

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Education	
<b>Course code:</b> KTVS/Tv-BD206B/22	<b>Course title:</b> Table tennis
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly:</b> 1 <b>hours per semester:</b> 13 <b>Teaching method:</b> on-site	
<b>Credits:</b> 2	<b>Working load:</b> 50 hours
<b>Recommended semester/trimester:</b> 2., 4.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for passing the subject and the subject and the method of verification of acquired knowledge, skills and competences: Verification of the degree of acquisition of relevant knowledge, skills and competences of the student is carried out on the basis of continuous fulfillment of performance requirements and the quality of acquisition of movement activities (50%), final exam on the rules (max. 50%). Subject evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% Fx – 59%- 0%	
<b>Learning outcomes of the course:</b> Objective of the subject: Acquisition of theoretical knowledge and acquisition of basic practical skills required for the 3rd class coaching and referee qualification level. Basic mastery of the rules and technique of basic strokes. Mastering the technique of basic strokes. Learning outcomes: After completing the subject, the student will acquire the following knowledge, skills and competences: - acquire basic cross-sectional and relevant knowledge about the development of general and special skills and basic rules in table tennis, - has the necessary fitness prerequisites and movement skills and possesses the basic skills of preparation, organization, management and decision-making of sports, social, educational and entertainment recreational events at the school and regional level, - is able to respond promptly and adequately to the personality and movement expressions of the trainees and is ready to take responsibility for the safety and health protection of the participants in the physical education process.	
<b>Course contents:</b> Course contents: 1. History and development; systematics of game activities 2. Biomechanics and technique of basic table tennis strokes 3. Peculiarities in the preparation of children and youth 4. Practice of basic game activities 5. Improving basic game activities 6. Practicing and improving the forehand 7. Practicing and improving the backhand 8. Training and improving the service 9. Basics of rules and decision-making in table tennis 10. Basics of tactics, strikes with upper, lower and side rotation 11. Influence of materials (covers and sponges, type of wood on rackets) on the game 12. Own game (singles) 13. Own game (doubles)	

**Recommended or required literature:**

1. DEMETROVIČ, E., KOPRDA, J. 2003. Curriculum of ŠT table tennis. ŠPÚ Bratislava, 2003.
2. DEMETROVIC, E. et al. 2003. Table tennis - sports training of talented youth. Bratislava, 2003.
3. MIŠIČKOVÁ, L. 2010. Table tennis. Prague: GRADA Publishing, 2010. 140 p. ISBN 978-80-247-3363-0.

**Language of instruction:**

Slovak language

**Notes:****Course evaluation:**

Assessed students in total: 20

A	B	C	D	E	FX
55.0	15.0	15.0	5.0	10.0	0.0

**Name of lecturer(s):** PaedDr. Andrej Hubinák, PhD.

**Last modification:** 18.07.2022

**Supervisor(s):**

People responsible for the delivery, development and quality of the study programme:

prof. PhDr. Ingrid Emmerová, PhD., doc. PaedDr. Peter Mačura, PhD., PhDr. ThLic. Martin Taraj, PhD.