

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Health	
Course code: KFYZIO/54F1010W/17	Course title: Nursing
Type and range of planned learning activities and teaching methods: Form of instruction: Lecture / Seminar Recommended study range: hours weekly: 1 / 1 hours per semester: 12 / 12 Teaching method: on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
Credits: 3	
Recommended semester/trimester: 1.	
Level of study: I.	
Prerequisites:	
Requirements for passing the course: Conditions for passing the subject: During the semester: Active participation at lectures and practice, writing inspection of knowledge, practical mastery of learned nursing performances at practice. Final rating: writing exam, practical exam Subject rating: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% FX – 59%- 0%	
Learning outcomes of the course: Learning outcomes: The aim of the subject: To acquaint student with basic concepts and resorts in nursing with a focus on rehabilitation and with basic nursing care, define the needs of a patient, define self-care and self-sufficiency. Learn to administer oxygen and to measure physiological rates. Theoretical knowledge: Student lists the basic concepts and outcomes used in nursing with a focus on rehabilitation. He analysis mutual determination of a person, health and enviroment in a relationship with nursing, to know the reasons and phylosophy of changes in nursing. Student has the theoretical knowledge of needs, nursing process and physiological measures. Practical skills: Student masters measuring of physiological rates and their meaning. He acquires the skills with practical aplication of EKG device and with using the modern technologies connected with nursing-rehabilitation interventions. Student acquires preventive measures which prevent complications in imobile patients.	
Course contents:	

Brief subject scheme:

Lectures:

1. Nursing as a scientific discipline.
2. Nursing unions, historic view at nursing. Methods of providing nursing care. Nursing profession in global context.
3. National health promotion program.
4. Respiratory demand characteristics, nutrition, urinary and faecal excretion, hygiene.
5. Characteristics of need for self-sufficiency and self-care, sleep and rest, pain, physical activity.
6. Meeting needs using the method of nursing proces. Nursing process- characteristics, steps.
7. Management of nursing process, quality and audit of nursing care.
8. Care for emptying and the hygiene of the sick. Pressure ulcer prevention.
9. Patients eating, immobilized patient feeding.
10. Working with central oxygen distribution.
11. Physiological functions measuring and documentation.
12. Ethical aspects in nursing.

Practise:

1. Satisfying the need of breathing.
2. Satisfying the need of eating.
3. Satisfying the need of urinary and faecal excretion.
4. Satisfying the need of hygiene.
5. Satisfying the need of self-sufficiency and self-care.
6. Satisfying the need of pain.
7. Satisfying the need of physical activity.
8. Satisfying the needs using nursing process method. Documentation.
9. Pressure ulcer prevention.
10. Eating of the sick, feeding the immobilized patients.
11. Oxygen administration.
12. Measuring physiological functions and documentation.

Recommended or required literature:

1. KOZIEROVÁ, B., ERBOVÁ, G., OLIVIEROVÁ, R. 2004.: Ošetrovateľstvo 1, 2. 2. slov. vyd. Martin : Osveta, 2004. 1474 s. ISBN 80-217-0528-0.
2. KRIŠKOVÁ, A. et al. 2006.: Ošetrovateľské techniky. 2. vyd. Martin : Osveta, 2006. 780 s. ISBN 80-8063-202-2.
3. MUSILOVÁ, M. a kol. 1993. :Vybrané kapitoly z ošetrovateľstva. Martin : Osveta, 193, 226 s. ISBN 80-217-0573-6.

Language of instruction:

Slovak

Notes:

Course evaluation:

Assessed students in total: 137

A	B	C	D	E	FX
16.79	18.98	27.01	22.63	11.68	2.92

Name of lecturer(s): doc. PhDr. Zuzana Hudáková, PhD.

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Supervisor(s): doc. PhDr. Zuzana Hudáková, PhD.