

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Health	
<b>Course code:</b> KFYZIO/54F1038W/17	<b>Course title:</b> Respiratory Physiotherapy
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Lecture <b>Recommended study range:</b> <b>hours weekly: 2 hours per semester: 24</b> <b>Teaching method:</b> on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
<b>Credits:</b> 2	
<b>Recommended semester/trimester:</b> 3.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions necessary for subject passing: During the semester: active participation on lessons Final rating: written exam Subject evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% FX – 59%- 0%	
<b>Learning outcomes of the course:</b> Learning outcomes: The aim of the subject: Introduce to students modern methods of physiotherapy in diseases of respiratory system and kindly teach them how to use energy of respiratory system in these diseases. Theoretical knowledge: Student have knowledge about methods of physiotherapy in respiratory system diseases. Practical knowledge: Student could use modern methods of physiotherapy in respiration system diseases.	
<b>Course contents:</b> Brief scheme of the subject: 1. Respiration physiotherapy – physiological nature and indication acceses. 2. Issues of upper respiratory ways. 3. Techniques of respiratory ways hygiene. 4. Autogenous drainage. 5. Neurophysiological stimulation of breathing. 6. Breathing trainers. 7. Inhalation therapy.	

8. Inhalation devices, their principle. 9. Klimatotherapy. 10. Speleotherapy. 11. The use of respiratory devices. 12. Movement activity and inactivity and their impact for health condition.					
<b>Recommended or required literature:</b> 1. MÁČEK, M., SMOLÍKOVÁ, L.: Pohybová léčba u plicních chorob, Praha: Victoria publishing a.s. 1995 2. MÁČEK, M., SMOLÍKOVÁ, L.: Fyzioterapie a pohybová léčba u chronické obstrukční plicní nemoci, Praha: Vltavín, 2002 3. KOLÁŘ, P.: Rehabilitace v klinické praxi. Praha, Galén 2010					
<b>Language of instruction:</b> Slovak language					
<b>Notes:</b>					
<b>Course evaluation:</b> Assessed students in total: 122					
A	B	C	D	E	FX
59.84	22.13	16.39	0.82	0.82	0.0
<b>Name of lecturer(s):</b> Mgr. Peter Mačej					
<b>Last modification:</b> 26.11.2020					
<b>Supervisor(s):</b> doc. PhDr. Zuzana Hudáková, PhD.					