

## COURSE INFORMATION SHEET

<b>University:</b> Catholic University in Ružomberok	
<b>Faculty:</b> Faculty of Health	
<b>Course code:</b> KOSE/54O1021W/15	<b>Course title:</b> Continuous Professional Practice 3
<b>Type and range of planned learning activities and teaching methods:</b> <b>Form of instruction:</b> Seminar <b>Recommended study range:</b> <b>hours weekly: hours per semester:</b> 240s <b>Teaching method:</b> on-site (distance method according to the document Príkaz rektora P-8/2020 since 15. 10. 2020)	
<b>Credits:</b> 3	
<b>Recommended semester/trimester:</b> 2.	
<b>Level of study:</b> I.	
<b>Prerequisites:</b> KOSE/54O1010W/15,KOSE/54O1008W/15	
<b>Requirements for passing the course:</b> Conditions for passing the course: During the semester: 100% participation in exercises. The student submits a record of professional practice about the completion of the internship. Final evaluation: the final evaluation will be based on the submission and control of the clinical practice recorder. To successfully complete the course, it is necessary to achieve a minimum grade of 60%.	
<b>Learning outcomes of the course:</b> Learning outcomes: Objective of the course: To effectively master nursing techniques in natural conditions. Acquire the skills necessary to perform the profession of a nurse. Implement nursing care independently and in cooperation with a doctor for selected diseases, in individual developmental periods in healthy and sick individuals, families, communities. Provide nursing care by the method of the nursing process in the conditions of medical facilities. Theoretical knowledge: The student identifies the needs of the individual, family, community. It justifies the need to implement nursing care, characterizes the preparation of the patient, nurse, environment for individual procedures. It explains the procedure of individual procedures, evaluates the expected result of care. Practical skills: The student implements individual nursing services. Demonstrates the ability to work independently and demonstrates communication skills in interaction with the patient., Implements nursing care by the method of the nursing process.	
<b>Course contents:</b> Brief syllabus: The content of teaching at individual clinical workplaces is focused on the practical mastery of nursing techniques in natural conditions, which form the content of the subject Nursing Techniques. Bandaging, technique of applying bandages. Sterilization and disinfection of devices. Caring for the patient in bed and bed. Personal hygiene of the patient, total bath of the patient.	

Skin and pressure ulcer treatment. Risk assessment scales and stages of pressure ulcers.  
 Serving food to patients. Probe feeding.  
 Nursing rehabilitation, prevention of complications of immobility disorders. Patient positioning.  
 Female urethral cathetrization, asistence in man a children cathetrization.  
 Enema application.  
 Monitoring, measuring and recording physiological functions. Physical examination of the patient.  
 Application of heat and cold, tiles, wraps.  
 Communication skills training.  
 Getting acquainted with medical documentation at the workplace.

**Recommended or required literature:**

Recommended reading:

- GURKOVÁ, E. ŽIAKOVÁ, K., ČÁP, J. a kol. Vybrané ošetrovateľské diagnózy v klinickej praxi. Martin: Osveta, 2009.  
 HEATHER, T., H. (translation Kudlová, P.) Ošetrovateľské diagnózy definície & klasifikácie NANDA International 2015-2017 Praha: Grada, 2016.  
 JAROŠOVÁ, D., ZELENÍKOVÁ, R. Ošetrovateľství založené na důkazech : Evidence Based Nursing. Praha: Grada, 2014.  
 KOLEKTÍV AUTOROV. Základné ošetrovateľské techniky 1. Košice: Seminár sv. Karola Boromejského, 2007.  
 KOLEKTÍV AUTOROV. Základné ošetrovateľské techniky 2. Košice: Seminár sv. Karola Boromejského, 2008.  
 KOZIEROVÁ, B. – ERBOVÁ, G. – OLIVIERIOVÁ, R. Ošetrovateľstvo I, II. Martin: Osveta 1995.  
 KRIŠKOVÁ, A. a kol.: Ošetrovateľské techniky. Martin: Osveta, 2006.  
 NANDA International. Ošetrovateľské diagnózy. Definície a klasifikácie 2018-2020. (translation) Grada : 2020. 520 s. ISBN 9788027107100  
 POLICAR, R. Zdravotnícká dokumentace v praxi. Praha: Grada, 2010.  
 TOMAGOVÁ, M. – BÓRIKOVÁ, I. Potreby v ošetrovateľstve. Martin: Osveta, 2008.  
 VONDRÁČEK, L. – WIRTHOVÁ, V. Sestra a její dokumentace: návod pro praxi. Praha: Grada, 2008.  
 VÖRÖSOVÁ, G.- SOLGAJOVÁ, A.-ARCHALOUSOVÁ, A. Standardizovaná terminologie pro ošetrovateľskou diagnózu. Praha : Grada Publishing , 2015.  
 VYTEJČKOVÁ, R. - SEDLÁŘOVÁ, P. - WIRTHOVÁ, V. - HOLUBOVÁ, J. Ošetrovateľské postupy v péči o nemocné I. II. III. Praha: Grada Publishing. 2011.

**Language of instruction:**

Slovak language

**Notes:**

The course is taught only in the summer semester and is evaluated only in the relevant examination period of the summer semester of the academic year.

**Course evaluation:**

Assessed students in total: 363

A	B	C	D	E	FX
83.47	11.57	1.1	0.0	0.28	3.58

**Name of lecturer(s):** PhDr. Mária Lehotská, PhD., PhDr. Marcela Ižová, PhD.

**Last modification:** 30.11.2020

**Supervisor(s):** doc. PhDr. Mgr. Helena Kadučáková, PhD.