STUDY • LIVE • EXPLORE



OnePoint
Travel Guide

One guide to everything you need to know

Ready for your next chapter?

Follow OnePoint on Instagram for more about studying and living in Ružomberok.

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Your new place. Your next adventure.

STUDY **LIVE** **EXPLORE**

One guide, many beginnings.

Where's your first class? How do you order lunch? And where should you go for your first weekend trip? This guide brings together the essentials of studying and living in Ružomberok, so you can spend less time figuring things out and more time enjoying your stay.

Start small.

Read your arrival email. Find your first classroom. Have a coffee with someone new. Then plan your first trip around Liptov.

Made for international students

Keep this guide on your phone or in your bag. Slovak names appear alongside English explanations to help you recognise signs, menus and buttons on university websites.



Welcome to KU.

A guide for your stay

Welcome to the Catholic University in Ružomberok. This guide will help you settle into life in Slovakia and find your way through your studies at KU.

Practical help, from day one

Find practical information on student life, from arrival and residence formalities to accommodation, university systems and everyday essentials. Everything is organised to help you find the information you need when you need it.

Room to discover

Alongside the practical information, you'll find ideas for meeting people, exploring Liptov and travelling further afield. Use this guide at your own pace and follow the links for more information.

We are glad you are here

We wish you an enjoyable stay and every success in your studies. We hope you'll feel at home, develop your knowledge and skills, and leave with new experiences and good memories.

Welcome text adapted from KU NAVIGÁTOR - doplnenie.

Find your starting point.

00 Welcome & arrival 6
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Your university in a nutshell.

Katolícka univerzita v Ružomberku

KU is a public university with a Catholic character, founded in 2000. You'll see the Slovak abbreviation KU alongside the university's English name, Catholic University in Ružomberok.



Arts and Letters
Filozofická fakulta



Health Sciences
Fakulta zdravotníctva



Education
Pedagogická fakulta



Theology
Teologická fakulta
based in Košice

Your base in Liptov

Ružomberok is in the Liptov region of northern Slovakia. Check the address of your faculty and the location of your classes: KU's buildings and offices are not all in the same place or city.

Your international connection

The International Relations & Mobility Office supports international exchanges and mobility programmes. Your faculty coordinator advises you on course choices, your Learning Agreement and academic questions. Save the contact details for both from your arrival email.

ku.sk/en

KU: About University; faculties; international student information.

A little Slovakia know-how.

Fast facts

Location: Central Europe • capital: Bratislava
Currency: euro (€) • language: Slovak
Time zone: CET (UTC+1), CEST (UTC+2) in summer
Country calling code: +421

Pack for all four seasons

Expect warm summers and cold winters. Mountain weather can change quickly, and temperatures may be much lower than in town. Pack layers and a waterproof jacket, and check the forecast for your destination before heading out.

Everyday courtesy

Say “Dobrý deň” when entering a small shop or office. In many homes, people take off their outdoor shoes; follow your host’s lead. Hospitality and outdoor activities are common parts of local life, though customs and preferences vary.

A few words might help

English may not be spoken everywhere, especially in smaller shops or offices. Start with a polite greeting, then ask “Hovoríte po anglicky?” (Do you speak English?). Keep a translation app available offline. A reserved greeting does not necessarily mean someone is being unfriendly.

Country basics; cultural guidance adapted from the supplied brief.

Your route to Liptov.

SLOVAKIA



Choose the whole journey

Compare the flight, ground transfer, waiting time and final connection. TAT = Poprad–Tatry; KSC = Košice. Flight availability varies. The following pages explain the main arrival routes.

Liptov generalised; foreign airports and dotted connections are schematic.

Country outline: Natural Earth / geo-countries.

Before you cross the border.

EU / EEA / Swiss students

Bring a valid passport or national identity card. Check which arrival-reporting and residence-registration requirements apply to your stay. Your coordinator can help you find the relevant official guidance.

Students from outside the EU

The requirements depend on your nationality, current residence status, study programme and length of stay. You may need a visa, a temporary residence permit for study or a different procedure. A visa and a residence permit serve different purposes. Visa-free entry does not automatically allow you to stay for your entire study programme.

Start before booking

Check the requirements for your situation with the relevant Slovak embassy or consulate and KU’s international office before booking your journey. Prepare your admission documents and a valid identity document, and ask about any additional documents, official translations, appointments and deadlines. Before travelling, confirm how and when to report your arrival.

Official guidance for your situation
mic.iom.sk/en

IOM Migration Information Centre: temporary residence for study, July 2026.

Cover your whole stay.



Check your health insurance

If you are insured in an EU/EEA country or Switzerland, bring your valid European Health Insurance Card (EHIC) and check whether it is suitable for your stay. It gives you access to medically necessary public healthcare under the same conditions as people insured in Slovakia. It does not replace travel insurance.

Ask about your student status

Some international scholarship students qualify for Slovak public health insurance. Others need to arrange suitable cover separately. Confirm your eligibility with KU and the relevant insurer; nationality alone does not determine your entitlement.

Consider commercial insurance

Check that the policy covers your full stay and the countries you plan to visit. Review emergency medical cover, repatriation and exclusions. For mountain trips, check whether mountain rescue and your planned activities are covered. Save your policy, assistance number and claim instructions so you can access them offline.

Before you leave home

Bring prescribed medicines in their original packaging, together with the relevant prescription or medical summary. Check the rules for bringing your medication into Slovakia and any countries you travel through.

studyinslovakia.saia.sk

SAIA: Health and Medical Care; insurer and programme conditions apply.

Pack for study. Pack for the weather.

Documents & money

- ☐ Passport / national ID, plus any required visa or residence documents
- ☐ Admission documents, arrival instructions and accommodation details
- ☐ Insurance documents, EHIC if applicable, emergency contacts and copies of key documents
- ☐ Payment card, some cash and a backup payment method

Study & everyday life

- ☐ Laptop, charger and a suitable plug adaptor
- ☐ Phone with offline maps and saved travel tickets
- ☐ Regular medication and relevant prescriptions
- ☐ Reusable water bottle, a small bag and basic toiletries

For Liptov weather

- ☐ Layers: T-shirts, warm mid-layer and winter clothing if needed
- ☐ Waterproof jacket and sturdy walking footwear
- ☐ Hat, gloves and warm socks for colder weather
- ☐ Daypack and sun protection for outdoor trips

Landing in Vienna or Bratislava.

VIE • Vienna Airport

1. Compare airport shuttle services from Vienna airport to Bratislava. Check the exact arrival stop before booking.
2. If your shuttle doesn't stop at Bratislava hlavná stanica, the main railway station, plan how to get there from your arrival stop.
3. Continue by train to Ružomberok. Check the full journey, including any changes and seat reservations.

BTS • Bratislava Airport

1. Follow the signs to the public transport stop.
2. Take line 61 towards Hlavná stanica, the main railway station. Buy the correct ticket and follow the validation instructions for your ticket type.
3. Continue by train to Ružomberok and save your train ticket for offline access.

Build in a buffer

Allow extra time for passport control, baggage collection and delays. A cheaper flight may cost more overall if you need an overnight stay or an expensive transfer. Check your onward connections before booking your flight.

ZSSK **Bolt** **Uber** **FlixBus**

viennaairport.com • bts.aero • cp.sk

Vienna Airport; Slovak Lines; Bratislava Airport. Routes checked October 2026.

Landing in Kraków or Budapest.

KRK • Kraków Airport

1. Take the airport train towards Kraków Główny, the main railway station, or check the airport's website for other transport options.
2. Compare bus services to Ružomberok. Check the exact departure stop and whether you need to change buses.
3. Plan your full journey to Ružomberok before booking, including the transfer from the airport.

BUD • Budapest Airport

1. Take the 100E Airport Express shuttle bus to central Budapest. Special ticket rules apply, so check which ticket you need before boarding.
2. Continue to the railway station or bus stop shown on your onward ticket.
3. Compare bus and train connections to Ružomberok for your travel date.

For both routes

Poland uses the Polish złoty (PLN), and Hungary uses the Hungarian forint (HUF). Check whether your bank charges fees for payments abroad and how to buy local transport tickets. If you expect to arrive late, arrange a late check-in with your accommodation in advance.



krakowairport.pl • bud.hu • cp.sk

Kraków Airport; Budapest Airport / BKK. Onward journeys depend on date.

Prague, then Ružomberok.

PRG • Václav Havel Airport Prague

1. Take the Airport Express (AE) shuttle bus to Praha hlavní nádraží, the main railway station. Regular Prague public transport tickets are not valid on this service.
2. Compare train connections to Ružomberok, including any changes and required reservations.
3. Allow a full day for the journey and check how you'll reach your accommodation when you arrive.

Useful journey planners

Use CP.sk to find train and bus connections in Slovakia and IDOS for connections in Czechia. Check fares and ticket conditions directly with the relevant operator, such as ZSSK, České dráhy, ÖBB, RegioJet or FlixBus.

The last kilometres

Once you arrive in Ružomberok, head to the exact address in your accommodation confirmation. Check whether you can walk, take a local bus (MHD) or use a transfer arranged in advance. Let your accommodation provider know if delays change your expected arrival time.

prg.aero • idos.cz • cp.sk

Prague Airport: Airport Express; planning guidance.

Your first-week checklist.

A new place comes with plenty of questions. Start with these essentials, and give yourself time to settle in.

Before your first class

Check the details of your introductory meeting and confirm your course arrangements. Find your assigned KU username, set your university password and sign in to your university email.

Once you arrive

Meet the team at your introductory meeting and find out how to arrange your ISIC student card. Get to know your accommodation, find your classrooms and connect to Wi-Fi. Planning to eat at the university? Top up your catering account before ordering your first meal.

For everyday life

Save your accommodation address on your phone so you can easily find your way back. Check your bus route, download an offline map and keep your student card handy. Carry a payment card and a little cash for everyday purchases.

For your first weekend

Invite a classmate to explore the city centre, Hrabovo or Čutkovo. You don’t need a big trip to get to know your new surroundings. Check the weather, plan your return journey and enjoy your first weekend in Ružomberok.



KU guides + local student guidance

01

Study at KU.



From your first email to your first exam: get to know the university systems, services and places you'll use during your studies.

Follow the route. Find your rhythm.

Start with your arrival email

Keep the email with details of your introductory meeting. Check how to arrange enrolment, course registration and your student card for your exchange.

Confirm your Learning Agreement

Agree on your course choices, teaching language and total number of credits with your faculty coordinator. Your buddy can help you navigate the practical steps, while academic approval comes from the university.

Follow the complete visual walkthrough

Start with your university account and AIS2 on pages 18–49. Continue with Microsoft 365 from page 50, your student card from page 58, university meals from page 73 and Moodle from page 88.

Keep your own deadlines

Confirm the minimum number of credits and the registration deadlines for your programme and semester with your coordinator. Dates shown in screenshots are examples; follow the deadlines that apply to your own stay.

Suggested route based on the supplied walkthrough; confirm your own deadlines.

Three accounts. Three purposes.

UNIVERSITY ACCOUNT

AIS2 · Moodle · Abakus

Use AIS2 for your study records, Moodle for course materials and Abakus for services such as meal ordering. Sign in with your assigned username, for example john.potato564, and your university password. Your e-application account is separate.

MICROSOFT 365 ACCOUNT

Outlook · Teams · OneDrive · Office

Access your university email, collaborate online and use Office apps for your studies. Copy the exact sign-in address shown in Abakus account management; student addresses normally end in @edu.ku.sk. Follow the instructions to set a separate Microsoft password.

EDUROAM NETWORK ACCOUNT

Wi-Fi on participating campuses

Connect to Wi-Fi at KU and other participating institutions. For a KU account, use your university username followed by @ku.sk and your separate network password. An eduroam account from your home university may also work.

Each account uses its own password. Before signing in, check which account the service requires.

KU Information Systems; KU eduroam. Examples are illustrative.

How to use the walkthrough.

What AIS2 does

Use AIS2 to access your study records, course information, timetable, messages and grades, and to register for exams. The walkthrough begins by showing you how to find the correct KU website.

How the screenshots are arranged

Each screen is shown in full, followed by enlarged views of the relevant buttons and fields. Gold frames highlight the areas to look at. Where a detail appears on another page, follow the page reference.

English guidance, recognisable buttons

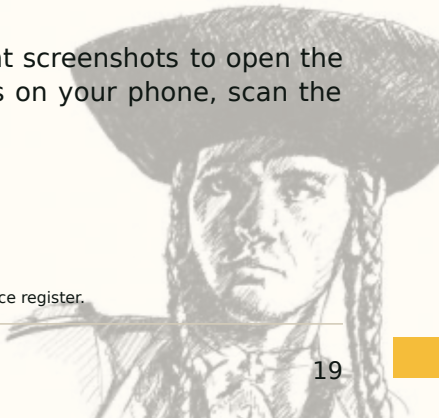
The instructions are in English, while screenshots retain the original interface language. The accompanying explanations help you identify the buttons and fields on your own screen.

Use your own account details

Names, courses, dates, prices and balances shown in the screenshots are examples. Always use the information in your own account. Personal payment codes and private sign-in details are hidden in the examples.

Links for your phone

Use the clickable links alongside the relevant screenshots to open the official university websites. For quick access on your phone, scan the QR codes in the university links section.

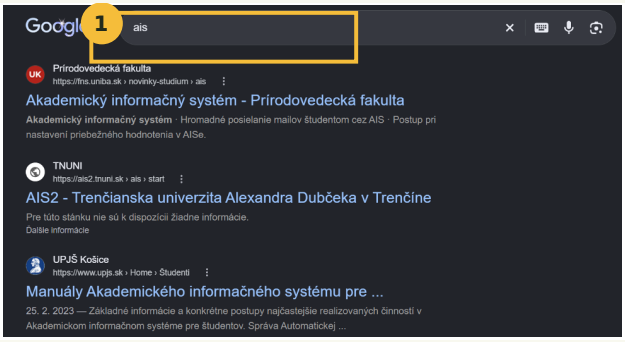


Source: supplied Erasmus walkthrough and KU guidance listed in the source register.

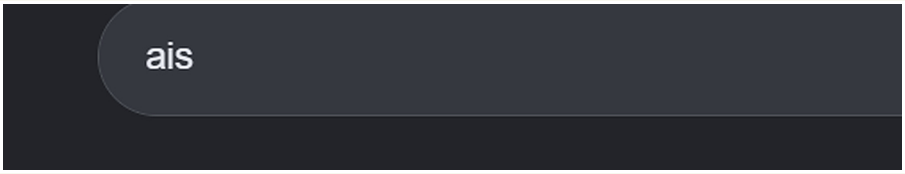
Find the right university.

AIS is used by several universities. Searching for “ais” alone may take you to another university’s website. Search for “ais ku” to find the Catholic University in Ružomberok

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / SEARCH TERMS



Search for “ais ku”, then check that the result is for the Catholic University in Ružomberok.

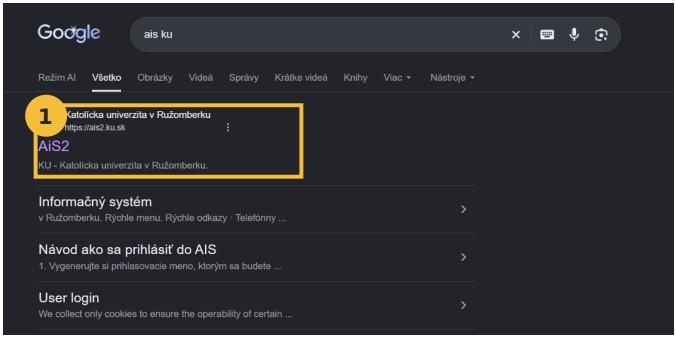
↗ Open the official KU page

Supplied Erasmus walkthrough: page 3, image 1.

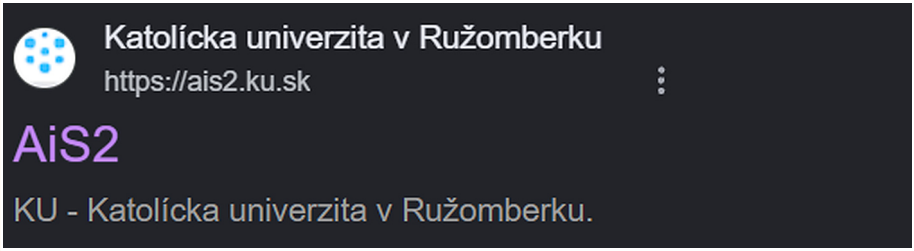
Open the KU AIS2 website.

Search for "ais ku" and choose the AIS2 result for Katolicka univerzita v Ružomberku. You can also use the direct link below.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / THE CORRECT RESULT



Before opening the page, check that the result shows the university’s name and the address ais2.ku.sk.

↗ Open the official KU page

Supplied Erasmus walkthrough: page 3, image 2.

Find your university username.

Open the KU username recovery form and enter your personal details exactly as recorded by the university. The details shown in the screenshot are examples; use your own information.

COMPLETE SOURCE IMAGE



Read the enlarged detail

See page 23 for an enlarged view of the form fields and instructions.

↗ Open the username recovery form

Supplied Erasmus walkthrough: page 4, image 2.

Complete the recovery form.

1. Enter your first name (Meno), surname (Priezvisko) and place of birth (Miesto narodenia).
2. If you are an international student without a Slovak birth number (rodné číslo), tick “Som zahraničný študent bez SK rodného čísla”.
3. Enter your date of birth (Dátum narodenia) and type the characters shown in the verification image.
4. Select Odoslať (Submit).

COMPLETE THE FORM



Use your own details exactly as recorded by KU. The information shown in the screenshot is for illustration only.

Detail of the complete image on page 22. Source page 4.

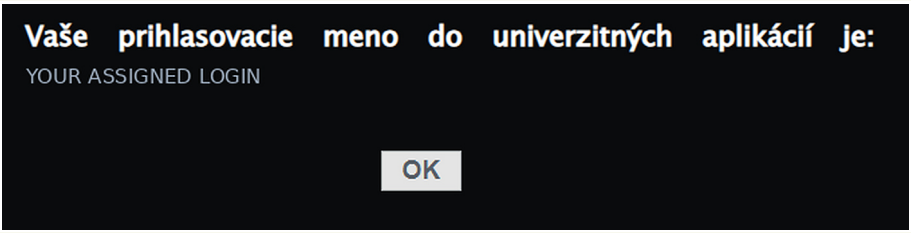
Keep your assigned username.

After you submit the form, your assigned university username appears on screen. Copy it exactly as shown, including all numbers. Use the assigned username rather than creating one from your name.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / YOUR USERNAME



Use this username to sign in to AIS2. Enter it without an email suffix.

↗ Open the username recovery form

Supplied Erasmus walkthrough: page 4, image 1.

A password that works.

Use at least 10 characters

Include at least one lowercase letter, one uppercase letter, one number and one special character. Do not use spaces or characters with diacritics.

Enter it twice

Enter the same new password in both password fields. Store it securely so you can sign in again. Do not save it on a shared computer.

Know which systems use this login

Use your university username and password for AIS2, Moodle and Abakus services, including catering. Microsoft 365 and eduroam use separate passwords.

Check password validity and enrolment

Your university password expires after 182 days. If the form cannot find your details, ask your faculty study office to check your personal information and confirm that your enrolment has been recorded.

