COURSE INFORMATION SHEET

University: Catholic University in Ružomberok

Faculty: Faculty of Health

Course title: Clinical Practice 4

KFYZIO/54F1068W/17

Type and range of planned learning activities and teaching methods:

Form of instruction: Seminar Recommended study range:

hours weekly: hours per semester: 192s

Teaching method: on-site

(distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)

Credits: 3

Recommended semester/trimester: 5.

Level of study: I.

Prerequisities: KFYZIO/54F1051W/17

Requirements for passing the course:

Prerequisites: Clinical exercises 3 Conditions for passing the course:

During the semester: 100% participation in exercises

Final evaluation: practical skills and theoretical knowledge that the student has in clinical exercises

Course evaluation: A - 100%-93%

B - 92% - 85%

C - 84% - 77%

D - 76% - 69%

E - 68% - 60%

FX - 59% - 0%

Learning outcomes of the course:

Objective of the course:

Gain knowledge of procedures and methods of movement therapy according to the nature of the disease and gain practical skills in assessing the patient's condition, in compiling a plan for medical rehabilitation and kinesiotherapy in individual clinical disciplines.

Theoretical knowledge:

The student has knowledge of the procedures of movement therapy according to the nature of the disease and acquires practical skills in assessing the patient's condition, in compiling a rehabilitation program and proposing methods of kinesiotherapy in individual indication areas of medicine.

Practical skills:

The student applies the acquired skills in physiotherapeutic care of the patient within the competence of a physiotherapist and applies physiotherapeutic examinations. Subsequently, it determines the physiotherapeutic treatment procedure and practically performs kinesiotherapy methods within individual clinical disciplines.

Course contents:

Physiotherapeutic diagnostics, compilation of a therapeutic plan, use of kinesiotherapy in patients with frequent diagnoses in the given clinical fields:

- 1. Kinesiotherapy in the indication area of orthopedics in various surgical procedures. Kinesiotherapy for developmental errors and deformities of the musculoskeletal system.
- 2. Kinesiotherapy in the indication area of traumatology. Kinesiotherapy in the stage of aftercare and convalescence.
- 3. Kinesiotherapy in the indication area of pediatrics. Kinesiotherapy for congenital diseases of the cardiovascular system, endocrine system, scoliosis, CHDT, CNS developmental disorders.
- 4. Kinesiotherapy in the indication area of neurology. Kinesiotherapy for CNS, spinal cord and peripheral nervous system diseases.
- 5. Kinesiotherapy in the indication area of neurosurgery in vertebrogenic diseases. Kinesiotherapy after head surgery and after brain surgery.
- 6. Kinesiotherapy in plastic surgery. Scar care, determining the suitability of physical therapy.
- 7. Kinesiotherapy in geriatrics. Rehabilitation nursing using kinesiotherapy methods.
- 8. Kinesiotherapy in psychiatry.
- 9. Back school. Patient manipulation.
- 10. Therapeutic education for self-sufficiency.

Recommended or required literature:

- 1. GÚTH, A. a kol.: Vyšetrovacie metodiky v rehabilitácii pre fyzioterapeutov, LIEČREH GÚTH, Bratislava. 2006.
- 2. GÚTH, A. a kol.: Liečebné metodiky v rehabilitácii pre fyzioterapeutov, LIEČREH GÚTH, Bratislava.2006.
- 3. JANDA, V: Svalové funkční testy, Grada Publishing, Praha 2004
- 4. KOLÁŘ, P. Rehabilitace v klinické praxi, Galen, Praha 2010.

Language of instruction:

Slovak language

Notes:

The subject is taught only in the winter semester and is evaluated only in the relevant examination period of the winter semester of the academic year.

Course evaluation:

Assessed students in total: 114

A	В	С	D	Е	FX
43.86	39.47	14.91	0.88	0.0	0.88

Name of lecturer(s): doc. PhDr. Zuzana Hudáková, PhD., Mgr. Ivana Aštaryová, PhD.

Last modification: 25.11.2020

Supervisor(s): doc. PhDr. Zuzana Hudáková, PhD.