#### **COURSE INFORMATION SHEET**

University: Catholic University in Ružomberok

Faculty: Faculty of Education

Course code: KSPED/Sp-Course title: Therapeutic approaches in special pedagogy and the

pedagogy of the mentally disabled MD113A/22

Type and range of planned learning activities and teaching methods:

Form of instruction: Lecture / Seminar

**Recommended study range:** 

hours weekly: 2/2 hours per semester: 26/26

Teaching method: on-site

Credits: 5 Working load: 125 hours

**Recommended semester/trimester: 3.** 

Level of study: II.

**Prerequisities:** 

## Requirements for passing the course:

Verification of the degree of acquisition of the relevant knowledge, skills and competences of the student is carried out on the basis of theoretical and practical examinations during the semester teaching of the subject.

Prerequisites for successful completion of the course:

- 1. active participation in seminars, making concrete proposals within the framework of a support program for individuals with intellectual and other disabilities;
- 2. design and partial validation of a support program in a specific group of individuals with disabilities;
- 3. oral examination of knowledge of the approaches in a selected group of individuals with intellectual or other disabilities.

A minimum of 93% is required to receive an A grade, a minimum of 85% is required to receive a B grade, a minimum of 77% is required to receive a C grade, a minimum of 69% is required to receive a D grade, and a minimum of 60% is required to receive an E grade.

Course grades: A - 100%-93%, B - 92%-85%, C - 84%-77%, D - 76%-69%, E - 68%-60%, Fx -59%-0%

# **Learning outcomes of the course:**

After completing the course, the student will acquire the following knowledge, skills and competences: acquire basic knowledge about therapeutic approaches, their possibilities and limits when working with individuals with intellectual disabilities; be able to apply knowledge in understanding the provision of counselling as part of counselling activities and at the same time consider it as part of a comprehensive social rehabilitation; be able to analyze, synthesize and compare mediated information about the use of expressive therapies and therapeutic approaches; is able to develop a support programme using elements of a specific therapeutic approach; is proficient in basic approaches to conducting individual consultations and group meetings; is able to differentiate appropriate approaches within expressive and therapeutic approaches when working with an individual and their family.

#### **Course contents:**

Basic definition of expressive therapies and therapeutic approaches. Therapies in special education. Procedural aspect of therapy. Means of therapy. Classification and basic description of therapies in special education. Resources of the therapeutic community. Psychodynamic and cognitive-behavioral approaches. The therapeutic community as a system of work of the institution. Structural elements of the system. Rituals and traditions as part of therapeutic approaches and community identity building. Assessment activities and practices in the therapeutic-educational process.

### **Recommended or required literature:**

Odporúčaná literatúra:

GUILLAUME, M., KOVÁČOVÁ, B. 2010. Art vo vzdelávaní. Trnava: PdF TU, 2010. ISBN 978-80-8082-401-3.

KANTOR, J. – LIPSKÝ, M.– WEBER, J. a kol. 2009. Základy muzikoterapie. Praha: Grada, 2009. 296 s. ISBN 978-80-247-2846-9.

KOVÁČOVÁ, B. 2016. Expresívno-tvarová (pre)dispozícia skupinovej arteterapie v poradenskom procese. In: Prolegoména skupinovej arteterapie orientovanej na adolescenta so zdravotným znevýhodnením Bratislava: Univerzita Komenského v Bratislave, 2016. ISBN 978-80-223-4160-8.

KOVÁČOVÁ, B. 2014. Ergoterapia v ranom a v predškolskom veku. Bratislava: UK, 2014. ISBN 978-80-223-3737-3.

KOVÁČOVÁ, B. 2015. Liečebná pedagogika 2 : tvorba a evalvácia programu v liečebnej pedagogike. Bratislava : Univerzita Komenského, 2015. ISBN 978-80-223-3779-3.

KOVÁČOVÁ, B. 2010. Vývinovo orientovaná biblioterapia vo včasnej intervencii. In: Včasná intervencia orientovaná na rodinu. Bratislava: Univerzita Komenského, 2010. - S. 180-199. - ISBN 978-80-223-2915-6.

KOVÁČOVÁ, B. 2011. Vývinovo orientovaná dramatoterapia: možnosti a limity vo výchove a včasnej intervencii. Bratislava: MusicaLiturgica, 2011. ISBN 978-80-970418-1-6.

KRATOCHVÍL, S. 2017. Základy psychoterapie. Praha: Portál, 2017. ISBN 978-80-262-1227-0. KRIVOŠÍKOVÁ, M. 2011. Úvod do ergoterapie. Praha: Grada Publishing. 2011. ISBN 978-80-247-2699-1.

MORENO, J. J.. 2005. Rozehrát svou vnitřní hudbu. Muzikoterapie a psychodrama. Praha : Portál, 2005. 127 s. ISBN 80-7178-980-1.

MULLER, O. et al. 2014. Terapie ve speciální pedagogice. Praha: Grada, 2014. ISBN 978-80-247-4172-7.

NOVOSAD, L. 2009. Poradenství pre osoby se zdravotním a sociálním znevýhodnením. Praha: Portál, 2009. ISBN 978-80-7367-509-7.

## Language of instruction:

Slovak

#### Notes:

## **Course evaluation:**

Assessed students in total: 34

A	В	С	D	Е	FX
100.0	0.0	0.0	0.0	0.0	0.0

Name of lecturer(s): prof. Viktor Hladush, DrSc.

Last modification: 26.08.2022

#### **Supervisor(s):**

People responsible for the delivery, development and quality of the study programme: prof. Viktor Hladush, DrSc., PhDr. ThLic. Martin Taraj, PhD.