Get help when needed

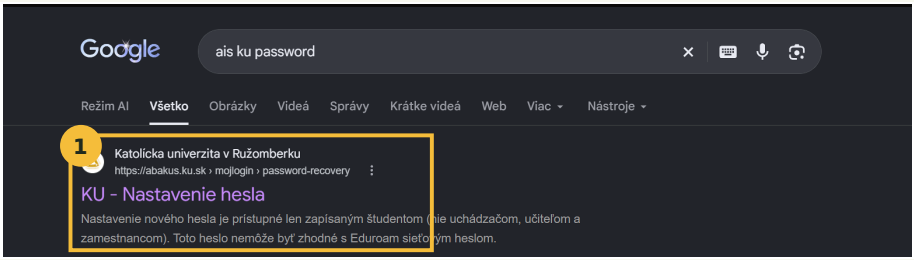
For technical account problems, contact abakus@ku.sk. For missing or incorrect study records, contact your faculty study office.

Source: supplied Erasmus walkthrough and KU guidance listed in the source register.

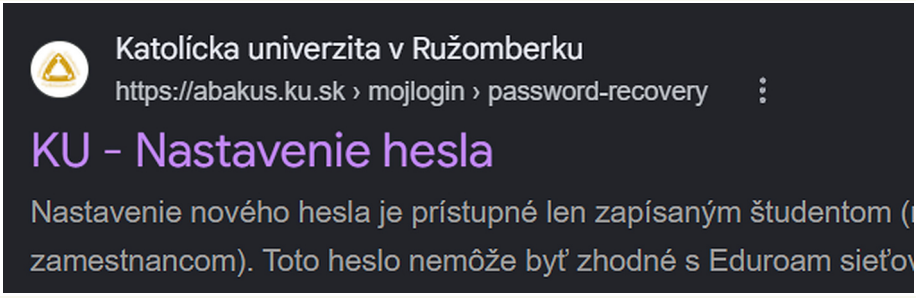
Find the password setup page.

Search for “ais ku password” and select the KU password setup page, or use the direct link below. Before entering your personal details, check that the website address begins with https://abakus.ku.sk/

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / PASSWORD SETUP PAGE



Look for KU – Nastavenie hesla (KU – Set password) in the search results.

↗ Open the password setup form

Supplied Erasmus walkthrough: page 5, image 2.

Create your university password.

Enter your personal details and assigned university username. Type the characters shown in the verification image, enter your new password in both password fields and select Odoslať (Submit). Follow the password requirements in the preceding checklist.

COMPLETE SOURCE IMAGE



Read the enlarged detail

See pages 28–29 for enlarged views of the form fields and instructions.

↗ Open the password setup form

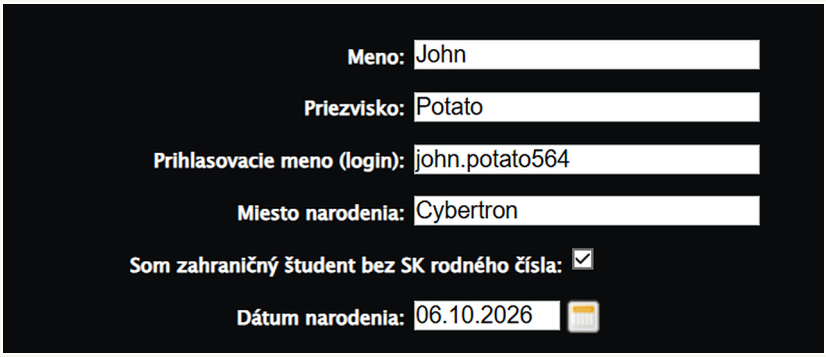
Supplied Erasmus walkthrough: page 5, image 1.

Enter your personal details.

Enter your details exactly as recorded by KU:
Meno — first name
Priezvisko — surname
Prihlasovacie meno (login) — your assigned university username
Miesto narodenia — place of birth

If you are an international student without a Slovak birth number, tick Som zahraničný študent bez SK rodného čísla and enter your date of birth under Dátum narodenia.

IDENTITY FIELDS



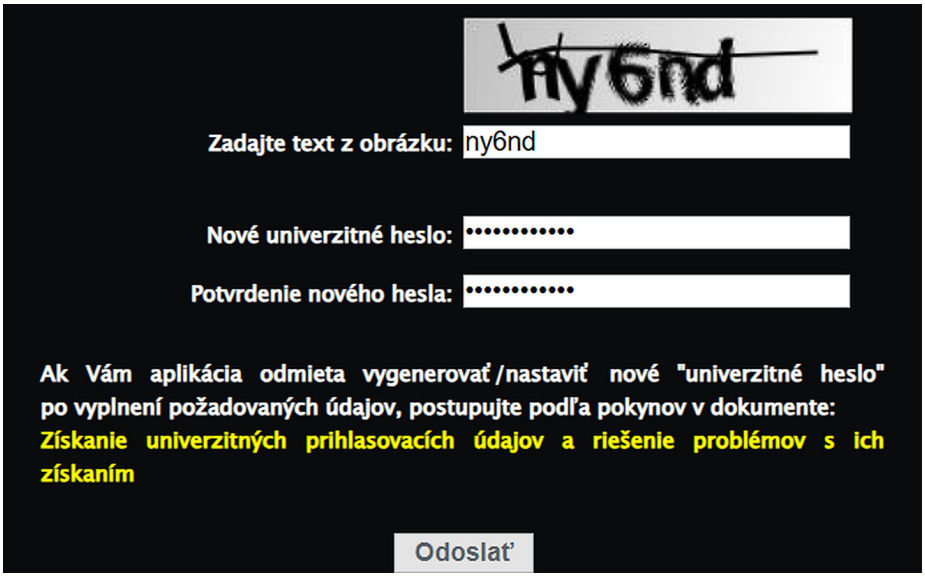


Detail of the complete image on page 27. Source page 5.

Confirm your password. Submit the form.

1. Type the characters from the verification image into Zadajte text z obrázku.
2. Enter your new university password in Nové univerzitné heslo.
3. Enter the same password again in Potvrdenie nového hesla.
4. Select Odoslať (Submit). Make sure both password entries match and meet the requirements in the password checklist.

PASSWORD CONFIRMATION AND SUBMISSION

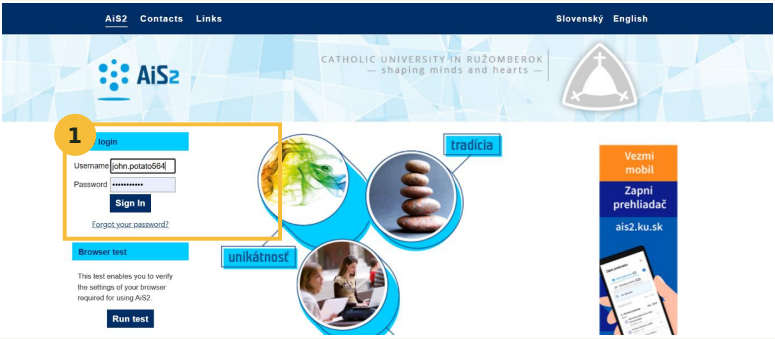


Detail of the complete image on page 27. Source page 5.

Sign in to AIS2.

Return to the KU AIS2 website and select English if needed. Enter your assigned university username and the university password you just created, then select Sign In.

COMPLETE SOURCE IMAGE



See the enlarged view

See page 31 for an enlarged view of the sign-in fields and instructions.

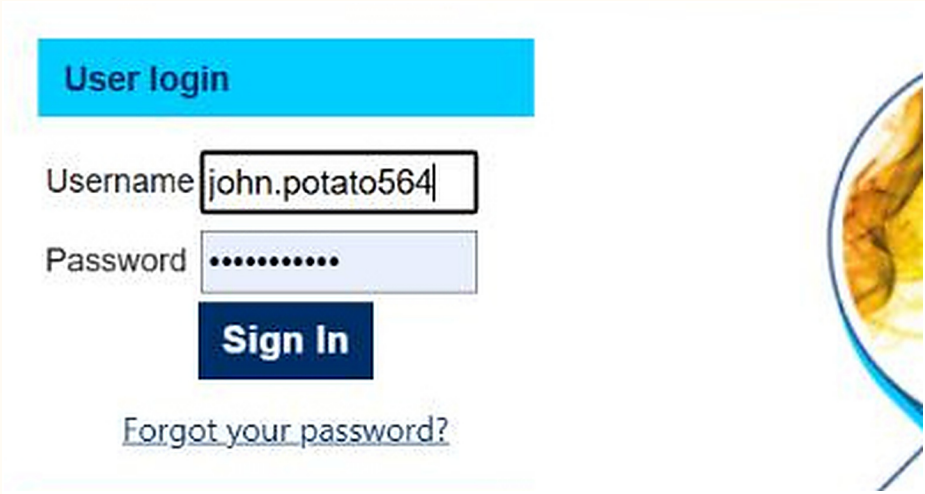
↗ Open KU AIS2

Supplied Erasmus walkthrough: page 6, image 2.

Your AIS2 sign-in panel.

In Username, enter your assigned university username, for example john.potato564, without an email suffix. In Password, enter your university password, then select Sign In. Use your university account details, not your Microsoft 365 email address or password.

LOGIN PANEL

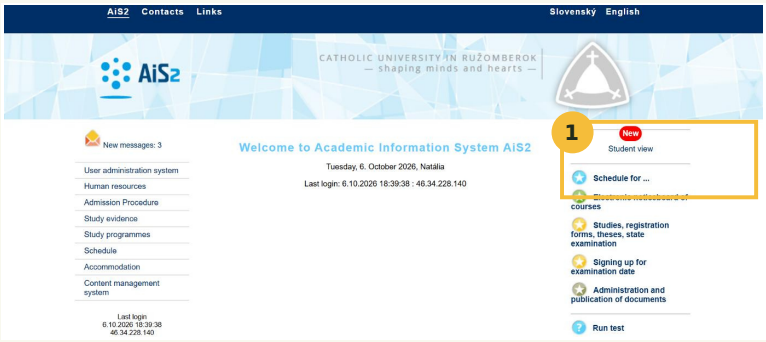


Detail of the complete image on page 30. Source page 6.

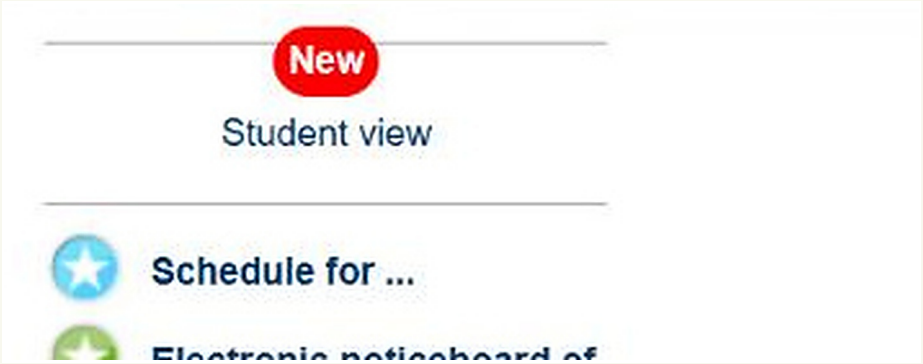
Your AIS2 home screen.

After you sign in, the classic AIS2 home screen opens. Its menus give you access to your academic records, study information and other services. Next, you'll switch to Student view.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / STUDENT VIEW



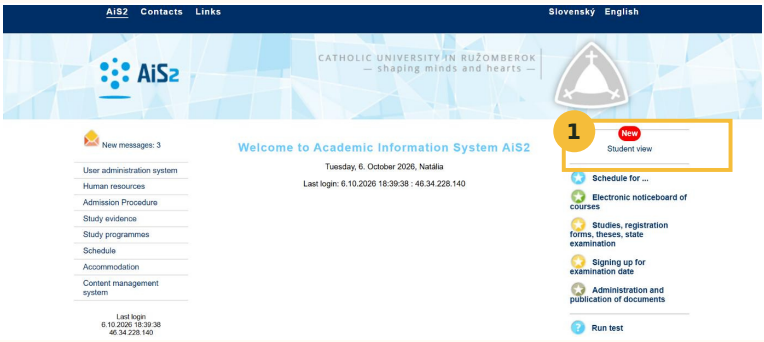
Find Student view near the top of the menu on the right.

Supplied Erasmus walkthrough: page 6, image 1.

Switch to Student view.

Select Student view from the menu on the right. This opens a simpler student dashboard with the same academic records as the classic view.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / STUDENT VIEW



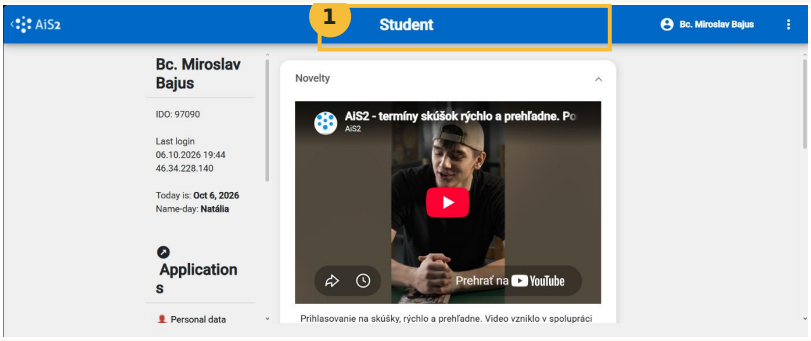
Select Student view to open your student dashboard.

Supplied Erasmus walkthrough: page 7, image 1.

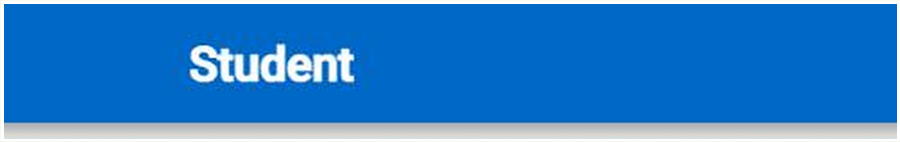
Explore your student dashboard.

This is the top of your dashboard in Student view. Scroll down to find notifications, your timetable and the registration section for your study record.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / STUDENT VIEW HEADER



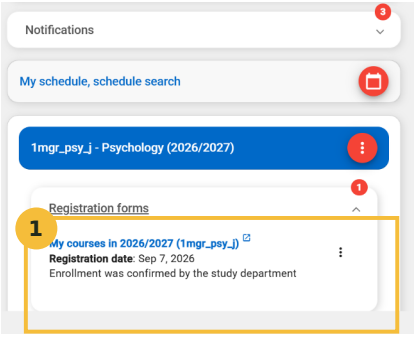
The Student heading confirms that you are in Student view. Scroll down to access your study information and registration options.

Supplied Erasmus walkthrough: page 7, image 2.

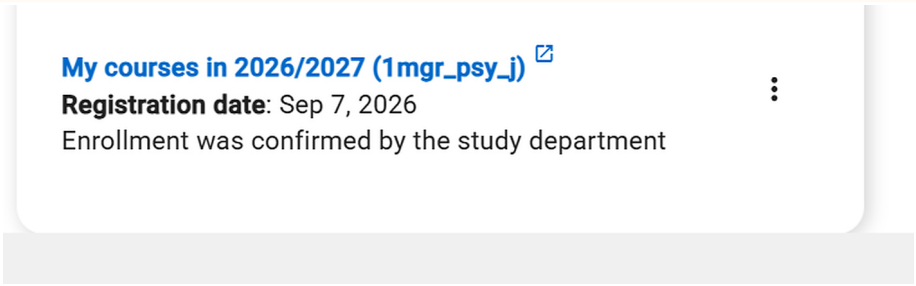
Open your course list.

The Notifications section shows updates such as messages, grades and exam dates. Find your current study record and expand Registration forms. Select My courses in... for the relevant academic year to open your course list.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / REGISTRATION FORMS



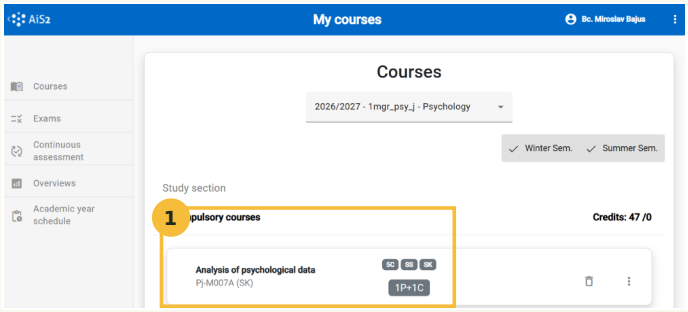
Check the academic year before selecting My courses in.... The year shown in the screenshot is an example.

Supplied Erasmus walkthrough: page 8, image 1.

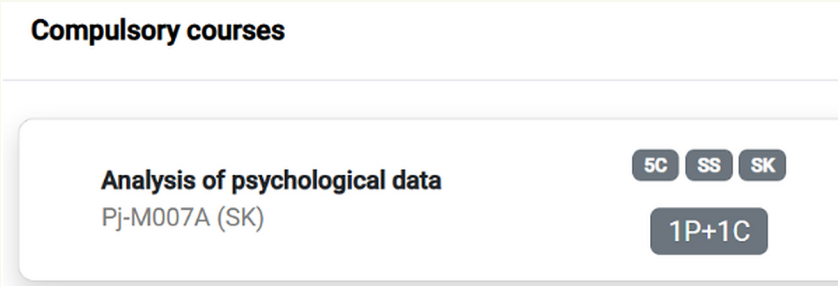
A means compulsory.

Courses are grouped into categories A, B and C. Category A contains the compulsory courses for the study programme shown. Check each course's code and title to identify it correctly, rather than relying on its position in the list.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL /CATEGORY A COURSE



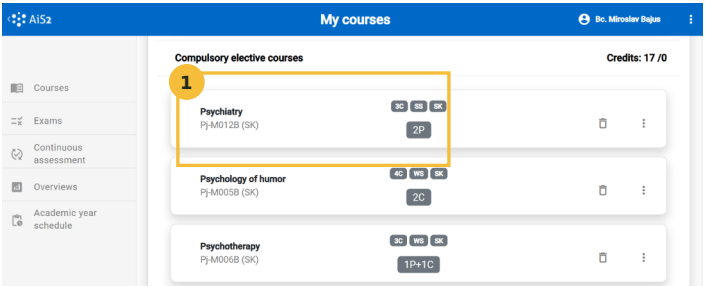
The example shows a course listed under Compulsory courses, with a course code ending in A. For your exchange, confirm your required courses with your coordinator and make sure they are included in your Learning Agreement.

Supplied Erasmus walkthrough: page 9, image 1.

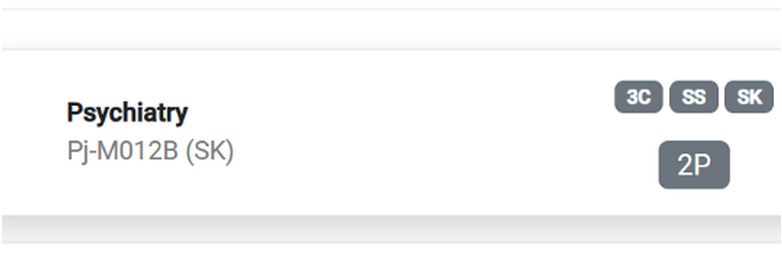
B means compulsory elective.

