

COURSE INFORMATION SHEET

University: Catholic University in Ružomberok	
Faculty: Faculty of Health	
Course code: KFYZIO/54F1051W/17	Course title: Clinical Practice 3
Type and range of planned learning activities and teaching methods: Form of instruction: Seminar Recommended study range: hours weekly: hours per semester: 192s Teaching method: on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
Credits: 3	
Recommended semester/trimester: 4.	
Level of study: I.	
Prerequisites: KFYZIO/54F1040W/17	
Requirements for passing the course: Prerequisites: Continuous professional practice 3, Clinical exercises 2 Conditions for passing the course: During the semester: 100% participation in exercises Final evaluation: practical skills and theoretical knowledge that the student has in clinical exercises Course evaluation: A – 100%-93% B – 92%-85% C – 84%-77% D – 76%-69% E – 68%-60% FX – 59%- 0%	
Learning outcomes of the course: Objective of the course: Gain knowledge about the procedures of movement therapy according to the nature of the disease in individual medical disciplines. Gain practical skills in assessing the patient's condition, compiling a medical rehabilitation plan and applying the kinesiotherapy methods. Theoretical knowledge: The student has knowledge of the procedures of movement therapy in individual clinical disciplines, acquires practical skills in assessing the patient's condition, in compiling a medical rehabilitation plan and applies kinesiotherapy methods in individual indication areas of medicine. Practical skills: The student applies the acquired skills in nursing care within the competence of a physiotherapist and applies a physiotherapeutic examination for the subsequent selection of a suitable method of kinesiotherapy. It acquires a professional approach to communication with the patient, assertive behavior and empathy.	
Course contents: Physiotherapeutic diagnostics, compilation of a therapeutic plan, use of kinesiotherapy and physical therapy methods in patients with frequent diagnoses in the given clinical fields:	

1. traumatology
 - kinesiotherapy during injury healing, complications of healing, secondary prevention of the consequences of injury and immobilization, rehabilitation after injury of soft tissues, after injury of bones and joints of limbs,
2. internal medicine
 - cardiovascular training and musculoskeletal management in ischemic heart disease,
3. neurology
 - care of a hemiparetic patient and basics of kinesiotherapy according to the Bobath concept
4. surgery
 - kinesiotherapy in abdominal and thoracic surgery in preoperative care, after surgery and in convalescence, scar care, complications of healing and inactivity,
5. gynecology and obstetrics
 - kinesiotherapy in conservative and operative treatment in gynecology, kinesiotherapy during pregnancy and after childbirth.

Recommended or required literature:

1. GÚTH, A. a kol.: Vyšetrovacie metodiky v rehabilitácii pre fyzioterapeutov, LIEČREH GÚTH, Bratislava. 2006.
2. GÚTH, A. a kol.: Liečebné metodiky v rehabilitácii pre fyzioterapeutov, LIEČREH GÚTH, Bratislava. 2006.
3. JANDA, V: Svalové funkční testy, Grada Publishing, Praha 2004
4. KOLÁŘ, P. Rehabilitace v klinické praxi, Galen, Praha 2010.

Language of instruction:

Slovak language

Notes:

The subject is taught only in the summer semester and is evaluated only in the relevant examination period of the summer semester of the academic year.

Course evaluation:

Assessed students in total: 90

A	B	C	D	E	FX
27.78	53.33	16.67	1.11	1.11	0.0

Name of lecturer(s): doc. PhDr. Zuzana Hudáková, PhD., Mgr. Ivana Aštaryová, PhD.

Last modification: 25.11.2020

Supervisor(s): doc. PhDr. Zuzana Hudáková, PhD.