

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Health	
<b>Course code:</b> KOSE/54O1010W/15	<b>Course title:</b> Continuous Professional Practice 1
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly: hours per semester:</b> 75s <b>Teaching method:</b> on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
<b>Credits:</b> 3	
<b>Recommended semester/trimester:</b> 1.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b>	
<b>Requirements for passing the course:</b> Conditions for passing the course: During the semester: 100% participation in exercises. The student submits a record of professional practice about the completion of the internship. During the internship, students will be continuously assessed on their knowledge and practical skills. Students will also be evaluated by experts from practice - lecturers of clinical practice at individual clinical workplaces. A minimum score of 60% is required for success. Final evaluation: the final evaluation will be based on the results of the ongoing evaluation during the internship. For the successful completion of the course, it is necessary to achieve a minimum evaluation of 60% of the ongoing evaluation of knowledge and skills.	
<b>Learning outcomes of the course:</b> Acquire the skills necessary to perform the profession of a nurse. Practically master nursing techniques in natural conditions. Acquire skills in the provision of nursing care by the method of the nursing process with emphasis on the individual needs of the patient. Theoretical knowledge: The student identifies the needs of the individual, family, community, formulates the nursing problem, justifies the need to implement nursing performance, characterizes the preparation of patients, nurses, the environment for individual procedures. It analyzes the progress of individual procedures and evaluates the result of care. Practical skills: The student implements individual nursing services and proceeds according to nursing standards. Demonstrates the ability to work independently, demonstrates communication skills in interaction with the patient. Implements nursing care by the method of the nursing process, documents nursing care.	
<b>Course contents:</b> Course contents: The content of teaching at individual clinical workplaces is focused on the practical mastery of nursing techniques in natural conditions, which form the content of the subject Nursing Techniques. Bandaging, technique of applying bandages. Sterilization and disinfection of devices. Caring for the patient in bed and bed.	

Personal hygiene of the patient, total bath of the patient.  
 Skin and pressure ulcer treatment. Risk assessment scales and stages of pressure ulcers.  
 Serving food to patients. Probe feeding.  
 Nursing rehabilitation, prevention of complications of immobility disorders. Patient positioning.  
 Urethral female catheterization, assistance in male cathetrization and catheterization of children.  
 Enema application.  
 Monitoring, measuring and recording physiological functions. Physical examination of the patient.  
 Application of heat and cold, tiles, wraps.

**Recommended or required literature:**

Recommended literature:

ČERVINKOVÁ, E. Ošetrovatelské diagnózy. Brno: NCO NZO, 2006.

GURKOVÁ, E. ŽIAKOVÁ, K., ČÁP, J. a kol. Vybrané ošetrovatelské diagnózy v klinickej praxi. Martin: Osveta, 2009.

HEATHER, T., H. (preklad Kudlová, P.) Ošetrovatelské diagnózy definície & klasifikácie NANDA International 2015-2017 Praha: Grada, 2016.

NANDA International (translation). Ošetrovatelské diagnózy. Definície a klasifikácie 2018-2020. Grada : 2020. 520 s. ISBN 9788027107100.

KOLEKTÍV AUTOROV. Základné ošetrovatelské techniky 1. Košice: Seminár sv. Karola Boromejského, 2007.

KOLEKTÍV AUTOROV. Základné ošetrovatelské techniky 2. Košice: Seminár sv. Karola Boromejského, 2008.

KOZIEROVÁ, B. – ERBOVÁ, G. – OLIVIERIOVÁ, R. Ošetrovatelstvo I, II. Martin: Osveta 1995.

KRIŠKOVÁ, A. a kol. Ošetrovatelské techniky. Osveta: Martin, 2006.

LACKO, A. a kol. Klinická propedeutika pre nelekárske vedy. Ružomberok: Verbum, 2012.

TOMAGOVÁ, M. – BÓRIKOVÁ, I. Potreby v ošetrovatelstve. Martin: Osveta, 2008.

**Language of instruction:**

Slovak language

**Notes:**

The course is taught only in the winter semester and is evaluated only in the relevant examination period of the winter semester of the academic year

**Course evaluation:**

Assessed students in total: 424

A	B	C	D	E	FX
64.15	32.08	2.83	0.0	0.0	0.94

**Name of lecturer(s):** PhDr. Mária Lehotská, PhD., PhDr. Marcela Ižová, PhD.

**Last modification:** 30.11.2020

**Supervisor(s):** doc. PhDr. Mgr. Helena Kadučáková, PhD.