Scroll down to Compulsory elective courses. Category B lets you choose from a specified group of courses to meet the credit requirements of the study programme shown. For your exchange, follow the course selection and credit requirements agreed with your coordinator.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / CATEGORY B COURSE



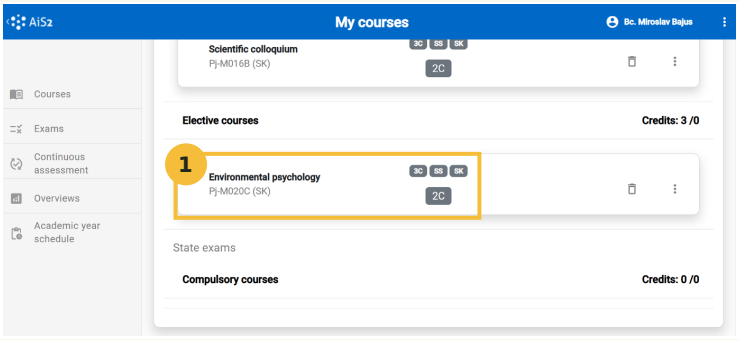
The example shows a compulsory elective course with a code ending in B. Ask your coordinator which requirements apply to your stay and make sure your selected courses are included in your Learning Agreement.

Supplied Erasmus walkthrough: page 9, image 2.

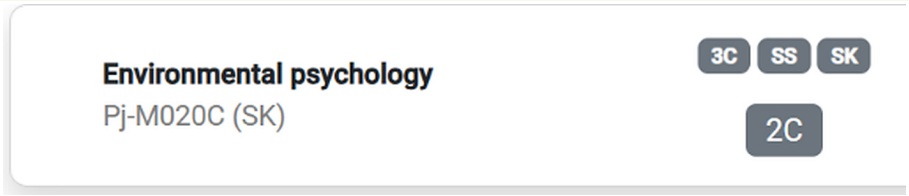
C means elective.

Scroll down to Elective courses. Category C contains additional courses you can choose according to your interests or to reach your agreed credit total, where permitted by your study plan and Learning Agreement.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / CATEGORY C COURSE



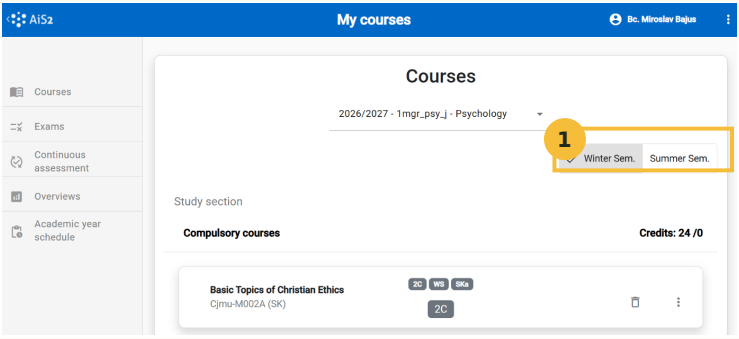
The example shows an elective course with a code ending in C. Your buddy can help you find courses in AIS2. Your coordinator can confirm whether they can be included in your Learning Agreement.

Supplied Erasmus walkthrough: page 10, image 1.

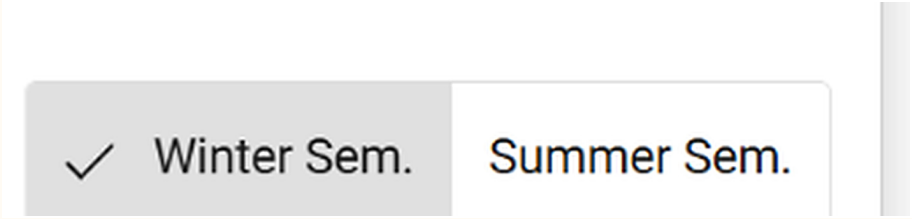
Select your semester.

In My courses, check that the correct academic year is selected. Then choose Winter Sem. or Summer Sem. for the semester of your stay before registering for timetable groups.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / SEMESTER SELECTION



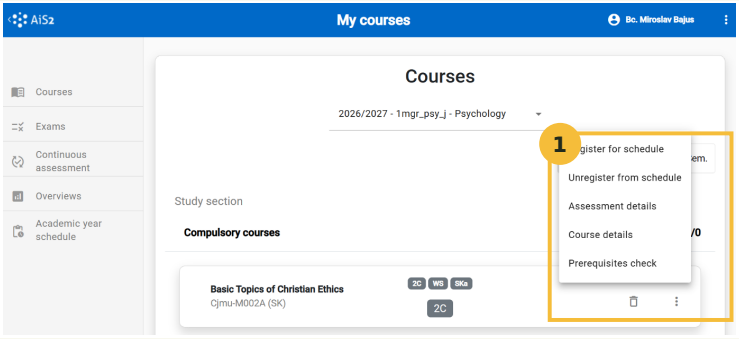
Select the semester you'll be attending. Check the registration deadline for your faculty and semester.

Supplied Erasmus walkthrough: page 11, image 2.

Open the course options.

Open the three-dot menu next to the course and select Register for schedule. Enrolling in a course and registering for a timetable group are separate steps.

COMPLETE SOURCE IMAGE



See the enlarged view

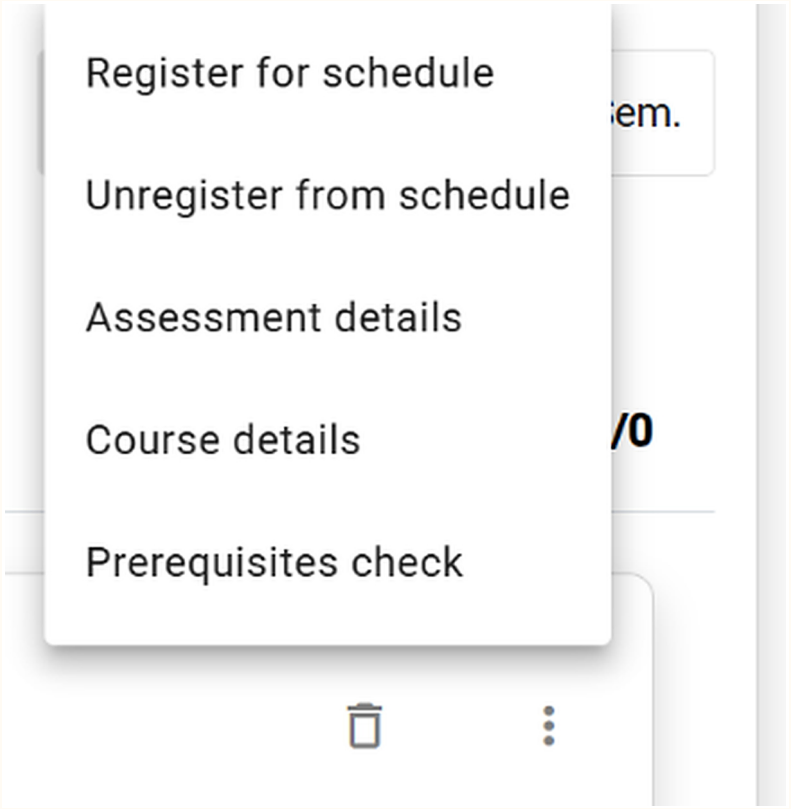
See page 41 for an enlarged view of the course menu and the Register for schedule option.

Supplied Erasmus walkthrough: page 11, image 1.

Look closer. Follow this step.

Choose Register for schedule to view the available timetable groups for your selected course. The same menu also includes Course details and Assessment details, where you can find information about the course and its assessment.

REGISTER FOR SCHEDULE

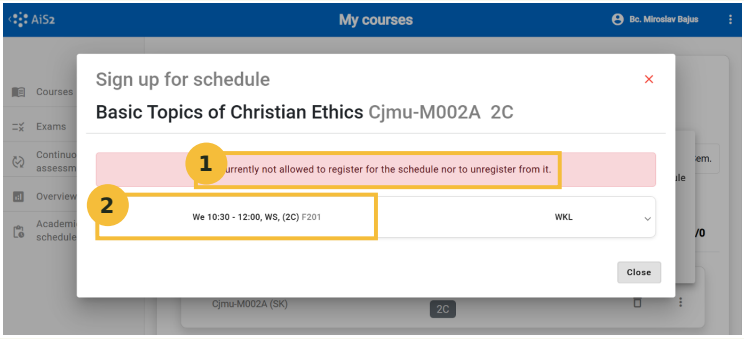


Detail of the complete image on page 40. Source page 11.

Choose a teaching group.

When registration is open, select an available group and check its day, time and room. Repeat this for each approved course, including both lecture and seminar groups where required.

COMPLETE SOURCE IMAGE



See the enlarged views

See pages 43–44 for enlarged views of the registration notice and group details.

Check the registration period for your faculty and semester. If the deadline has passed, contact your coordinator or faculty study office for guidance.

Supplied Erasmus walkthrough: page 11, image 3.

Read the registration notice.

The message shown here means that you cannot currently register for or withdraw from a timetable group. Check the registration period for your faculty and semester. If you need help, contact your coordinator or faculty study office.

REGISTRATION STATUS

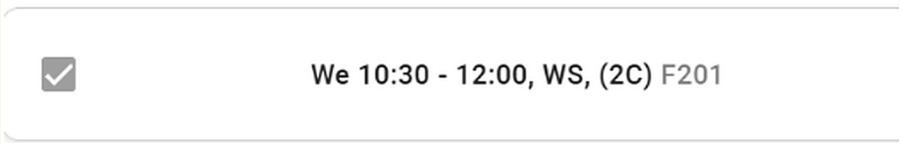
It is currently not allowed to register for the schedule nor to unregister from it.

Detail of the complete image on page 42. Source page 11.

Check the day, time and room.

Before selecting a timetable group, check its day, time and room. Registration is closed in this example. The ticked checkbox does not confirm that a new registration has been completed.

GROUP DETAILS



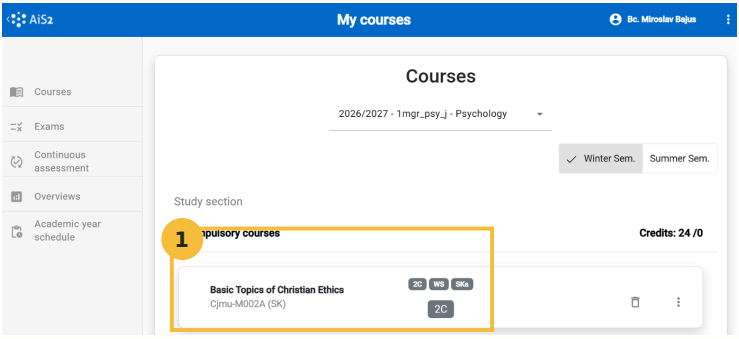


Detail of the complete image on page 42. Source page 11.

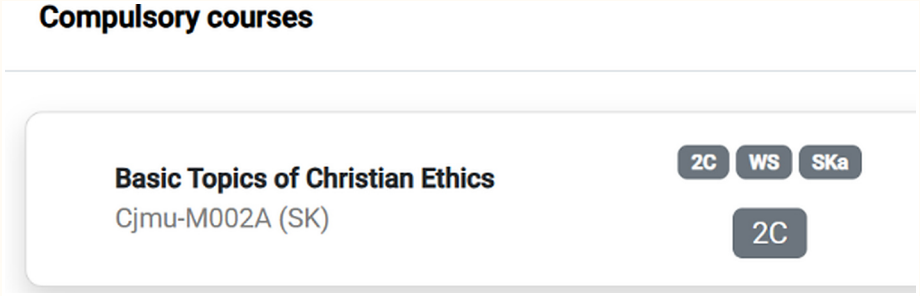
Repeat for your other courses.

Repeat the registration steps for each approved course. Check that the correct semester is selected and that you have registered for all required timetable groups.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / COURSE LIST



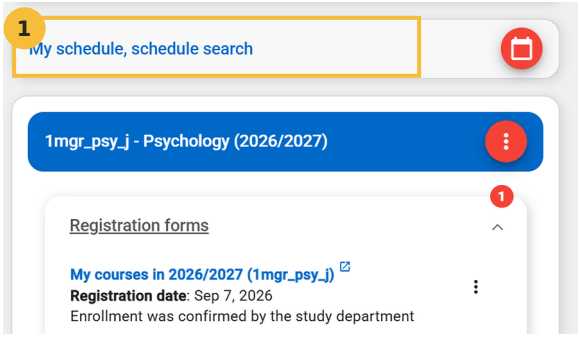
Review each course, then return to the student dashboard to open your full timetable.

Supplied Erasmus walkthrough: page 12, image 1.

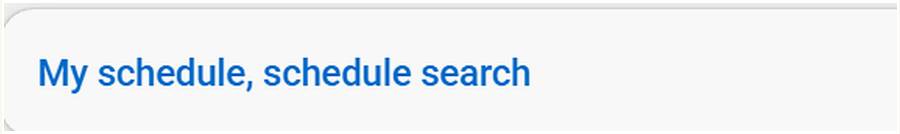
Open your weekly timetable.

On your student dashboard, select My schedule, schedule search to open the timetable for the groups you have registered for.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / TIMETABLE LINK



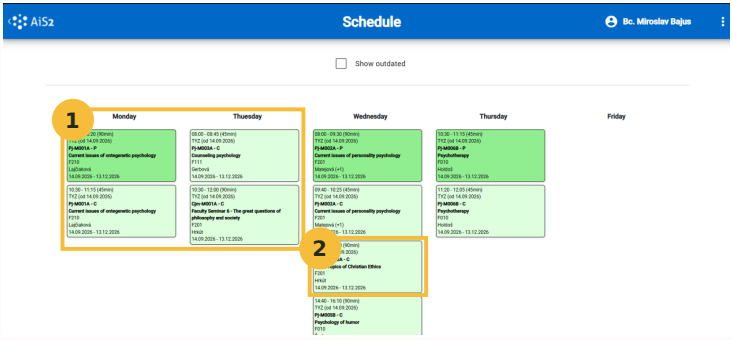
Select My schedule, schedule search. If semester and week filters are available, check that they show the period you want to view.

Supplied Erasmus walkthrough: page 12, image 2.

Read the timetable blocks.

Your timetable shows your classes by day and time. Check the room and timetable group listed in each class block. Make sure none of your classes overlap and that all required sessions appear.

COMPLETE SOURCE IMAGE



See the enlarged detail

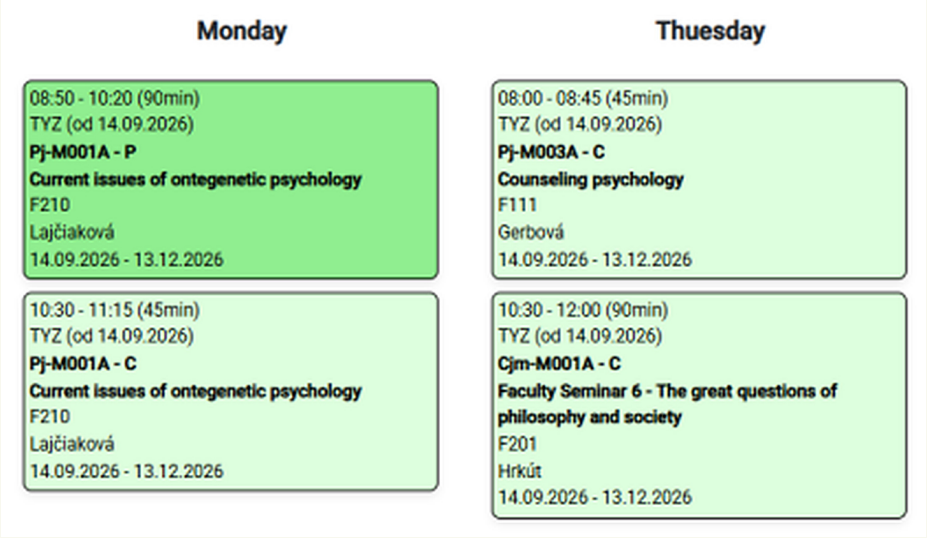
See pages 48–49 for enlarged views of the class blocks and their details.

Supplied Erasmus walkthrough: page 12, image 3.

Check your class details.

Check the time, course title and room shown in each timetable block. The courses and dates in this screenshot are examples; refer to your own timetable for your class details.

CLASS DETAILS



Detail of the complete image on page 47. Source page 12.

Check the whole week.

Review your timetable for the entire week. Check the building as well as the room for each class. See the campus section for an explanation of room codes such as F201.

ANOTHER CLASS BLOCK

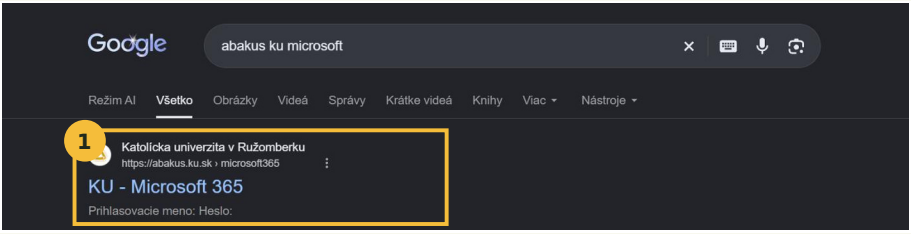
10:30 - 12:00 (90min)
TÝŽ (od 14.09.2026)
Cjmu-M002A - C
Basic Topics of Christian Ethics
F201
Hrkút
14.09.2026 - 13.12.2026

Detail of the complete image on page 47. Source page 12.

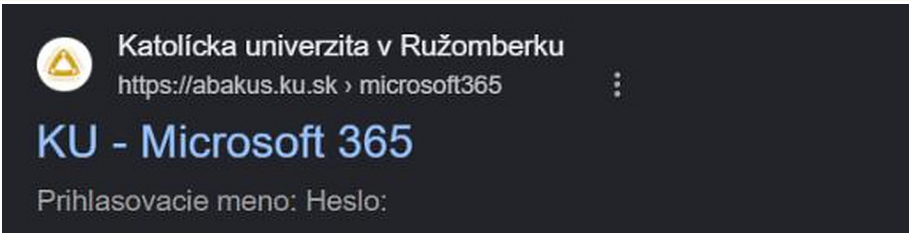
Find KU Microsoft 365 account management.

Search for “abakus ku microsoft” and open the KU – Microsoft 365 result. This is KU’s account management portal, where you can find your Microsoft 365 sign-in details.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / KU MICROSOFT RESULT



Check that the result shows KU – Microsoft 365 and the address abakus.ku.sk/microsoft365.

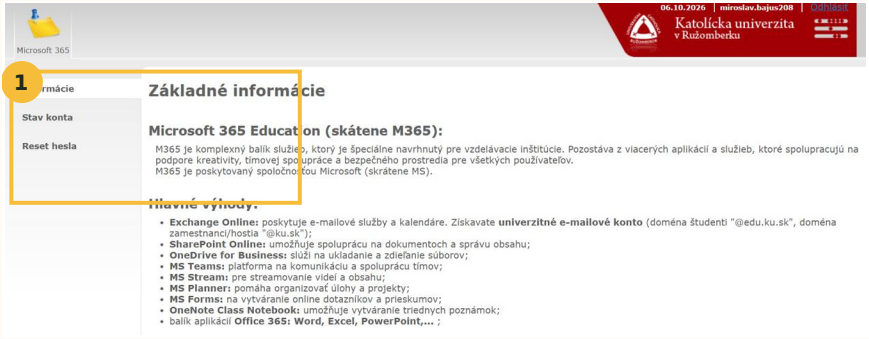
↗ Open Microsoft 365 account management

Supplied Erasmus walkthrough: page 13, image 1.

Open account management.

