A	B	C	D	E	FX
43.75	25.0	0.0	0.0	18.75	12.5

**Name of lecturer(s):** PaedDr. Andrej Hubinák, PhD.

**Last modification:** 11.07.2022

**Supervisor(s):**

People responsible for the delivery, development and quality of the study programme:

prof. PhDr. Ingrid Emmerová, PhD., doc. PaedDr. Peter Mačura, PhD., PhDr. ThLic. Martin Taraj, PhD.