

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Education	
Course code: KTVS/Tv-BD222A/22	Course title: Schooling session 4
Type and range of planned learning activities and teaching methods: Form of instruction: Lecture / Seminar Recommended study range: hours weekly: 2 / 3 hours per semester: 26 / 39 Teaching method: on-site	
Credits: 6	Working load: 150 hours
Recommended semester/trimester: 4.	
Level of study: I.	
Prerequisites:	
Requirements for passing the course: Conditions for passing the subject and the subject and the method of verification of acquired knowledge, skills and competences: Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject. Practical part (50%) Theory test (25%) Seminar work (25%) Subject evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% Fx – 59%- 0%	
Learning outcomes of the course: Objective of the subject: To provide the student with knowledge of the basic areas of water and cycling tourism. Mastering the movement component necessary for continuous improvement of the technique. Mastering the possibilities of using water and cycling in the process of teaching physical and sports education. Learning outcomes: After completing the subject, the student will acquire the following knowledge, skills and competences: - acquires theoretical knowledge from cycling and water tourism, - learns the basics of road traffic and traffic on waterways, - acquires professional and technical skills when repairing bicycles, or modifying and transporting boats, - in individual types of tourism, he gains physical condition, acquires skills in technical preparation, - has basic competence in planning tourist activities.	

Course contents:

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1. History of water and cycling tourism
2. Cultural and educational component of water and cycling tourism
3. – 5. Basic rules of road traffic
6. – 8. Gear and equipment for cycling
8. Movement component of cycling
9. Classification of water courses
10. Equipment and equipment for water tourism
11. Movement component of water tourism
12. Orientation in the map focused on water and cycling tourism
13. Basics of planning water and cycling activities

Recommended or required literature:

Recommended reading:

1. BELÁS, M., ROUČKOVÁ, M. 2015. Summer sports in nature. Bratislava: Methodological-pedagogical center, 2015, 50 p. ISBN 978-80-565-0952-4.
2. KOMPÁN, J., GORNER, K. 2007. Possibilities of applying tourism and physical activities in nature in the way of life of the young population. Banská Bystrica: FHV UMB, 2007, 62 p. ISBN 80-8083-365-7.
3. SIDWELLS, CH. Big book about cycling. 1st edition Bratislava: Slovast, 2004. 239p. ISBN 80-7209-585-4.
4. SOULEK, I., MARTINEK, K. Cycling. 1st edition Prague: Grada Publishing, 2000. 112p. ISBN 80-7169-951.
5. MICHALÁČ, J. 1988. Water tourism. Bratislava, Sport, 1988.
6. BENEC, M., BOBULA, T., ZBÍŇOVSKÝ, P. 2008. Water sports. Banská Bystrica: UMB FHV. 98 p. ISBN 978-80-8083-521-7.

Language of instruction:

Slovak language

Notes:**Course evaluation:**

Assessed students in total: 15

A	B	C	D	E	FX
66.67	6.67	6.67	0.0	20.0	0.0

Name of lecturer(s): Mgr. Ľuboslav Šiška, PhD., PaedDr. Andrej Hubinák, PhD.**Last modification:** 08.08.2022**Supervisor(s):**

People responsible for the delivery, development and quality of the study programme:

prof. PhDr. Ingrid Emmerová, PhD., doc. PaedDr. Peter Mačura, PhD., PhDr. ThLic. Martin Taraj, PhD.