The portal provides information about Microsoft 365 Education and its apps. In the menu on the left, select Stav konta (Account status). Sign in when prompted.

COMPLETE SOURCE IMAGE



See the enlarged detail

See page 52 for an enlarged view of the menu and the Stav konta option.

↗ Open Microsoft 365 account management

Supplied Erasmus walkthrough: page 13, image 2.

Select Account status.

Select Stav konta (Account status) to view your Microsoft 365 account details. Reset hesla means Reset password. Use this option if you need to reset your Microsoft 365 password. Your university Microsoft 365 account gives you access to services such as Outlook and Office apps.

ACCOUNT STATUS

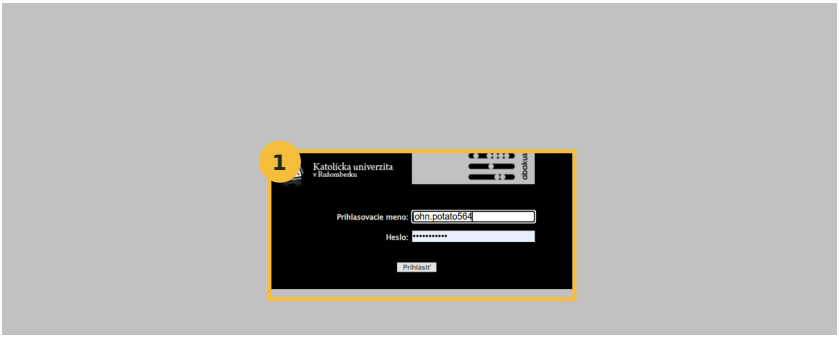


Detail of the complete image on page 51. Source page 13.

Sign in with your KU account.

To access KU's Microsoft 365 account management portal, enter the same university username and password you use for AIS2. Once signed in, you can view your separate Microsoft 365 sign-in details.

COMPLETE SOURCE IMAGE



See the enlarged detail

See page 54 for an enlarged view of the sign-in fields.

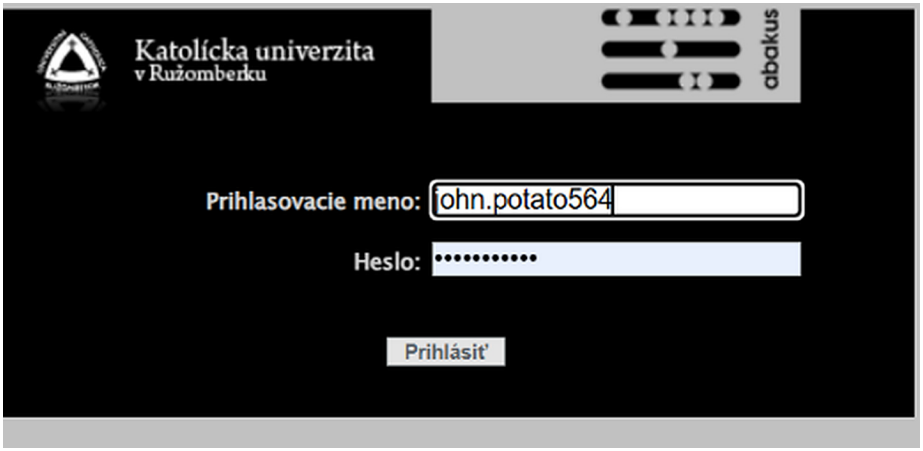
Your university password is used to access this portal. Your Microsoft 365 account uses a separate password.

Supplied Erasmus walkthrough: page 13, image 3.

Look closer. Follow this step.

Enter your KU sign-in details. In Prihlasovacie meno (Username), enter your assigned university username without an email suffix. In Heslo (Password), enter your university password — the same one you use for AIS2. Then select Prihlásiť (Sign in).

PORTAL SIGN-IN



Detail of the complete image on page 53. Source page 13.

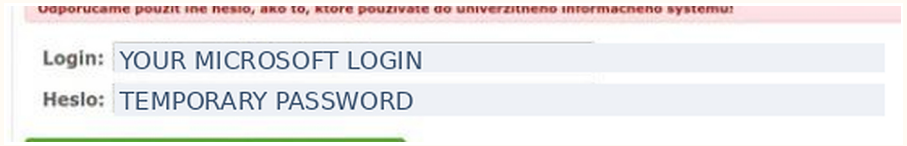
Copy the assigned Microsoft details.

In Stav konta (Account status), find Prístupové údaje (Sign-in details). Copy your assigned Microsoft 365 sign-in address and temporary password. The actual details are hidden in this example.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / SIGN-IN ADDRESS AND TEMPORARY PASSWORD



Login shows your Microsoft 365 sign-in address. Heslo shows your temporary password. Copy the address exactly as shown in your own account, including the part after @. Do not replace @ku.sk with @edu.ku.sk, or vice versa.

Supplied Erasmus walkthrough: page 14, image 1.

Finish setting up Microsoft 365.

Use a computer and have your phone ready

Sign in to Microsoft 365 using the exact address and temporary password shown in KU account management. Change the temporary password when prompted. Complete security verification

Complete security verification

Follow the on-screen instructions to set up multifactor authentication, which adds an extra verification step when signing in. Using a computer leaves your phone available to complete the setup.

Open Outlook

Open Outlook to access your university email. Your Microsoft 365 account also gives you access to apps such as Word and PowerPoint. Check your inbox regularly.

Ask for help

Your buddy can help you follow the steps. If you cannot sign in or activate your account, contact KU account support. Never share your password with anyone helping you.

If you forget the Microsoft password

Use Microsoft’s password recovery option if you have set it up. Otherwise, select Reset hesla (Reset password) in KU’s Microsoft 365 account management portal and follow the instructions. Allow about 60 minutes for the reset to take effect.

Source: supplied Erasmus walkthrough and KU guidance listed in the source register.

Know how to reset your password.

1 **Use an internet connection for setup**

Open eduroam.ku.sk. If you are using a KU account, follow the link to the Abakus tool and create your separate network password.

2 **Set up your device**

Follow KU's setup guide for your device and use the recommended configuration assistant. Select the KU profile and enter your university username followed by @ku.sk.

3 **Connect to eduroam**

Use the network password you created. If you have an eduroam account from your home university, follow your home institution's setup instructions instead.

Check your sign-in details

AIS2, Moodle and Abakus: university username without an email suffix
Microsoft 365: exact assigned address, normally ending in @edu.ku.sk
KU eduroam: university username followed by @ku.sk

Forgot your Microsoft 365 password?

Use Microsoft's password recovery option if you have set it up. Otherwise, open KU's Microsoft 365 account management portal, select Reset hesla (Reset password) and follow the instructions. Allow about 60 minutes for the reset to take effect.

KU eduroam and Microsoft 365 guides. Device steps vary by operating system.

Your student card. Separate fees.

Your KU student card gives you access to university services, including meal collection. A valid ISIC licence also gives you access to student discounts. Transport discounts require separate eligibility checks and activation.

First, check the arrangements for your exchange

Follow the instructions from your introductory meeting before ordering or paying. Arrangements for exchange students may differ from the standard process. If you're unsure what to do, ask your buddy to help you through the steps.

Card production: €13

Pay the card production fee to KU using the payment details under Poplatok a platby (Fees and payments) in your own Preukazy account.

ISIC licence: €13

Pay for the ISIC licence separately through CKM SYTS. When you receive your licence number by email, add it in Preukazy under Licencia → Pridať Licenciu (Licence → Add licence).

Optional transport functions: €3.69 per year

Check your eligibility and follow the UBIAN payment and activation instructions. Paying this fee alone does not activate the transport functions or register you for rail discounts.

Follow the checklist

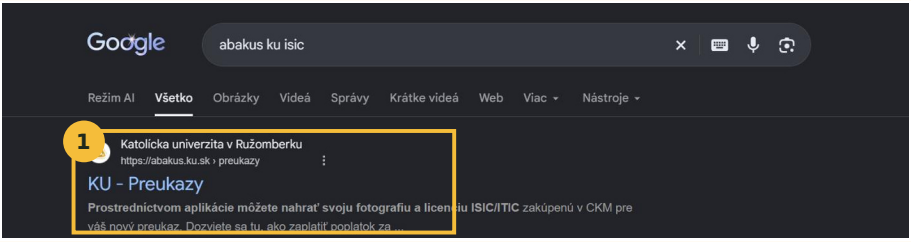
Check your card type, photo, payments, licence and enrolment status. Complete all required steps and follow KU's instructions for card production and collection.

Source: supplied Erasmus walkthrough and KU guidance listed in the source register.

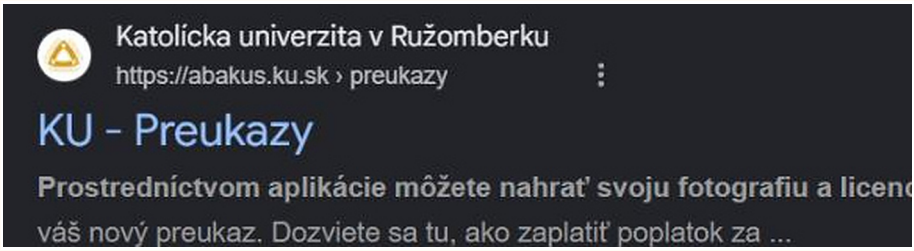
Find the student-card portal.

Search for “abakus ku isic” and open KU – Preukazy. Your student card gives you access to university services. The ISIC licence and transport functions have separate conditions.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / KU STUDENT-CARD PORTAL



Look for KU – Preukazy (KU – Cards) and the address abakus.ku.sk/preukazy. Follow the instructions for your exchange before ordering a card or making any payments.

↗ Open the student-card portal

Supplied Erasmus walkthrough: page 15, image 1.

Sign in to the student-card portal.

Use the personal details recorded by KU to complete the sign-in form. Enter your birth details and type the characters shown in the verification image.

COMPLETE SOURCE IMAGE



> **See the enlarged detail**
>
> See page 61 for an enlarged view of the form fields and instructions.

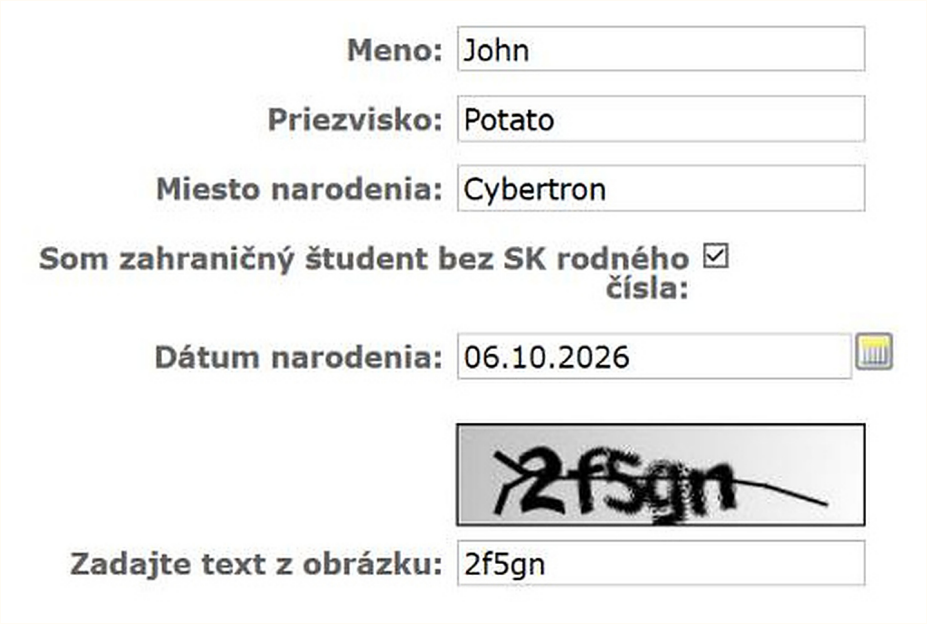
The details shown in the screenshot are fictional examples. Enter your own information.

Supplied Erasmus walkthrough: page 15, image 2.

Complete the student-card sign-in form.

1. Enter your first name (Meno), surname (Priezvisko) and place of birth (Miesto narodenia).
2. If you are an international student without a Slovak birth number (rodné číslo), tick Som zahraničný študent bez SK rodného čísla and enter your date of birth under Dátum narodenia.
3. Type the characters from the verification image into Zadajte text z obrázku. Use your own personal details as recorded by KU. The information shown here is an example.

PERSONAL DETAILS AND VERIFICATION

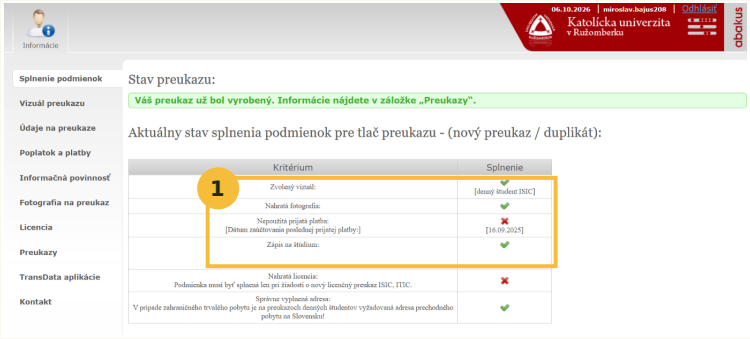


Detail of the complete image on page 60. Source page 15.

Check your card requirements.

The Stav preukazu (Card status) page shows the requirements for producing your student card. Check your card type, ISIC licence, photo, payments and enrolment status.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / CARD REQUIREMENTS

Zvolený vizuál:	[denný študent ISIC]
Nahratá fotografia:	
Nepoužitá prijatá platba: [Dátum zaúčtovania poslednej prijatej platby:]	[16.09.2025]
Zápis na štúdium:	

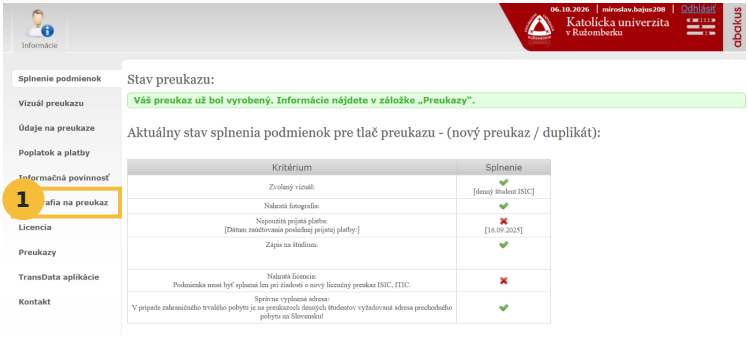
For a new card, complete all outstanding requirements before production. This example shows an account where a card has already been produced. Check the status and requirements shown in your own account.

Supplied Erasmus walkthrough: page 15, image 3.

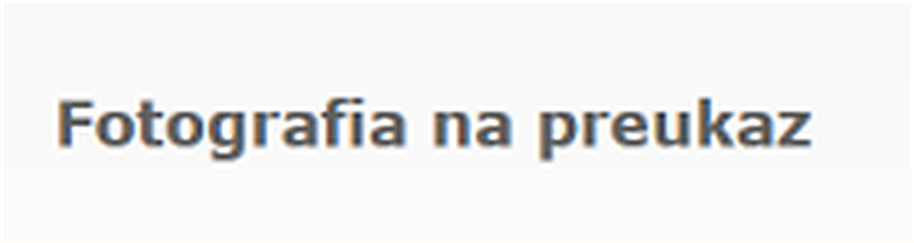
Open the photo section.

In the menu on the left, select Fotografia na preukaz (Card photo) to open the photo upload page.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / CARD PHOTO



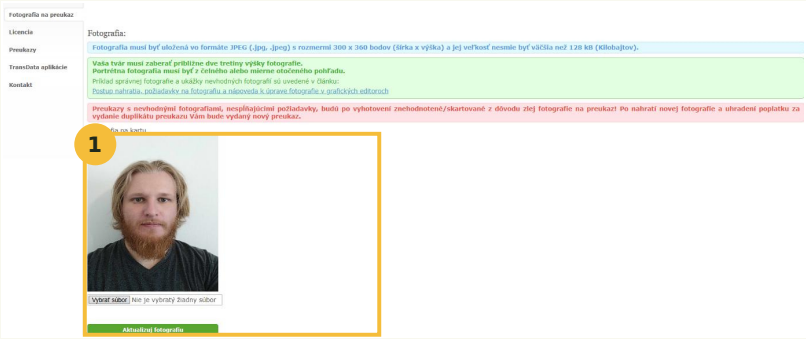
Use Fotografia na preukaz to view or update the photo for your student card.

Supplied Erasmus walkthrough: page 16, image 1.

Upload a clear portrait.

Prepare a clear portrait photo in JPEG format, measuring exactly 300 × 360 pixels, with a file size no larger than 128 kB. Your face should occupy about two-thirds of the image height.

COMPLETE SOURCE IMAGE



See the enlarged detail

See page 65 for an enlarged view of the photo upload section.

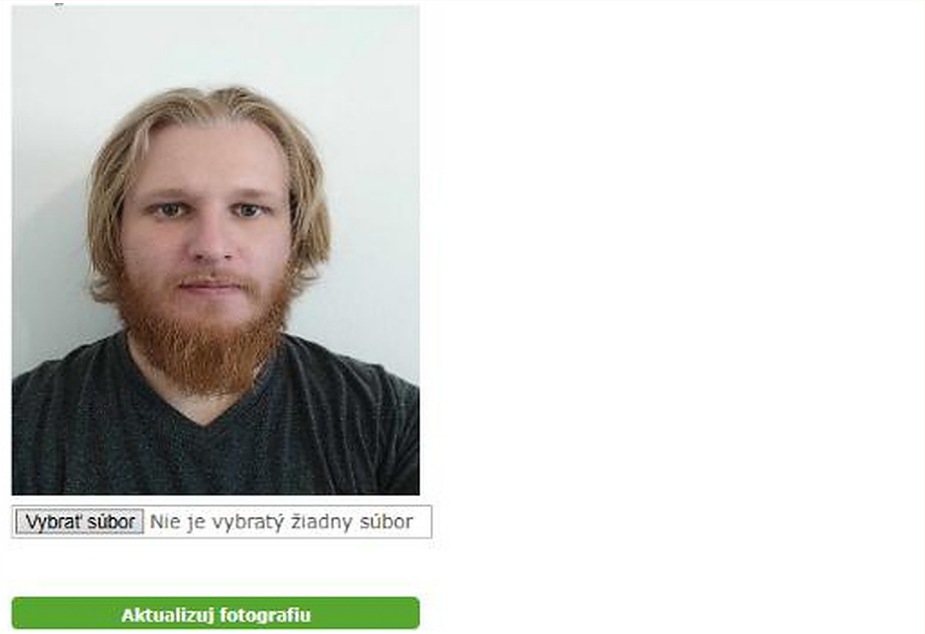
↗ Open the student-card portal

Supplied Erasmus walkthrough: page 16, image 2.

Upload your card photo.

Select Vybrať súbor (Choose file) and choose your photo. Then select Aktualizuj fotografiu (Update photo). The photo shown here is an example. Upload your own photograph.

PHOTO UPLOAD



Detail of the complete image on page 64. Source page 16.

Find the payment section.

