

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Education	
Course code: KTVS/Tx-BD115A/22	Course title: Games 3
Type and range of planned learning activities and teaching methods: Form of instruction: Lecture / Seminar Recommended study range: hours weekly: 1 / 2 hours per semester: 13 / 26 Teaching method: on-site	
Credits: 3	Working load: 75 hours
Recommended semester/trimester: 5.	
Level of study: I.	
Prerequisites:	
Requirements for passing the course: Conditions for passing the subject and the method of verification of acquired knowledge, skills and competences: During the semester, the student demonstrates practical skills through active physical participation in exercises. It will make a sample of the game activity of an individual and the chain of game activities. In the test, he will demonstrate theoretical knowledge of the rules. Constructively-critically evaluates his activity throughout the semester. Final rating: total percentage profit: - demonstration of an individual's game activity in football and volleyball (15+15%), - example of a chain of game activities in football and volleyball (15+15%), - test on football and volleyball rules (10+10%), - self-evaluation (10+10%). Subject evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% Fx – 59%- 0%	
Learning outcomes of the course: Objective of the subject: To provide the student with knowledge about the function of sports games football and volleyball in a person's life and to prepare him for their teaching in physical and sports education classes. To present knowledge about football and volleyball to the student in the school environment as a pedagogical assistant and educator. To provide the student with knowledge about organizing football and volleyball matches and competitions in schools. Learning outcomes: After completing the subject, the student will acquire the following knowledge, skills and competences:	

- has basic knowledge about the peculiarities of pupils' development in the context of their age, gender, developmental, health and social potential disadvantages, or giftedness and talent,
- can demonstrate game activities to students. It is a motivator of a healthy lifestyle,
- has a positive attitude towards lifelong professional development and education focusing on football and volleyball,
- is able to cooperate effectively with other experts and organizations and respect their recommendations effectively in the educational process,
- can evaluate, classify and solve pedagogical situations when applying football and volleyball in the educational process,
- can solve problems when organizing football and volleyball at school, coordinate, make decisions and supervise compliance with the rules during practice and games.

Course contents:

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Lectures

1. Sports training in sports games and its construction and management.
2. Selection of talents in sports games.
3. Sports training of children and youth in sports games.
4. Football and volleyball in the State Education Program
5. Football and volleyball in the school educational program
6. Student's game performance in football and volleyball
7. Organizing school competitions in football and volleyball
8. Organizational forms in learning soccer and volleyball at school
9. Didactic forms in learning soccer and volleyball at school
10. Theory and didactics of football
11. Theory and didactics of volleyball
12. Rules and refereeing of football at school
13. Rules and refereeing of volleyball at school

Exercise 1 - football

1. Driving the ball, passing with the feet and the head
2. Stopping the ball with your feet
3. Processing the fly ball through the air with the thigh, chest and head
4. Shooting with legs and head
5. Goalkeeper activity: catching and kicking the ball
6. Basics of rules and decision-making in school football
- 7.-13. Outputs of students as a referee and coach in a football match

Exercise 2 - volleyball

1. Two-handed hitting from above and below
2. Smacking and blocking the ball
3. Serving the ball from above and below
4. Practice of simple game combinations in volleyball
5. Organizing a volleyball match, interclass and interschool competitions.
6. - 13. Student outputs as a referee and coach in a volleyball match

Recommended or required literature:

Recommended reading:

1. GIFFORD, C. 2009. Football. Prague: Svojtka & Co., 2009. 96 p. ISBN 80-7237-476-1.
 2. KIRKENDALL, D.T. 2014. Football training. Prague: Grada, 2014. 220 p. ISBN 978-80-247-4491-9.
 3. NEMEC, M., KOLLÁR, R. 2009. Theory and didactics of football. Banská Bystrica: Janka Čižmarová – PARTNER, 2009. 200 p. ISBN 978-80-89183-62-3.
 4. OFFICIAL Volleyball Rules 2017-2020 valid for all competitions from May 1, 2017. FIVB. https://www.avr-sr.sk/administracia/prilohy/dokument/oficialne_pravidla_volejbalu_2017_2020.pdf.
 5. PERÁČEK, P. 2018. Theory of sports games. University textbook. Bratislava: Slovak Scientific Society for Physical Education and Sport. 435 p. ISBN 978-80-89075-74-4.
 6. PERÁČEK, P., PAKUSZA, Zs. 2011. Football. University textbook. Bratislava: IRIS. 217 p. ISBN 978-80-89238-55-2.
 7. RULES of football valid from June 1, 2020. SFZ.
 8. PŘIDAL, V., ZAPLETALOVÁ, L. 2018. Sports training in volleyball. University textbook. 2nd ed. Bratislava: Slovak Scientific Society for Physical Education and Sport. 398 p. ISBN 978-80-89075-72-0.
 9. SABOL, J. 2014. Movement games for football preparations. Liptovský Mikuláš: Jaroslav Gartner, 2018. 78 p. ISBN 9788097162405.
 10. VOTÍK, J. 2011. Football practices and games. Prague: Grada 2011. 152 p. ISBN 9788024735764.
 11. ZAPLETALOVÁ, L., PŘIDAL, V. 2007. Volleyball - basics of technique, tactics and teaching. Bratislava: UK, 2007. 158 p. ISBN 978-80-223-2280-5.
 12. HEALTH and movement. In: Innovative ŠVP (State Education Program) for the 2nd grade of elementary school. <https://www.statpedu.sk/sk/svp/inovovany-statny-vzdelavaci-program/inovovany-svp-2.stupen-zs/>.
 13. HEALTH and movement. In: State educational program for grammar schools in the Slovak Republic ISCED 3A – Higher secondary education. Bratislava: State Pedagogical Institute. 37 p. https://www.statpedu.sk/files/articles/dokumenty/statny-vzdelavaci-program/isced3_spu_uprava.pdf.
- Magazines:
- Sports Games (Slovak Republic)
- Physical education and youth sport (Czech Republic)
- Physical education and sports (Slovak Republic)

Language of instruction:

Slovak language

Notes:**Course evaluation:**

Assessed students in total: 14

A	B	C	D	E	FX
35.71	7.14	42.86	7.14	0.0	7.14

Name of lecturer(s): doc. PaedDr. Peter Mačura, PhD., PaedDr. Andrej Hubinák, PhD.**Last modification:** 19.07.2022**Supervisor(s):**

Guarantor:

Administrátor Systému

People responsible for the delivery, development and quality of the study programme:

prof. ThDr. Rastislav Adamko, PhD., doc. Mgr. Marek Babic, PhD., doc. RNDr. Pavel Bella, PhD., prof. PaedDr. Mgr. art. Rastislav Biarinec, ArtD., prof. Irina Chelysheva, DrSc., prof. PaedDr. František Dlugoš, PhD., Mgr. Juraj Dvorský, PhD., prof. PhDr. Ingrid Emmerová, PhD., doc. Tatiana Korenkova, CSc., prof. PaedDr. Milan Ligoš, CSc., doc. Mgr. Eva Litavcová, PhD., doc. PaedDr. Peter Mačura, PhD., prof. PhDr. David Papajík, PhD., doc. Ing. Miroslav Saniga, CSc., prof. Nóra Séllei, PhD., DrSc., PhDr. ThLic. Martin Taraj, PhD., Prof. Ing. Peter Tomčík, PhD., prof. Dr. phil. fac. theol. Peter Volek, doc. Ing. Igor Černák, PhD.