

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KTVS/Tx-BD117A/22	<b>Course title:</b> Schooling session 3
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture / Seminar <b>Recommended study range:</b> <b>hours weekly:</b> 1 / 2 <b>hours per semester:</b> 13 / 26 <b>Teaching method:</b> on-site	
<b>Credits:</b> 3	<b>Working load:</b> 75 hours
<b>Recommended semester/trimester:</b> 5.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for passing the subject and the subject and the method of verification of acquired knowledge, skills and competences: Verification of the degree of acquisition of the relevant knowledge, skills and competencies of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Practical part (75%) Theory test (25%) Subject evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% Fx – 59%- 0%	
<b>Learning outcomes of the course:</b> Objective of the subject: To provide the student with knowledge of the basic areas of skating and ice hockey. Acquisition of skills necessary for continuous improvement of technique. Building capacity for the use of skating and ice hockey in the teaching of physical and sports education. Learning outcomes: After completing the subject, the student will acquire the following knowledge, skills and competences: - has relevant knowledge about the possibilities of using skating and ice hockey in the teaching of physical and sports education, - acquires basic movement locomotion and skating skills, - learn to use training aids, games and competitions to master skating technique, - knows how to apply pedagogical principles when improving technique, - can handle basic game combinations in ice hockey.	
<b>Course contents:</b>	

**Course contents:**

1. Characteristics of skating equipment (skates, helmet, protectors, gloves...)
2. – 4. Development of skating skills – balance training
- 5.-7. Practice of falls, rebounds, braking, driving forward, backward, stopping
8. - 10. Skating alphabet - exercises
11. – 12. Improving skating skills in the form of games and competitions
13. Practice game combinations in ice hockey

**Recommended or required literature:**

## Recommended reading:

1. TÓTH, I., et al. Ice hockey coach, Bratislava 2010, ISBN 978-80-970545-1-9
2. FILC, J. - KRIŠKOVÁ, E. - STARŠÍ, J. 1994. Theory and didactics of skating and the basics of hockey.
3. JAROMÍR PYTLÍK, Hockey skating. Trends in teaching technology. Grada Publishing, a.s. Prague 2015, ISBN 978-80-247-5742-1

**Language of instruction:**

Slova language

**Notes:****Course evaluation:**

Assessed students in total: 18

A	B	C	D	E	FX
33.33	5.56	33.33	5.56	5.56	16.67

**Name of lecturer(s):** Mgr. Luboslav Šiška, PhD., PaedDr. Andrej Hubinák, PhD.**Last modification:** 20.07.2022**Supervisor(s):****Guarantor:**

Administrátor Systému

**People responsible for the delivery, development and quality of the study programme:**

prof. ThDr. Rastislav Adamko, PhD., doc. Mgr. Marek Babic, PhD., doc. RNDr. Pavel Bella, PhD., prof. PaedDr. Mgr. art. Rastislav Biarinec, ArtD., prof. Irina Chelysheva, DrSc., prof. PaedDr. František Dlugoš, PhD., Mgr. Juraj Dvorský, PhD., prof. PhDr. Ingrid Emmerová, PhD., doc. Tatiana Korenkova, CSc., prof. PaedDr. Milan Ligoš, CSc., doc. Mgr. Eva Litavcová, PhD., doc. PaedDr. Peter Mačura, PhD., prof. PhDr. David Papajík, PhD., doc. Ing. Miroslav Saniga, CSc., prof. Nóra Séllei, PhD., DrSc., PhDr. ThLic. Martin Taraj, PhD., Prof. Ing. Peter Tomčík, PhD., prof. Dr. phil. fac. theol. Peter Volek, doc. Ing. Igor Černák, PhD.