Return to the student-card portal and select Poplatok a platby (Fees and payments). Follow the payment instructions shown in your own account.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / FEES AND PAYMENTS



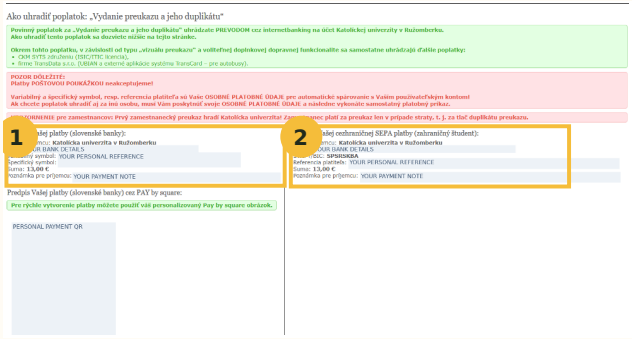
Select Poplatok a platby to view the card production fee and payment details. Card production, the ISIC licence and optional transport functions are paid for separately.

Supplied Erasmus walkthrough: page 17, image 1.

Use the payment details from your account.

The payment page provides instructions for transfers from Slovak bank accounts and international SEPA transfers, along with your personal Pay By Square QR code. Payment references and the QR code are hidden in this example.

COMPLETE SOURCE IMAGE



See the enlarged detail

See pages 68–69 for enlarged views of the payment instructions.

Use the payment reference assigned to you in your own account. Do not copy another student's reference. Postal money orders are not accepted.

Supplied Erasmus walkthrough: page 17, image 2.

Payment details for Slovak bank transfers.

Payment details for Slovak bank transfers. Copy the recipient’s name, IBAN, payment amount and payment references from your own Preukazy account. Enter Variabilný symbol (Variable symbol), Špecifický symbol (Specific symbol) and Poznámka pre príjemcu (Message for the recipient) exactly as shown in your payment instructions.

BANK TRANSFER FROM A SLOVAK ACCOUNT

Predpis Vašej platby (slovenské banky):

Názov príjemcu: **Katolícka univerzita v Ružomberku**
IBAN: YOUR BANK DETAILS
Variabilný symbol: YOUR PERSONAL REFERENCE
Špecifický symbol:
Suma: **13,00 €**
Poznámka pre príjemcu: YOUR PAYMENT NOTE

Detail of the complete image on page 67. Source page 17.

Payment details for SEPA transfers.

If you are making an international SEPA transfer, use the corresponding payment instructions in your own Preukazy account. Copy the recipient's name, IBAN, BIC/SWIFT code, amount and payment reference exactly as shown. Include the full Referencia platiteľa (Payer reference) so KU can identify your payment.

INTERNATIONAL SEPA TRANSFER

Predpis Vašej cezhraničnej SEPA platby (zahraničný študent):

Názov príjemcu: **Katolícka univerzita v Ružomberku**
IBAN: YOUR BANK DETAILS
SWIFT/BIC: **SPSRSKBA**
Referencia platiteľa: YOUR PERSONAL REFERENCE
Suma: **13,00 €**
Poznámka pre príjemcu: YOUR PAYMENT NOTE

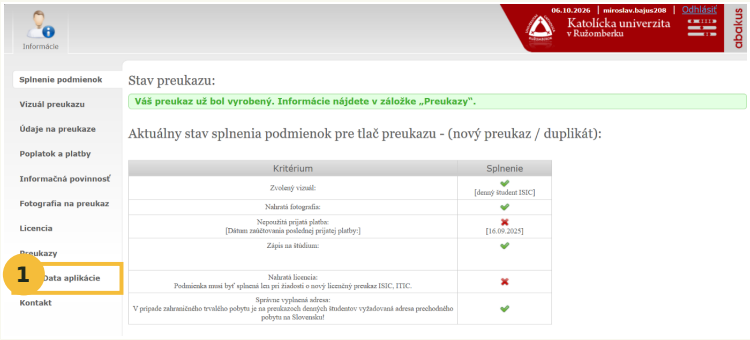


Detail of the complete image on page 67. Source page 17.

Open the transport section.

In the student-card portal, select TransData aplikácie (TransData applications) from the menu on the left. This section provides information about using your card for regional and local bus transport.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / TRANSPORT SECTION



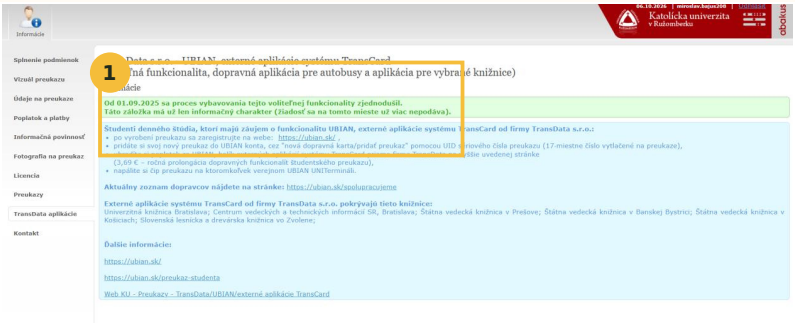
Select TransData aplikácie to view the transport options and setup instructions. Receiving your student card does not automatically activate its transport functions. Follow the separate payment and activation steps.

Supplied Erasmus walkthrough: page 18, image 1.

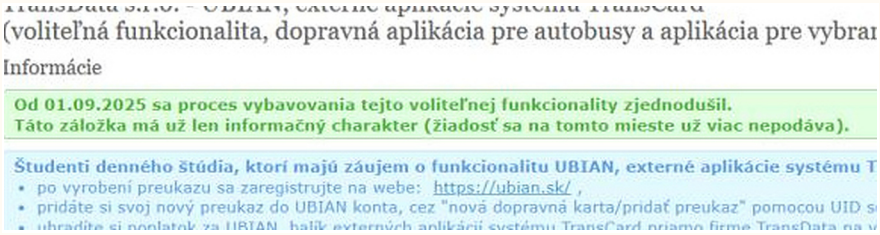
Set up UBIAN for transport.

Create a UBIAN account through the app or website and add your issued ISIC student card. Follow the instructions for payment and activation of the transport functions. KU lists an annual fee of €3.69. Check the current fee and your eligibility before paying.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / UBIAN INSTRUCTIONS



Follow the current UBIAN setup instructions. If you need help adding your card or completing activation, ask your buddy to guide you through the steps.

↗ Open KU's transport instructions

Supplied Erasmus walkthrough: page 18, image 2.

Collect. Activate. Check your discounts.

Collect your card

Once you have completed all the requirements, follow KU's instructions for card production. Check its status in Preukazy and collect it from your faculty study office when it is ready.

Activate the chip

Activate your new card at a public UBIAN UNITerminal. One is located on the ground floor of the KU University Library, near the self-service book borrowing and return machines.

Check your bus travel benefits

Add your card to your UBIAN account, complete the required payment and activation steps, and check that your student transport entitlement is valid. Ask your buddy for help if needed. Ask your buddy if you are unsure.

Register separately for train discounts

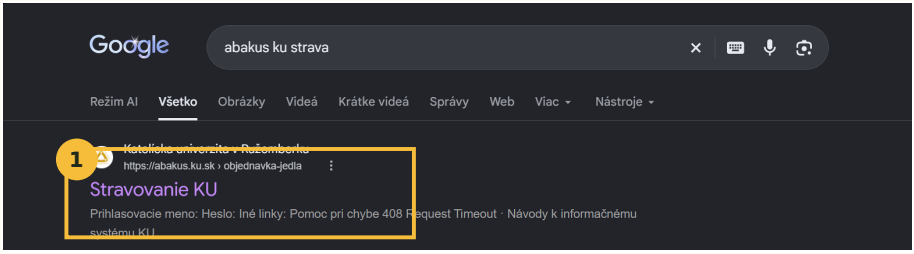
An ISIC card does not automatically register you for ZSSK train discounts. Follow the guidance on page 128 and check which conditions apply to you.

Source: supplied Erasmus walkthrough and KU guidance listed in the source register.

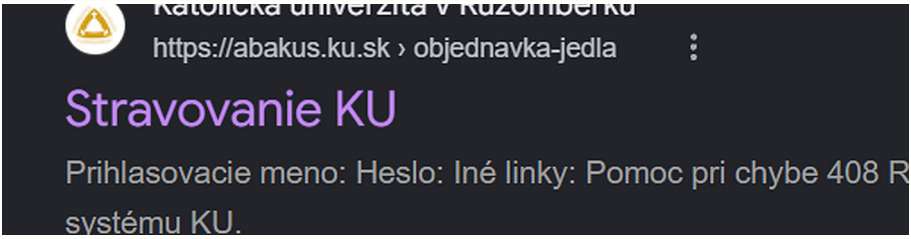
Find the meal-ordering system.

Search for “abakus ku strava” and open Stravovanie KU (KU catering). Collection options listed in this guide include Hotel Áčko, Catering Marton and Námestie A. Hlinku for students at the Faculty of Health Sciences. Check which collection points are available in your account.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / MEAL-ORDERING SYSTEM



Look for Stravovanie KU and the address abakus.ku.sk/objednavka-jedla.

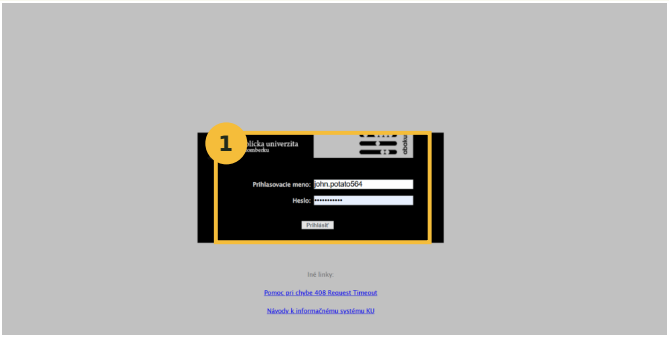
↗ Open the meal-ordering system

Supplied Erasmus walkthrough: page 19, image 2.

Sign in to order meals.

Sign in with your university username and password — the same details you use for AIS2. Enter them in the sign-in fields and select Prihlásiť (Sign in).

COMPLETE SOURCE IMAGE



See the enlarged detail

See page 75 for an enlarged view of the sign-in fields.

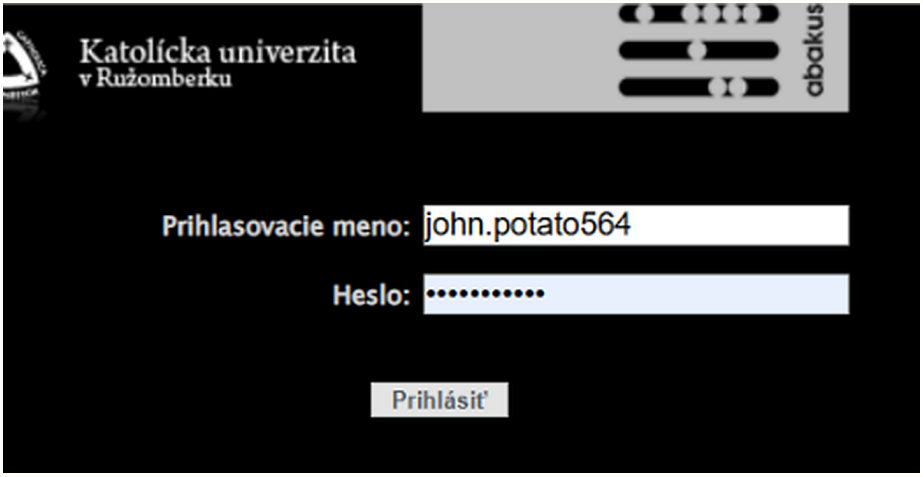
↗ Open the meal-ordering system

Supplied Erasmus walkthrough: page 19, image 1.

Enter your university sign-in details.

In Prihlasovacie meno (Username), enter your assigned university username. In Heslo (Password), enter your university password, then select Prihlásiť (Sign in). Use the same details as for AIS2. Your Microsoft 365 password is separate. The username shown in the screenshot is an example.

MEAL-ORDERING SIGN-IN



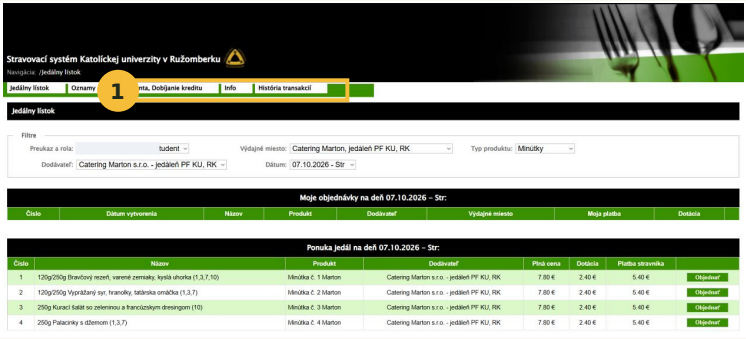


Detail of the complete image on page 74. Source page 19.

Your meal-ordering dashboard.

After signing in, the system shows “Jedálny lístok” (Menu), the account functions, filters and meal options. Before you order, just make sure you’ve got enough on your catering credit.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / ACCOUNT AND CREDIT TAB



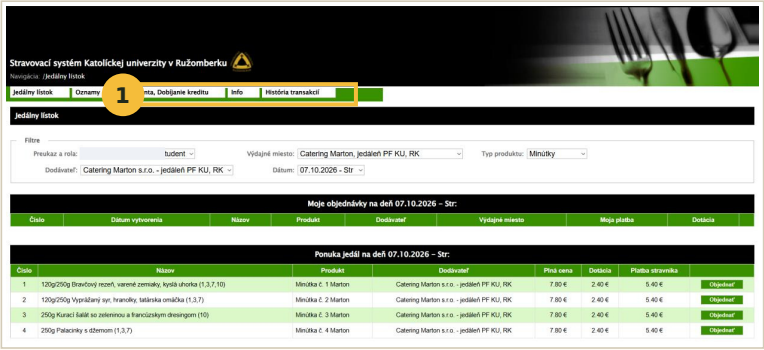
Stav konta, Dobíjanie kreditu = account balance and top-up. Open this tab before placing your first order.

Supplied Erasmus walkthrough: page 19, image 3.

Check your meal account.

Open the balance and top-up tab from the meal dashboard. Having a student card does not automatically add money to the catering account.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / TOP-UP NAVIGATION



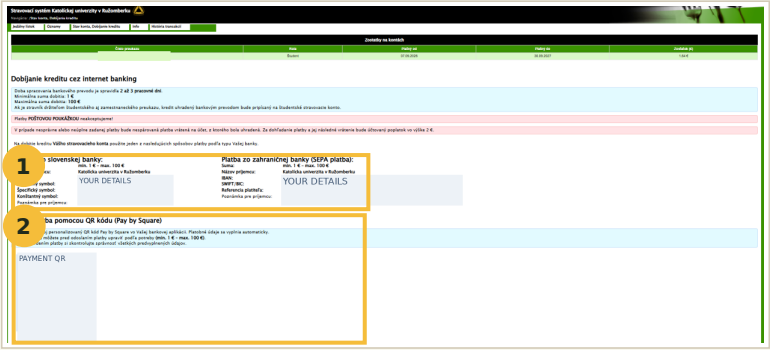
Use Stav konta, Dobíjanie kreditu. Return to Jedálny lístok when your credit is available.

Supplied Erasmus walkthrough: page 20, image 1.

Top up your catering credit.

Use the bank-transfer instructions or your personal Pay By Square code. KU lists a top-up range of EUR 1-100 and a processing time of 2-3 working days.

COMPLETE SOURCE IMAGE



Read the enlarged detail

The controls and instructions continue at a larger size on page 79 , 80.

Wait for the credit to appear before ordering. The displayed payment figures and balances are examples.

↗ Open the official KU page

Supplied Erasmus walkthrough: page 20, image 2.

Your catering transfer details.

Select the Slovak-bank or SEPA instructions for your bank and copy your own personal payment reference.

TRANSFER INFORMATION

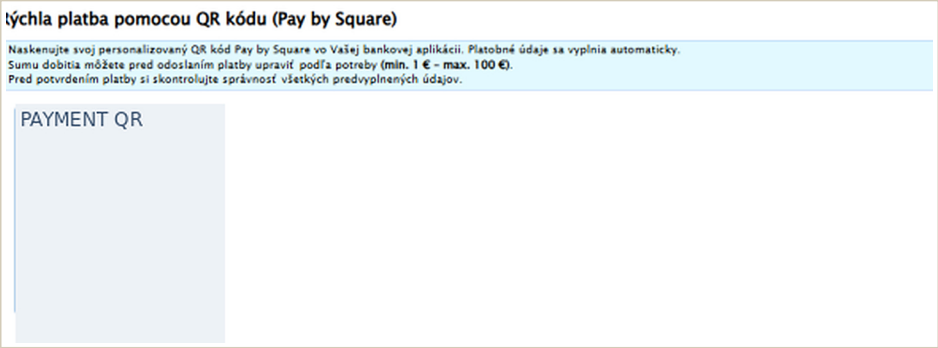
Platba zo slovenskej banky:		Platba zo zahraničnej banky (SEPA platba):	
Suma:	min. 1 € – max. 100 €	Suma:	min. 1 € – max. 100 €
Názov príjemcu:	Katolícka univerzita v Ružomberku	Názov príjemcu:	Katolícka univerzita v Ružomberku
IBAN:	YOUR DETAILS	IBAN:	YOUR DETAILS
Variabilný symbol:		SWIFT/BIC:	
Špecifický symbol:		Referencia platiteľa:	
Konštantný symbol:		Poznámka pre príjemcu:	
Poznámka pre príjemcu:			

Detail of the complete image on page 78. Source page 20.

Use your own payment code.

The original payment QR is masked. Scan the personal code from your own account and check the details before confirming.

PAY BY SQUARE

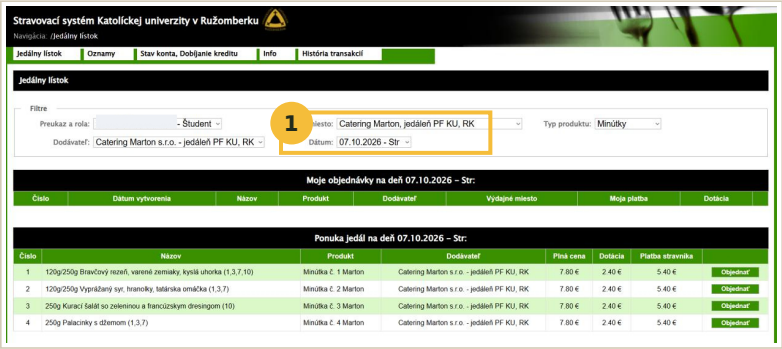


Detail of the complete image on page 78. Source page 20.

Choose where to collect.

Return to Jedálny lístok. Set the collection point and the date for which you want the meal. Check the location before selecting food.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / COLLECTION POINT AND DATE



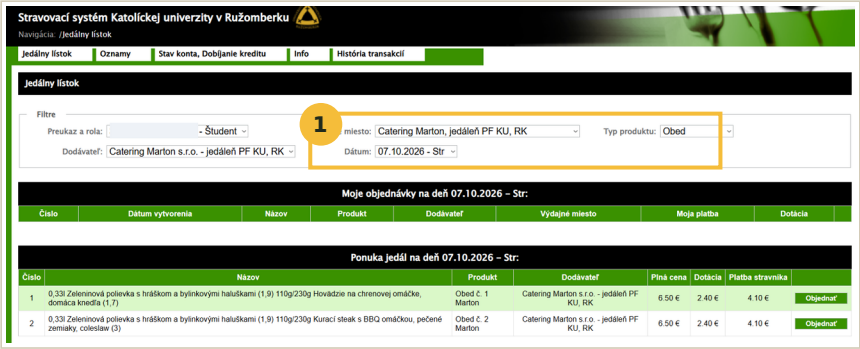
Výdajné miesto = selected location. Check the collection date as well. Your order is tied to these choices.

Supplied Erasmus walkthrough: page 21, image 1.

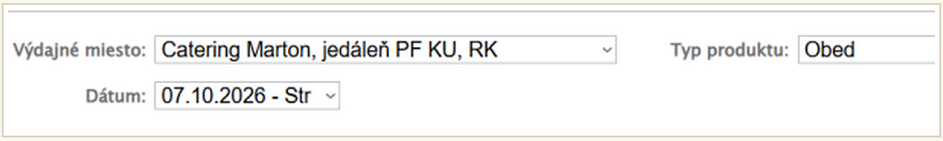
Choose the correct date.

This menu view has lunch selected. Use the date selector to choose the day you need. Read the date above the meal offer and the dates in your existing orders.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / DATE AND FILTERS



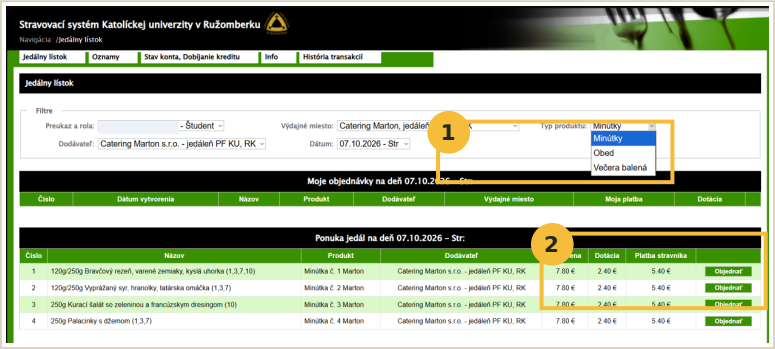
The menu and your existing orders can refer to different days. Verify the date of the offer you are about to order.

Supplied Erasmus walkthrough: page 21, image 2.

Choose lunch, then order.

Open the product-type list: Minútky are made-to-order dishes, Obed is lunch, and Vecera balena is a packed evening meal. Choose the type you need, then select Objednať (Order).

COMPLETE SOURCE IMAGE



Read the enlarged detail

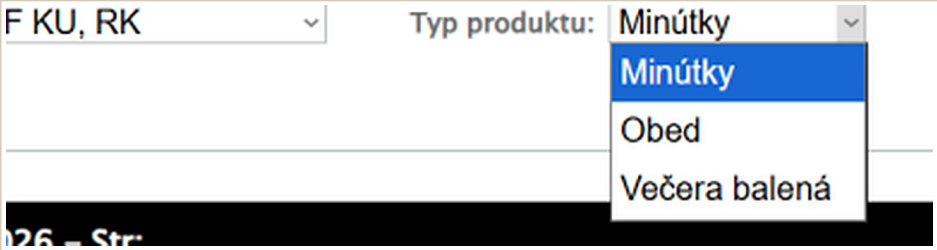
The controls and instructions continue at a larger size on page 84 , 85.

Supplied Erasmus walkthrough: page 21, image 3.

Choose the meal category.

Lunch usually changes daily; Minútky are a regular, often more expensive selection.

MEAL-TYPE DROPDOWN



Detail of the complete image on page 83. Source page 21.

Place and check your meal order.

Objednať = Order. Afterwards, verify the meal, date and collection point in Moje objednávky (My orders).

ORDER BUTTONS



Plná cena	Dotácia	Platba stravníka	
7.80 €	2.40 €	5.40 €	Objednať
7.80 €	2.40 €	5.40 €	Objednať
7.80 €	2.40 €	5.40 €	Objednať

Detail of the complete image on page 83. Source page 21.

Check the credit. Check the order.

Give a bank transfer time to arrive

KU gives a processing time of 2-3 working days and a top-up range of EUR 1-100. Cash top-ups ended on 23 February 2026. Use your personal payment reference.

Choose the meal category

Minútky: made-to-order dishes, described in the source as a regular and often more expensive selection. Obed: the changing daily lunch. Vecera balena: a packed evening meal, where offered.

Check student subsidies

The supplied walkthrough describes two subsidised meals per day. Treat that as source guidance, not a universal entitlement: check the current allowance and price shown for your own account.

Verify the completed order

After Objednať (Order), inspect Moje objednávky (My orders). Confirm the meal, date and collection point, and check the ordering and cancellation deadlines.

Collect at the location you selected

The source lists Catering Marton, Hotel Áčko and the Námestie A. Hlinku option for Faculty of Health students. Take your ISIC and check current serving hours.

Source: supplied Erasmus walkthrough and KU guidance listed in the source register.

Pick it up in the right place.

Your order belongs to the location and date you selected. Carry your ISIC and check the current serving hours.



Catering Marton



Hotel Áčko

Catering Marton

For a pre-ordered meal, join the queue and tap your ISIC at the serving counter.

Hotel Áčko

For a pre-ordered meal, take a seat and show your ISIC to staff. Your meal is brought to the table.

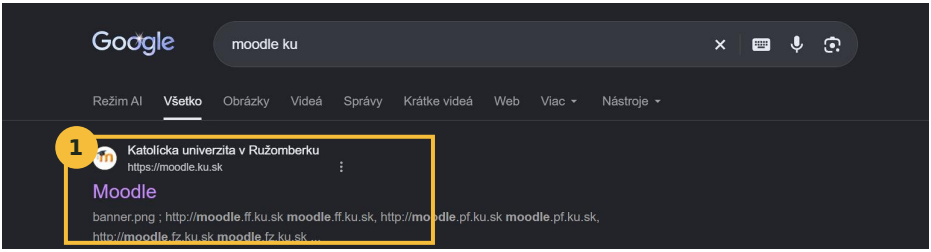
Faculty of Health students: check the Námestie A. Hlinku collection option in your own catering account.

Meal collection: supplied guide and local student guidance.

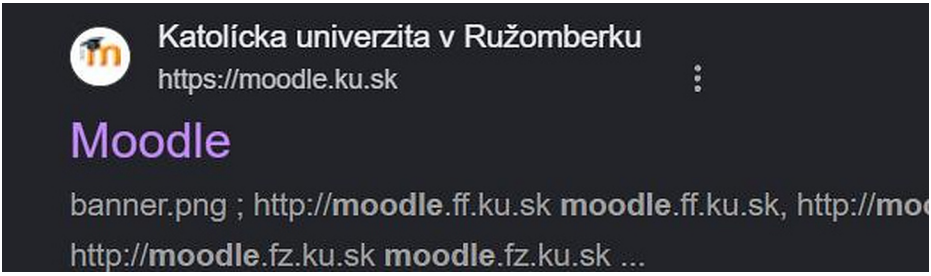
Find your Moodle portal.

Search for "moodle ku" or open moodle.ku.sk. Moodle is used for course materials and assignment submissions when your lecturer does not distribute them by email.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / KU MOODLE RESULT



Choose the KU Moodle result, then select the faculty that teaches your course.

↗ Open the official KU page

Supplied Erasmus walkthrough: page 22, image 1.

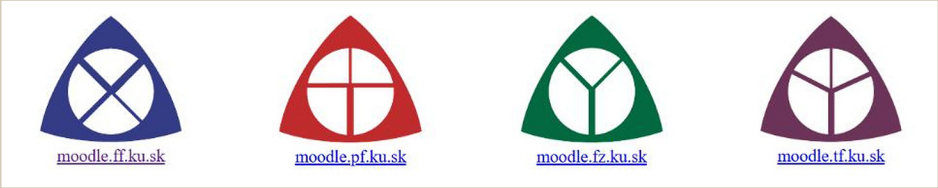
Select your faculty.

Choose the faculty link on the KU Moodle landing page. Your courses may use a faculty-specific Moodle site; ask the lecturer if you are unsure which one to open.

COMPLETE SOURCE IMAGE



ENLARGED DETAIL / FACULTY LINKS



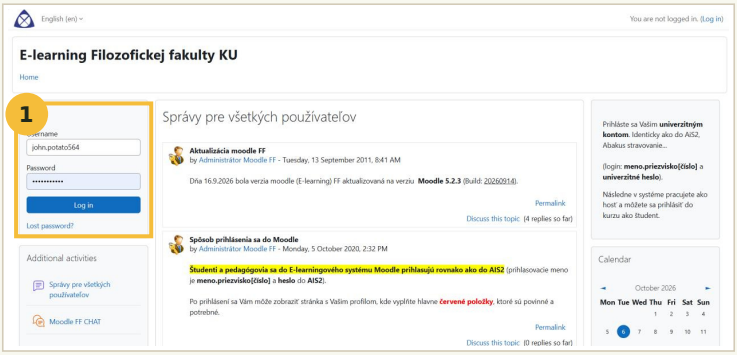
The four faculty links lead to their own e-learning spaces. Use the site for the course you attend.

Supplied Erasmus walkthrough: page 22, image 2.

Sign in and find your course.

Use your university login and password. Search or scroll to your subject: each course is its own online space for materials, tasks and communication.

COMPLETE SOURCE IMAGE



Read the enlarged detail

The controls and instructions continue at a larger size on page 91.

If you get lost, ask your buddy to help you navigate. Check the exact subject, teacher and semester before joining.

Supplied Erasmus walkthrough: page 22, image 3.

Your Moodle sign-in panel.

Sign in with the same university account as AIS2 and catering. If a course requires an enrolment key, ask the lecturer.

MOODLE LOGIN



Detail of the complete image on page 90. Source page 22.

Find the room. Find your way.

Example: F202

F = Faculty of Arts and Letters (Filozofická fakulta)
2 = second floor
02 = room number

Faculty of Education

Look for A followed by the room number. Do not apply the F202 rule to every building. Check the building as well as the room.



Your campus at a glance

Room codes: supplied student guide. Add a labelled campus photo or map in the frame.

Ask the right person.

International Relations & Mobility Office

Rectorate · first floor · Hrabovská cesta 1A

Michaela Moldová Chovancová

Institutional Erasmus coordinator · room 1.05
michaela.moldova.chovancova@ku.sk · +421 918 337 411

Lucia Kravčáková

Incoming / outgoing Erasmus student mobility
lucia.kravcakova@ku.sk · +421 918 337 433

Martin Pinkoš

KA171 and KA131 outgoing staff mobility
martin.pinkos@ku.sk

EURAXESS Centre · room 1.02

Izabela Červeňová
izabela.novakova@ku.sk · +421 915 698 168

Free guidance on mobility and everyday life: arrival administration, residence, insurance, accommodation and finding the right service.

Study offices: studijne.ff@ku.sk · studijne.pf@ku.sk · studijne.fz@ku.sk
IT: abakus@ku.sk · AIS2 records: your faculty AIS administrator.
For course approval, contact your coordinator.

KU international-office contacts checked 11 October 2026; KU account guide.

Ready for your first week.

Tick each item after checking it in your own account. Keep any unresolved issue for your next meeting with your buddy or coordinator.

- [ ] I can sign in with my university username.
- [ ] My approved courses and credit total are confirmed.
- [ ] I have the timetable groups I need.
- [ ] I checked the rooms and any timetable clashes.
- [ ] My Microsoft account and Outlook inbox work.
- [ ] My card checklist and collection route are clear.
- [ ] I checked any transport activation I need.
- [ ] My catering credit and collection point are correct.
- [ ] I can open the Moodle courses I need.
- [ ] I saved the university contacts and useful links.

Use this checklist with your coordinator and buddy. Keep your own deadlines.

Keep these links handy.

University login and password

abakus.ku.sk/mojlogin

AIS2 courses and timetable

ais2.ku.sk

Microsoft account management

abakus.ku.sk/microsoft365

Moodle course materials

moodle.ku.sk

Eduroam Wi-Fi

eduroam.ku.sk

Student card

abakus.ku.sk/preukazy

Meal ordering and credit

abakus.ku.sk/objednavka-jedla

Official KU portals. Use the QR pages that follow for phone access.

Scan. Sign in. Get organised.

Scan with your phone camera, or use the clickable label beneath each code.



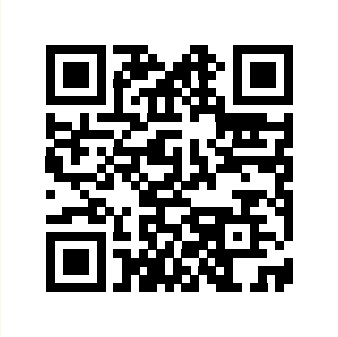
Find your login



Create / reset password



AIS2



Microsoft 365

QR codes link only to public KU portals; none contain personal payment information.

Study. Eat. Stay connected.

Scan with your phone camera, or use the clickable label beneath each code.



Moodle



Student card



Meal ordering



Eduroam

QR codes link only to public KU portals; none contain personal payment information.

You do not have to manage alone.

Give yourself time

Moving abroad can be exciting and tiring at the same time. Feeling homesick, overwhelmed or out of place is a reason to reach out, not a sign that you have failed.

Buddy support

A student buddy can help you understand everyday routines, find your way around and meet people. Ask the international office for the current programme and group invitation; names and organisers change.

KU Counselling Centre

The Poradenské centrum offers psychological, social, career and study support, including support for students with specific needs. Ask about appointment availability and the language of the consultation.

Start with a message

General counselling: poradna@ku.sk
Psychological counselling: psychologickaporadna@ku.sk
Explain briefly what you need and how the centre can contact you. These email addresses are for support appointments, not emergency dispatch.

ku.sk → Štúdium → Poradenské centrum

KU Counselling Centre and Psychological Counselling Services, October 2026.

Find your people after class.

A buddy group is a good start

Join the group shared for your own semester. Look for welcome activities, informal meet-ups and trips organised for international students. Ask how to join in rather than relying on an old event calendar.

UPaC and community

UPaC offers opportunities to meet other students through community events, discussions, spiritual life and activities. See the UPaC page in the city chapter and check the current programme.

Theatre, culture and sport

Ask your faculty and buddy team about theatre groups, performances, student clubs and sports sessions available this semester. Check the language, meeting point, price and whether you need to sign up.

Make a small plan

Invite someone for coffee, a museum visit or an easy walk. You do not need a big trip to get to know people. Share your own interests and suggest an activity you would enjoy together.



upac.sk • ku.sk/en

Activities requested in the supplement; availability is semester-specific.

Learn a little. Use it every day.

Slovak for international students

KU lists a Slovak language course for incoming students. The published course is two hours per week and carries two ECTS credits. Ask your coordinator about the current group, timetable and enrolment at the start of the semester.

Discover Slovakia

KU also lists a course introducing Slovak nature, history and culture, with lectures and field activities. The published course carries two ECTS credits. Confirm availability and how it fits your Learning Agreement.

Practise outside the classroom

Use one greeting at the shop, order a coffee in Slovak and learn the names on signs you pass every day. Your phrasebook keeps useful Slovak expressions beside English meanings and approximate pronunciation.

Ask before enrolling

Confirm the teaching language, attendance requirements, assessment and credit recognition. Your home university decides how exchange credits count towards your programme.

ku.sk/en → Foreign relations → Erasmus+ → Student mobilities

KU: Courses offered / Student mobilities, checked October 2026.

Dates that change your daily plans.

Public holidays and rest days • 2026

1 January	Establishment of the Slovak Republic
6 January	Epiphany
3 April / 6 April	Good Friday / Easter Monday
1 May	Labour Day
5 July	Saints Cyril and Methodius
29 August	Slovak National Uprising
1 November	All Saints’ Day
24–26 December	Christmas holidays

In 2026, 8 May and 15 September are not rest days. 1 September, 28 October and 17 November are commemorative/state holidays without a statutory day off.

Check your faculty’s academic calendar for teaching and exam dates. Shops, offices and transport may follow different schedules. For 2027 or later, check the updated official calendar.

Slovak Ministry of Foreign Affairs; Government Office; Labour Inspectorate, 2026.

02

Live in Ružomberok.



A small city becomes familiar quickly. Find your bus, your coffee spot and your community.

Take the bus.



Plan the connection

MHD means local public transport. Check imhd.sk/rk or IDS PLUS for the route, stop and timetable. Services differ on school days, weekends, public holidays and school holidays.

Student tickets in zone 400

A discounted 60-minute transfer ticket is €0.55 electronically or €0.80 as a paper cash ticket. Eligibility includes full-time students under 26. Carry accepted proof of your entitlement.

Buy and use the right ticket

Use the IDS PLUS app, a supported transport card or the available onboard purchase option. Check activation and validity before travelling. Do not assume a contactless bank card automatically gives you the student fare.

For regular travel

Compare a student season pass with single tickets. Ask the operator which zones and card activation you need. KU’s ISIC transport function may need separate activation; the physical card alone is not enough.

Ružomberok buses

Zones & tickets

↗ **imhd.sk/rk**

[09–10] Local fare table valid from 1 April 2026; IDS PLUS

Settle into your new home.

Your accommodation

TRIO and NOVA are among the accommodation options mentioned in the student materials. Your assigned accommodation is the one confirmed to you by KU. Save its exact address and check-in instructions.

Ask when you move in

Check kitchen access, bedding, laundry, internet, quiet hours, visitors, keys and check-out arrangements. Ask where to report a repair or lost key.

Water, shopping & waste

Tap water is generally drinkable unless a local notice says otherwise. Follow the labels on recycling bins. Bring a reusable shopping bag and check shop opening hours, especially around holidays.

Useful everyday habits

Keep a small amount of cash for places that do not accept cards. Save your accommodation address offline. If you will arrive late, contact the accommodation in advance.

Student-supplied city guide; confirm your assigned accommodation

Eat, shop & take a break.

Everyday groceries

Lidl, Kaufland, Tesco, Billa and COOP Jednota are useful names to recognise. Choose the branch that fits your route and compare prices for your usual shopping basket.

Coffee with friends

Student suggestions include Trinity Beans, Cool Beans and Cafe Bar Central. Check current opening hours and whether the space suits a longer study session.

Eating out

Other suggestions by students are recommended restaurants like: Camino: Italian-style pizza and pasta. Bonsai: an option for Asian food. Familiya: a varied restaurant menu.

Try something Slovak

If you are interested in trying Slovak traditional food, Koliba u Dobrého Pastiera in Čutkovo or Salaš Krajinka outside of the centre are highly recommended to try. Ask about ingredients if you have any dietary requirements. University catering is another everyday option; see pages 73–87.

Venue suggestions from the supplied city guide; check hours and menus

Make yourself at home.

FRIENDSHIP / COMMUNITY / A COFFEE

A place between classes

Come to prepare a meal, make a coffee, relax or spend time with other students. UPaC is a place to meet people and become part of university life.

Community & spiritual life

The centre offers Catholic Mass, prayer and spiritual support, as well as guest discussions, student events, trips and sports. Check what is on during your stay.

Where to find it

In the basement of the Faculty of Education, near the university chapel, Hrabovská cesta 1.

Follow the current programme

Website: upac.sk
Instagram: @upac_ruzomberok
Check the current opening hours and event details online before visiting.

↗ **upac.sk**

[11] KU, UPaC and Verbisti; kitchen/coffee: local guidance

Make it feel like home.



Your accommodation

Your confirmed building and entrance. See p. 104.



Coffee with friends

Your favourite local café. See p. 105.



UPaC

The space where students meet. See p. 106.

Stay connected.

Why choose a local number?

A local SIM can give you convenient mobile data for maps, transport and messaging, plus a number for deliveries and local bookings. It may cost less than roaming on your home plan.

Already have an EU/EEA SIM?

Your plan may work under “Roam Like at Home”. Check data limits and fair-use conditions. A long stay mainly abroad can trigger extra charges after the operator’s assessment and warning.

Buying & setting up

Bring your passport or national ID to a shop and ask which documents are accepted. Ask about eSIM if your phone supports it. A dual-SIM phone can keep your home number alongside local data. Slovakia: +421. Replace the initial 0: 09xx xxx xxx becomes +421 9xx xxx xxx.

Your options

Compare Orange, Telekom, O2 and 4ka. Prepaid options include Prima Voľba, Predplatenka, O2 Voľnosť and a 4ka SIM with credit. Compare data, coverage, validity and renewal conditions.

Orange **Telekom** **O2** **4ka**

[12–13] Operators and EU roaming guidance

Meet the town.

Historic centre

Start around Andrej Hlinka Square and St Andrew’s Church. Look for the Marian Column and the memorial to Andrej Hlinka. Allow an unhurried hour or two to explore on foot.

Liptov Museum

Námestie Š. N. Hýroša 10. A useful introduction to the history, culture and everyday life of Liptov. Check exhibition times and admission before going.

Galleries & the synagogue

Galéria Rozeta, Plavisko 7: look for current exhibitions. The synagogue on Panská Street is a cultural landmark; access may depend on events rather than regular museum opening.

Ľudovít Fulla Gallery

Dušana Makovického 1. The gallery is temporarily closed for reconstruction at the time of this edition. Check SNG’s current information before planning an interior visit.

Supplied Discover Liptov guide; [14] SNG closure update

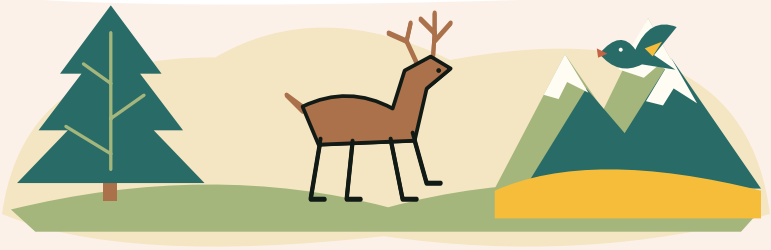
Nature after lectures.

Čutkovo Valley

Čutkovo Valley is known for its beautiful forest scenery, peaceful atmosphere, and lovely walking trails. It's a perfect place to escape into nature, enjoy a relaxing walk, and stop for a delicious meal along the way.
GETTING THERE: Take a local bus towards Černová, then walk to the valley entrance.
PLAN: Easy nature walk; allow 1–3 hours.
BUDGET: Free entry; transport and food extra.

Hrabovo & Malinô Brdo

Enjoy a peaceful lakeside walk, beautiful forest trails, and stunning mountain views.
GETTING THERE: Walk from town or take local transport to Hrabovo.
PLAN: Easy walk around the lake (30–60 minutes); longer uphill hikes are also available.
BUDGET: Walking is free; cable cars and activities cost extra.



Student guides; walking times are planning estimates

Town streets. Forest paths.



Ružomberok historic centre

Andrej Hlinka Square or St Andrew's Church. See p. 109.



Hrabovo

Lakeside scenery after class. See p. 110.



Čutkovo Valley

A place for a slower afternoon. See p. 110.

Build your monthly budget.



Monthly planning example • one student

Accommodation	**€150–300**
Food & groceries	**€180–260**
Local transport	**€10–25**
Phone / data	**€10–20**
Personal spending	**€50–100**
Suggested total	**€400–705**

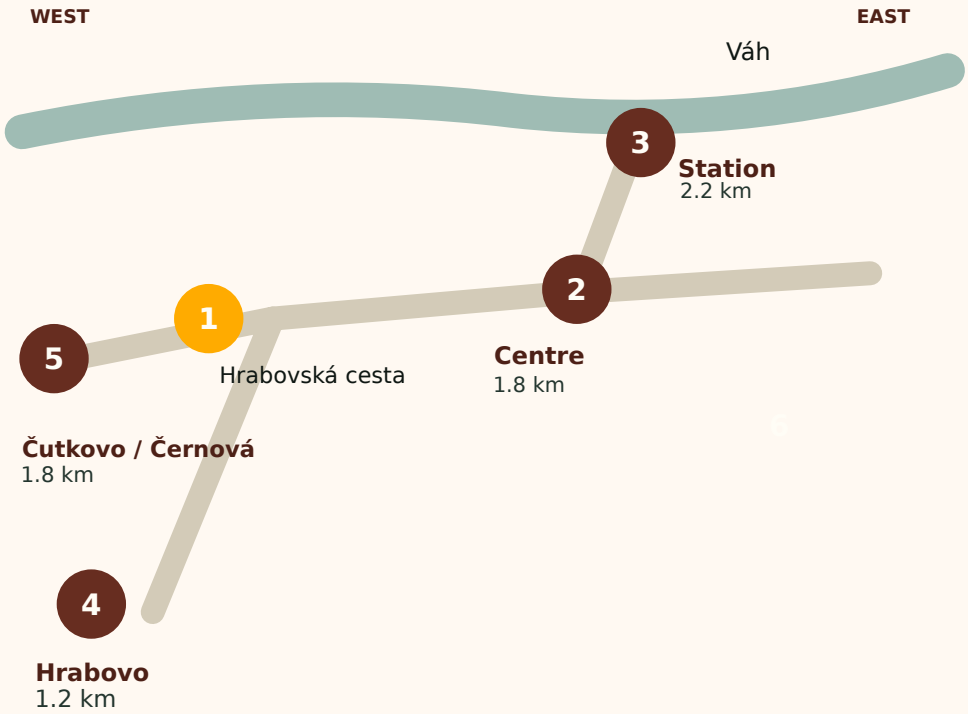
These are editorial budgeting allowances, not a KU price list or a quote. Replace accommodation with your confirmed monthly price. Private rentals, deposits, insurance, tuition and trips can raise the total.

Keep an arrival reserve for deposits, household items and delays before your first grant payment. Track your first month and adjust the plan to your own needs.

Illustrative budget prepared for this edition; verify housing and service quotes.

Your everyday Ružomberok.

A simple orientation sketch • not to scale



1 KU campus / UPaC • Hrabovská cesta

2 Historic centre • Andrej Hlinka Square
3 Rail and bus arrival area
4 Hrabovo lake and trails
5 Direction towards Černová / Čutkovo
6 Liptov Museum • Námestie Š. N. Hýroša 10

Editorial orientation sketch. Use a live street map for walking, bus stops and your dorm address.

03

Explore Liptov.



Enjoy a calm afternoon or a full day outdoors. Build the trip around your time, energy and the weather.

Wooden houses. Castle views.

Vlkolínec

Discover a UNESCO-listed mountain village with traditional wooden houses and charming historic scenery. Remember to respect that people still live here.
GET THERE: Take a bus towards Biely Potok, then follow a marked uphill trail, or arrange a direct transfer.
PLAN: Allow yourself half a day, including a 3–4-hour return hike from Biely Potok with stops.
BUDGET: Transport and any village or exhibition admission fees.

Likava Castle

Explore atmospheric medieval castle ruins perched above the village of Likavka, with lovely views of the surrounding countryside.
GETTING THERE: Take a bus to Likavka and follow the marked trail uphill.
PLAN: Allow 1–2 hours for the walk, plus extra time to explore the ruins.
BUDGET: Transport and possible admission fees. Check seasonal opening times before visiting.

Supplied guides; [15] Visit Liptov; walking times are estimates

An art day in Liptov.



Liptovský Mikuláš

Take a train or regional bus from Ružomberok and continue on foot or local transport. Combine the town centre with one or two indoor visits; allow half a day to a full day.

Pick your cultural stops

Liptov Gallery of Peter Michal Bohúň — Tranovského 111: Discover Slovak art from different periods. Koloman Sokol Gallery — Námestie osloboditeľov 28: Explore expressive graphic art and the life of a renowned Slovak artist. Janko Kráľ Museum — Learn about the history, traditions, and heritage of Liptovský Mikuláš. Historic Synagogue — Hollého 4: Admire the architecture and discover the town's Jewish heritage.

Orava Gallery, Dolný Kubín

An additional cultural trip beyond Liptov. Discover Slovak art and fascinating exhibitions in the historic Župný dom, a lovely cultural day trip beyond Liptov. **GETTING THERE:** Take a regional bus to Dolný Kubín, then walk to Hviezdoslavovo námestie 11. **PLAN:** Allow half a day for travel and exploring the gallery. **BUDGET:** Return transport and exhibition tickets. Check opening hours and ask about student discounts.

Discover Ružomberok and Liptov: supplied cultural guide

Stories in the landscape.

Ludrová: Church of All Saints

Discover beautiful medieval architecture and remarkable historic wall paintings in this charming historic church.
GETTING THERE: Take a regional bus towards Ludrová, then walk to the church. Confirm its exact location before travelling.
PLAN: Allow time for a short cultural visit. Check interior access and guided tours in advance.
BUDGET: Transport and any guided-entry fees.

Havránok

Explore an ancient archaeological site overlooking the scenic Liptovská Mara reservoir, with fascinating traces of Celtic history.
GETTING THERE: Take a regional bus towards the northern side of the reservoir, then walk to the site.
PLAN: Allow half a day, including travel. Some paths may be uneven.
BUDGET: Transport and seasonal admission fees.

Museum of Liptov Village, Pribylina

Discover traditional Liptov architecture, historic buildings, and village life from the past. **GETTING THERE:** Travel via Liptovský Mikuláš, then take a regional bus towards Pribylina. **PLAN:** Allow a full day for travel, connections, and exploring the open-air museum.
BUDGET: Return transport and museum admission. Check opening hours and student discounts.

Supplied guide; [15] Visit Liptov heritage information

Local places. Lasting stories.



Vlkolínec

Traditional wooden houses. See p. 115.



Likava Castle

The castle above Likavka. See p. 115.



Pribylina or Havránok

Choose one heritage stop and name it in the caption. See p. 117.

A slower day by the water.

Choose a specific destination

Liptovská Mara: enjoy a lakeside picnic, scenic views, or seasonal boat trips. Visit the historic church tower by the reservoir if time and transport allow.

What to do

Enjoy a picnic, lakeside scenery or a seasonal boat activity. The surviving church tower by the reservoir is a distinctive heritage landmark. Combine nearby stops only if your transport allows it.

How to plan

First, travel from Ružomberok to Liptovský Mikuláš by train or regional bus. From there, take a regional bus towards Liptovský Trnovec for lakeside access. Check the nearest stop to your chosen beach or activity before travelling.

Budget & conditions

Organised activities, parking and some facilities are charged separately. Use designated swimming areas and follow local conditions and signs. Picnics are a budget-friendly option.

Supplied Liptov guide; transport and activities depend on chosen location

Choose your walking challenge.

Brankovský Waterfall

WHY GO A 55-metre waterfall in a forest setting. Water flow varies with rainfall.
GET THERE Take a bus towards Podsuchá, then follow the marked trail.
WALK About 2 km / 1 hour each way according to the regional tourism description. Allow 2–3 hours return with stops. Uneven ground can be slippery.
BUDGET Bus fare; no cable car needed.

Veľký Choč from Valaská Dubová

WHY GO Wide views over Liptov and Orava.
GET THERE Regional bus to Valaská Dubová; check the return service.
WALK A strenuous mountain day with roughly 950 m of ascent. Plan around 6–7 hours return plus breaks; conditions and route choice matter.
BUDGET Transport and food. Choose a lower walk if weather
or fitness is unsuitable.

[16–17] Visit Liptov; return durations are conservative planning estimates

Go higher. Plan better.

Brankovský Waterfall

Discover a spectacular 55-metre waterfall hidden in a peaceful forest. Water flow varies with rainfall and season.
GETTING THERE: Take a bus towards Podsuchá, then follow the marked hiking trail to the waterfall.
PLAN: Allow 2–3 hours for the return hike, including stops. The trail is uneven and can be slippery.
BUDGET: Bus fare only; no cable car is needed.

Jasná & Chopok

Enjoy breathtaking mountain views, scenic hiking trails, and excellent winter sports.
GETTING THERE: Travel by bus to Liptovský Mikuláš, then take a regional bus towards Jasná through Demänovská Valley. Check seasonal timetables before departure.
PLAN: Allow a full day. Choose between a cable-car trip for panoramic views and a more demanding summit hike.
BUDGET: Budget extra for cable-car tickets, ski passes, and equipment rentals.

Before every mountain trip

Check the forecast, trail restrictions and last transport home. Take suitable footwear, warm layers, water and an offline map and tell someone your route and expected return time. Keep to marked trails. Hiking times in this guide are planning estimates, not winter guarantees. If conditions are unsafe, postpone your trip.

Bear safety: Stay alert, make noise occasionally, and never approach or feed a bear. If you spot one, remain calm, keep your distance, and slowly retreat without running. Never approach bear cubs. **18 300 — Mountain Rescue** for accidents, injuries, or getting into danger while hiking in the mountains.

Supplied regional guide; check operators and current mountain conditions

Water, woods and mountain air.



Liptovská Mara

A lakeside view from your chosen stop. See p. 119.



Brankovský Waterfall

The forest waterfall. See p. 120.



Jasná / Chopok

Mountain scenery from your route. See p. 121.

A warm-water day off.



Bešeňová

Relax in thermal pools and enjoy a slower day between hikes and sightseeing.
GETTING THERE: Take a regional bus from Ružomberok towards Bešeňová, then walk from the nearest stop to the water park.
PLAN: Allow half a day or a full day.
BUDGET: Check ticket prices for your chosen date, plus transport and food costs.

Tatralandia

Enjoy thermal pools, water slides, and tropical-style indoor areas near Liptovský Mikuláš.
GETTING THERE: Travel to Liptovský Mikuláš, then take a local bus or transfer to the water park.
PLAN: Set aside a full day, including travel time.
BUDGET: Check ticket prices and which areas are included. Lockers, saunas, and other extras may cost more.

Bring the right things

Pack swimwear, a towel, and pool footwear. Check opening hours, safety rules, ticket options, and return transport before leaving. Remember that water-park admission is separate from the cost of ordinary swimming or a free lakeside walk.

besenova.com • tatralandia.sk

Visit Liptov: Water parks in Liptov; check operator prices.

A first look at the Western Tatras.

Choose the valley before the summit

The Western Tatras (Západné Tatry) offer beautiful mountain scenery and hiking opportunities. For a first visit, consider Žiarska dolina and choose a route suited to your experience, the season, and the weather.

Žiarska chata • a valley outing

Enjoy stunning mountain views and a scenic walk to a popular mountain hut.

GETTING THERE: Travel via Liptovský Mikuláš towards Žiar. Check the bus stop and the distance to the trailhead before leaving.

PLAN: Allow around 4–5 hours for a return walk from the valley car park, plus breaks. Conditions may change hiking times, especially in winter.

Ridges are a different trip

Do not extend a valley walk to exposed ridges just because the summit looks close. Higher routes can involve exposure, chains, seasonal restrictions and fast-changing weather. Check the official trail rules and local conditions.

Budget and preparation

Budget for transport, food, and possible parking fees. Check mountain rescue insurance, wear suitable footwear, and pack warm layers, water, and an offline map. Always share your route and expected return time with someone.

tanap.sk • hzs.sk • visitliptov.sk

Route planning estimate; verify with TANAP, HZS and local visitor information.

What kind of day fits your budget?

NEARBY & SIMPLE — €5–15

A local walk, bus fare, and a snack. Bring your own water and food to save money.

CULTURE DAY — €15–35

Allow for return transport and one or two museum or heritage-site visits. Check admission fees and student discounts.

WATER PARK / LIFT DAY — €40–80+

Plan for higher costs, including admission or lift tickets, transport, and meals. Check current prices before booking.

HIKING DAY — €10–30

Budget for return transport and food. Equipment, insurance, guides, and cable cars cost extra.

These are general budgeting guidelines, not fixed prices. Check actual ticket and transport costs before deciding. Student discounts may require valid student identification.

Your Liptov bucket list.

Start nearby

- ☐ Walk through Ružomberok’s historic centre
- ☐ Have a coffee with a new friend
- ☐ Spend an afternoon in Čutkovo
- ☐ Take a lakeside walk in Hrabovo

Go a little further

- ☐ Visit Vlkolínec
- ☐ See Likava Castle when open
- ☐ Explore museums or galleries
- ☐ Plan a picnic by Liptovská Mara

Try something new

- ☐ See Brankovský Waterfall
- ☐ Take a well-planned mountain hike
- ☐ Try a traditional Slovak dish
- ☐ Take a regional bus somewhere new

My own must-do

- ☐ _____
- ☐ _____

04

Travel further.



A train platform can be the beginning of a city break, a castle visit or a weekend across the border.

Student trains, explained.



1 Check your eligibility

Ask ZSSK which discount applies to your age, study status, and circumstances. Not every international student automatically qualifies for 100% discounted travel.

2 Register the entitlement

A valid ISIC alone does not activate the 100% discount. Register with ZSSK. A staffed ticket office can check your identity document, student card and any study confirmation or photograph required for your case.

3 Check the train category

With registered 100% discount entitlement, Os and REX regional trains do not require a zero-fare ticket under the current rules. Long-distance trains still require the appropriate ticket. Check availability, reservations and any supplements.

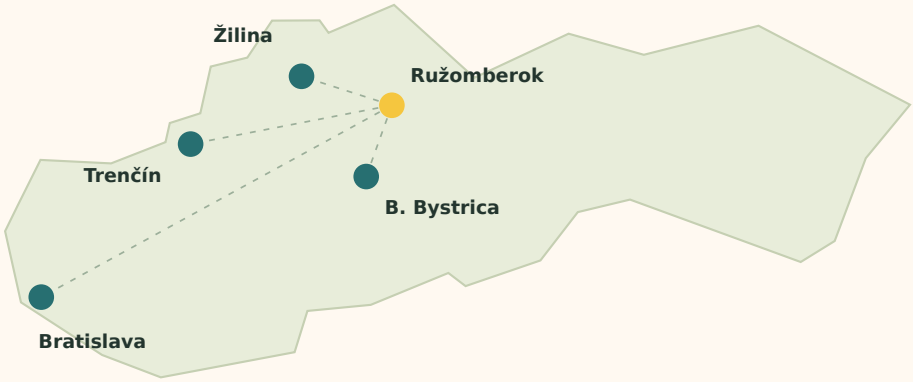
4 Carry your documents

Always bring your valid student card and required documents. Free travel in Slovakia does not mean free travel abroad.

↗ **www.zssk.sk**

[18] ZSSK current guidance; verify individual eligibility

Slovak city escapes.



Žilina

Mariánske Square and Budatín Castle. ROUTE Train west from Ružomberok. TIME Around 1 hour each way. STAY A relaxed day trip.

Trenčín

A hilltop castle, historic square and old streets. ROUTE Train via the main western corridor. TIME Roughly 2–3 hours each way. STAY One day.

Banská Bystrica

SNP Square, the Clock Tower and museums. ROUTE Bus south from Ružomberok. TIME Around 1–1.5 hours each way. STAY One day.

Bratislava

Old Town, the castle and the Danube waterfront. ROUTE Train west; compare current services. TIME Around 3–4 hours each way. STAY Preferably 1–2 days.

Student-supplied travel guide; broad planning times, check live connections

More cities. More stories.

Košice & Levoča

Košice: St Elisabeth Cathedral and the historic Main Street; allow roughly 3–4 hours by train. Levoča: a medieval UNESCO town; travel via Poprad and continue by bus, roughly 2–3 hours in total.

Trnava & Nitra

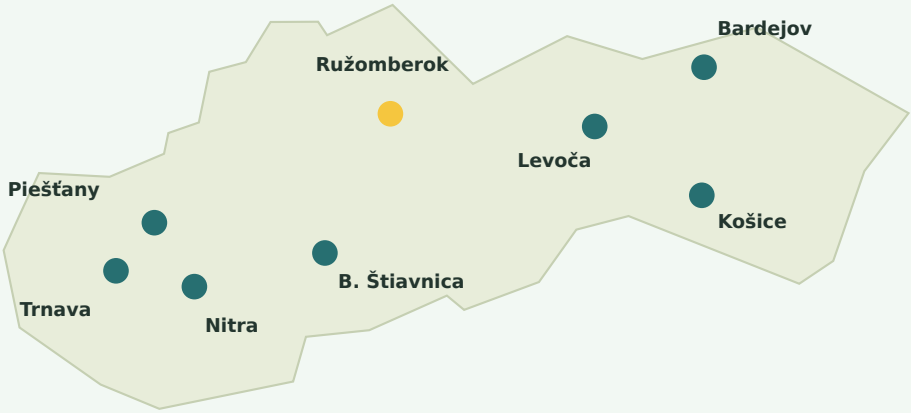
Trnava: churches, old walls and pedestrian streets; roughly 2.5–3.5 hours by train. Nitra: the castle and historic centre; roughly 3.5–5 hours with train/bus connections.

Banská Štiavnica & Bardejov

Štiavnica: mining heritage and hillside streets; plan around 3–4.5 hours by bus connections. Bardejov: a UNESCO-listed square; allow around 4–5.5 hours by train and bus. Both suit a weekend.

Piešťany

Spa-town parks and riverside walks. Allow roughly 2.5–3.5 hours by train, with a change if required. A slower day or overnight stay works well.



Student-supplied travel guide; approximate journey ranges

A castle for every mood.

Orava Castle

A dramatic castle above the Orava River. Travel by bus via Dolný Kubín to Oravský Podzámok. Allow roughly 1–1.5 hours each way; reserve half a day or more.

Spiš Castle

A vast castle complex. Plan a train/bus connection towards Spišské Podhradie and the final uphill walk. Allow roughly 2.5–4 hours of transport. Combine with Spišská Kapitula if time allows.

Bojnice & Devín

Bojnice: a romantic castle and park; allow around 3–4 hours by connecting services and consider an overnight stay. Devín: combine the castle with Bratislava, using local transport from the capital.

Lietava Castle

A ruined fortress reached on foot. Take a train to Žilina, then a bus towards Lietava and follow the marked trail. Allow a full day,
including a moderate uphill walk.
BUDGET Add current admission where charged; castle opening seasons vary.

Supplied travel guide; route suggestions and broad planning estimates

Traditional Slovakia.

Kremnica

A historic mining town with a long coin-making tradition.
ROUTE Usually via Banská Bystrica and onward connections.
PLAN Around 2–3.5 hours each way; one full day.

Čičmany

Wooden houses decorated with distinctive white patterns.
ROUTE Plan connections via Žilina / Rajec and check the final bus carefully.
PLAN Around 2.5–4 hours each way; sparse services can make a short visit a long day.

Zuberec: Museum of Orava Village

An open-air museum of traditional buildings and rural life.
ROUTE Regional buses towards Zuberec; check transport or walking to the museum itself.
PLAN Around 1.5–3 hours to the area; allow a full day.

Budget note

Pay for return transport and the attractions you choose. Ask about student tickets. Bring food or check restaurant availability outside the main season.

Supplied travel guide; timings depend on connections

National parks & mountain days.



High Tatras

For a first visit, consider Štrbské Pleso or Hrebienok. Travel by mainline train, then local mountain transport. An easy lake walk and a high-mountain hike are very different outings.

Slovak Paradise

Gorges, ladders and waterfalls. Travel towards Spišská Nová Ves / Hrabušice and choose a route from a recognised trailhead such as Podlesok. Allow a full day or weekend; wet ladders need care.

Jánošíkove Diery & Pieniny

Diery: travel via Žilina towards Terchová; choose your gorge circuit before setting off. Pieniny: plan connections towards Červený Kláštor for the Dunajec landscape and seasonal rafting.

Slovak Karst

Caves and limestone landscapes in southern Slovakia. Public-transport access can be slow; a weekend is more practical. Check the specific cave’s tour calendar. BUDGET Transport, park/cave fees, lifts or activities as applicable.

Supplied travel guide; check current trail access and operator schedules

Keep a little of every trip.



Bratislava

The capital, castle or waterfront. See p. 129.



Orava Castle

A castle day beyond Liptov. See p. 131.



High Tatras

Name the exact lake or trail in your caption. See p. 133.

Prague & Vienna.

Prague · Czechia

WHY GO: Charles Bridge, the Old Town and Prague Castle.
ROUTE: Compare through trains and connections from Ružomberok.
TIME: Allow around 6–8 hours each way.
STAY: 2–3 days.
PLAN: Walk early, choose one major attraction and leave time for the neighbourhoods.

Vienna · Austria

WHY GO: Imperial architecture, museums and cafés.
ROUTE: Travel via Bratislava or another suitable rail connection; compare train and bus options.
TIME: Allow around 4.5–6 hours each way.
STAY: A weekend.
PLAN: Combine the centre with either Schönbrunn or Belvedere rather than trying to fit everything into one day.

Supplied travel guide; enlarged planning ranges, not timetables

Budapest & Kraków.

Budapest · Hungary

WHY GO: The Danube, Buda Castle, Parliament views and thermal baths.
ROUTE: Check current coach departures from Ružomberok; compare connecting alternatives.
TIME: Plan roughly 4–6 hours each way, depending on service.
STAY: A weekend.
BUDGET TIP: Thermal baths are an extra cost: choose and book deliberately.

Kraków · Poland

WHY GO: The Main Market Square, Wawel and Kazimierz.
ROUTE: Check direct coaches where available and compare connecting services.
TIME: Allow roughly 3–4 hours each way.
STAY: A weekend.
BUDGET TIP: A walking day can keep costs down; reserve separately for timed attractions.

Supplied travel guide; service availability and traffic vary

A longer weekend away.

Brno & Wrocław

Brno (Czechia): cafés, Špilberk and a student-city atmosphere; allow roughly 5–7 hours by rail or coach. Wrocław (Poland): colourful squares and riverside walks; allow roughly 6–9 hours. Check whether combining it with another Polish stop makes sense.

Salzburg (Austria)

A historic centre with Alpine scenery. Compare routes via Austria and allow a long travel day, roughly 7–12+ hours. A longer weekend works better than a rushed overnight trip.

Ljubljana (Slovenia)

A compact capital with a relaxed riverfront. Connections usually require changes; expect a long journey and check the full door-to-door itinerary. Stay at least 2–3 days excluding travel where possible.

Munich (Germany)

Museums, parks and Bavarian culture. Compare routes via Vienna or coaches from a major hub. Allow roughly 9–12+ hours. **BEFORE BOOKING** Check travel documents, accommodation and the last local connection to your bed.

Supplied travel guide; broad estimates for early planning only

A few days. A new city.



Prague

See p. 135.



Vienna

See p. 135.



Budapest

See p. 136.



Kraków

See p. 136.

Plan the trip. Know the cost.

Compare the whole journey

CP.sk: Slovak train and bus connections. ZSSK / IDeme vlakom: domestic rail and tickets. RegioJet, FlixBus, Slovak Lines: compare coaches and selected international services. ČD and ÖBB: Czech and Austrian rail options.

Use a realistic budget

As a planning allowance, set aside €20–40 for a simple domestic day out and €120–250+ for a nearby international weekend. These are editorial estimates, not offers: transport, lodging, food and activities can cost more.

Book the essentials first

Check the fare for your exact date, then accommodation and major entry tickets. Compare the total rather than the headline fare. Long weekends and popular cities often cost more.

For flights & longer journeys

Compare airports only after adding the transfer time and cost. Check baggage rules. For train/bus journeys, leave enough time for connections and save tickets offline.

Budget figures are suggested planning allowances; use live operator quotes

Collect moments, not just places.

Explore Slovakia

- ☐ Visit the High Tatras
- ☐ Discover a castle
- ☐ Try bryndzové halušky
- ☐ Take a train to a new town

Cross a border

- ☐ Spend a weekend in Prague
- ☐ Explore Vienna or Budapest
- ☐ Visit Kraków with friends
- ☐ Plan a trip using public transport

Make memories

- ☐ Watch a sunrise somewhere beautiful
- ☐ Have a picnic with international friends
- ☐ Keep a postcard or travel journal
- ☐ Learn a new Slovak phrase each week

Go your own way

- ☐ My next place: _____
- ☐ My travel buddy: _____
- ☐ One thing I want to try: _____

Useful links at a glance.

University

ku.sk/en — university information
abakus.ku.sk — account tools and services
ais2.ku.sk — academic system
eduroam.ku.sk — network setup
upac.sk — community and programme

Transport

cp.sk — connection planning
zssk.sk — rail tickets and eligibility
imhd.sk/rk — Ružomberok buses
idsplus.sk — zones, fares and transport cards

Travel & places

visitliptov.sk — regional visitor information
slovakia.travel — ideas across Slovakia
sng.sk — gallery information
regiojet.com · flixbus.com · slovaklines.sk
cd.cz · oebb.at — rail abroad

Reading the travel pages

Times are approximate planning ranges, not live departures. Walking times assume suitable conditions. Costs depend on dates and choices. Check current hours, transport, access and prices before leaving.

About this complete edition.

Design and full source coverage

The OnePoint PDF supplies the visual style, cover artwork and city, travel and phrasebook chapters. The 22-page Erasmus walkthrough is fully represented: 44 image occurrences, 38 distinct source images and all instructional topics.

Built for A5

Each screenshot gets a complete view. Enlarged details show the relevant controls without forcing the whole desktop screen into tiny print. English instructions remain live, editable text.

University source checks

University procedures were checked against KU account, Microsoft, eduroam, card, catering and contact guidance on 11 October 2026. The source register accompanies the editable files.

Example screens and editable photography

The source screenshots retain their interface language. Private credentials and payment codes are masked. Photo spaces elsewhere remain ready for your own images.

Travel content

Other chapters retain the supplied edition's planning estimates and sources. Check current transport, access, prices and opening hours before travelling.

Source: supplied Erasmus walkthrough and KU guidance listed in the source register.

Keep this close.

112 GENERAL EMERGENCY

155 **Ambulance**
Serious illness, injury, or a medical emergency

150 **Fire and rescue service**
Fires and other incidents requiring firefighters

158 **Police**
Crimes, threats, or other situations requiring police

Say where you are

Give your exact location, describe what happened and follow the operator’s instructions. Save your accommodation address below.

My accommodation

Address: _____

_____

Reception / contact: _____

My people

Coordinator: _____
Buddy / friend: _____

The right place to ask.



International studies and mobility

Use the International Relations & Mobility Office contacts on the campus-help page. For study plans and course changes, start with your faculty coordinator and your arrival email.

Accommodation

Use the contact on your booking or check-in confirmation. Reception can help with keys, house rules and repairs. Confirm your assigned building before travelling; do not assume every international student stays in the same place.

Wellbeing and study support

KU Counselling Centre: poradna@ku.sk
Psychological counselling: psychologickaporadna@ku.sk
Ask about appointments, accessibility and consultation language.

Accounts and urgent help

For technical account issues: abakus@ku.sk For AIS2, contact your faculty AIS administrator. For immediate danger or a serious emergency: 112. Use the preceding emergency page to save your address and personal contacts.

Original guide contacts retained; KU counselling contacts checked October 2026.

05

Say it in Slovak.



A few words go a long way. Start with a greeting, add a smile and give it a try.

Start with a hello.

Ahoj!
Hi! / Bye! (informal)
AH-hoy

Dobrý deň.
Hello. / Good day.
DOH-bree dyen

Dobré ráno.
Good morning.
DOH-breh RAA-noh

Dobrý večer.
Good evening.
DOH-bree VEH-cher

Dovidenia.
Goodbye.
doh-VEE-deh-nyah

Ďakujem.
Thank you.
DYA-koo-yem

Prosím.
Please. / You’re welcome.
PROH-seem

Prepáčte.
Excuse me. / Sorry.
PREH-paach-teh

Áno. / Nie.
Yes. / No.
AA-noh / nyeh

Ako sa máš?
How are you? (informal)
AH-koh sah maash

Volám sa…
My name is…
VOH-laam sah

Teší ma.
Nice to meet you.
TEH-shee mah

SLOVAK / ENGLISH / APPROXIMATE PRONUNCIATION

Words for university life.

univerzita
university
OO-nee-ver-zee-tah

fakulta
faculty
FAH-kool-tah

študent / študentka
student
SHTOO-dent / SHTOO-dent-kah

prednáška
lecture
PRED-naash-kah

seminár
seminar
SEH-mee-naar

skúška
exam
SKOOSH-kah

predmet
course / subject
PRED-met

rozvrh
timetable
ROZ-vr(h)

učebňa
classroom
OO-cheb-nyah

knižnica
library
KNYIZH-nyee-tsah

internát
student dormitory
EEN-ter-naat

jedáleň
canteen
YEH-daa-leny

SLOVAK / ENGLISH / APPROXIMATE PRONUNCIATION

Order something delicious.



vodu / kávu / čaj
water / coffee / tea (when ordering)
VOH-doo / KAA-voo / chai

Prosím si kávu.
I would like a coffee, please.
PROH-seem see KAA-voo

raňajky
breakfast
RAH-nyai-kee

obed / večera
lunch / dinner
OH-bed / VEH-cheh-rah

jedálny lístok
menu
YEH-daal-nih LEES-tok

Účet, prosím.
The bill, please.
OO-chet PROH-seem

bez mäsa
without meat
bez MEH-sah

Som vegetarián/ka.
I am vegetarian.
som VEH-geh-tah-ree-aan/kah

Mám alergiu na…
I am allergic to…
maam AH-ler-ghee-oo nah

Je v tom mlieko?
Does this contain milk?
yeh f tom MLYEH-koh

Dobrú chuť!
Enjoy your meal!
DOH-broo khooty

Ďakujem, bolo to dobré.
Thank you, it was good.
DYA-koo-yem BOH-loh toh DOH-breh

SLOVAK / ENGLISH / APPROXIMATE PRONUNCIATION

At the shop.

Koľko to stojí?
How much does it cost?
KOLY-koh toh STOH-yee

Môžem platiť kartou?
Can I pay by card?
MWOH-zhem PLAH-tity KAR-toh

hotovosť
cash
HOH-toh-vosty

karta
card
KAR-tah

obchod
shop
OP-khot

pokladňa
checkout
POH-klad-nyah

taška
bag
TASH-kah

zľava
discount
ZLYAH-vah

študentská zľava
student discount
SHTOO-dent-skaa ZLYAH-vah

otvorené / zatvorené
open / closed
OT-voh-reh-neh / ZAT-voh-reh-neh

Máte menšie / väčšie?
Do you have a smaller / larger one?
MAA-teh MEN-shyeh / VECH-shyeh

Nie, ďakujem.
No, thank you.
nyeh DYA-koo-yem

SLOVAK / ENGLISH / APPROXIMATE PRONUNCIATION

Find your way.



Kde je…?
Where is…?
gdyeh yeh

stanica / zastávka
station / stop
STAH-nyee-tsah / ZAS-taav-kah

vlak / autobus
train / bus
vlak / OW-toh-boos

lístok
ticket
LEES-tok

Jeden lístok, prosím.
One ticket, please.
YEH-den LEES-tok PROH-seem

odchod / príchod
departure / arrival
OT-khot / PREE-khot

nástupište
platform
NAA-stoo-pish-teh

vľavo / vpravo
left / right
VLYAH-voh / FPRAH-voh

rovno
straight ahead
ROV-noh

centrum
city centre
TSEN-troom

Kedy ide autobus?
When does the bus leave?
KEH-dih EE-dyeh OW-toh-boos

Kde mám vystúpiť?
Where should I get off?
gdyeh maam VIS-too-pity

SLOVAK / ENGLISH / APPROXIMATE PRONUNCIATION

When you need a hand.

Hovoríte po anglicky?
Do you speak English?
HOH-voh-ree-teh poh AN-glits-kih

Nerozumiem.
I don’t understand.
NEH-roh-zoo-myem

Môžete to zopakovať?
Can you repeat that?
MWOH-zheh-teh toh ZOH-pah-koh-vaty

Môžete hovoriť pomalšie?
Can you speak more slowly?
MWOH-zheh-teh HOH-voh-rity POH-mal-shyeh

Pomôžete mi, prosím?
Can you help me, please?
POH-mwoh-zheh-teh mee PROH-seem

Potrebujem pomoc.
I need help.
POH-treh-boo-yem POH-mots

Kde je toaleta?
Where is the toilet?
gdyeh yeh TOH-ah-leh-tah

Kde je lekáreň?
Where is the pharmacy?
gdyeh yeh LEH-kaa-reny

Zavolajte sanitku!
Call an ambulance!
ZAH-voh-lai-teh SAH-nyit-koo

Pomoc!
Help!
POH-mots

SLOVAK / ENGLISH / APPROXIMATE PRONUNCIATION

Your first conversation.

At the café

YOU: Dobrý deň. Prosím si kávu.
Hello. I would like a coffee, please.

YOU: Môžem platiť kartou?
Can I pay by card?

YOU: Ďakujem. Dovidenia!
Thank you. Goodbye!

On campus

YOU: Prepáčte. Kde je učebňa F202?
Excuse me. Where is classroom F202?

YOU: Hovoríte po anglicky?
Do you speak English?

YOU: Ďakujem veľmi pekne.
Thank you very much.

A note on pronunciation

The guides are approximate and English-friendly, not formal phonetics. Capitals suggest the stressed first syllable. Slovak č sounds like “ch”, š like “sh”, ž like “s” in “measure”; ch is like the sound in Scottish “loch”. Long vowels are held longer.

Sources for the new pages.

University & support

ku.sk/en — university and international mobility
KU → Student mobilities → Courses offered
KU → Štúdium → Poradenské centrum

Entry & health insurance

mic.iom.sk/en — temporary residence for study
studyinslovakia.saia.sk — Health and Medical Care

Airports & transfers

viennaairport.com • bts.aero • krakowairport.pl
bud.hu / bkk.hu • prg.aero • slovaklines.sk
cp.sk • idos.cz — compare current connections

Dates, places & maps

mzv.sk/en → Slovakia → Public holidays
vlada.gov.sk → Slovensko → Štátne sviatky
visitliptov.sk • tanap.sk • hzs.sk
Country outline: Natural Earth via geo-countries

Design & edition

Supplement: KU NAVIGÁTOR - doplnenie. Palette and layout references: supplied photos; Žilina Region “To do list”; SAIA Student’s Guide 2018 (visual reference only). New illustrations and ornaments are editable vector artwork.

Supplement checked October 2026. Original guide sources are retained on their own page.

Your own OnePoint notes.

Three more Liptov experiences

- ☐ Relax in Bešeňová or Tatralandia
- ☐ Explore a Western Tatras valley
- ☐ Try a new route in the Low Tatras


OnePoint
Travel Guide