

DOCUMENT

Name and surname	doc. PaedDr. Robert Rozim, Philosophiae doctor
Document type:	Characteristics of the submitted research/ artistic/other output
The name of the university	Catholic University in Ružomberok
The seat of the university	Hrabovská cesta 1A, 034 01 Ružomberok
The name of the faculty	Faculty of Education
The seat of the faculty	Hrabovská cesta 1, 034 01 Ružomberok

OCA1. - Surname awarded to the assessed person

Rozim

OCA2. - Name awarded to the assessed person

Robert

OCA3. - Degrees awarded to the assessed person

doc. PaedDr., PhD.

OCA4. - Hyperlink to the entry of the person in the Register of university staff

<https://www.portalvs.sk/regzam/detail/11136>

1st evaluated output

1.

Stupeň štúdia: I.II., III.

Typ štúdia: U

OCA5. - Area of assessment

Preschool and Elementary Pedagogy

OCA6. - Category of the research/ artistic/other output

scientific output

OCA7. - Year of publication of the research/artistic/other output

2024

OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)

ID: 1188011

OCA9. - Hyperlink to the record in CRPA or CRAA

<https://app.crepc.sk/?fn=detailBiblioForm&sid=180EDEFD59FD4297482B3AA38AFB>

Title of the publication to which the hyperlink points

Changes in somatic indicators, body posture and health-oriented fitness among younger school-age female pupils.

Justification of the RATP

The authors analyze the correct posture of girls in relation to health-oriented fitness. They point to the deteriorated state of correct posture among female students in elementary schools.

OCA14. - Characteristics of the author's contribution

Bendíková, Elena [Autor, 45%] ; Rozim, Robert [Autor, 45%] ; Talaghir, Laurentiu-Gabriel [Autor, 10%]

OCA15. - Annotation of the output with contextual information concerning the description of creative process and the content of the research/artistic/other activity, etc.

In the study, the authors, based on monitoring the current state of proper posture and physical activity of girls, examine the causes of their occurrence and point out methods of prevention. They help improve the educational process and prepare students for the teaching profession.

OCA16. - Annotation of the output in English

V štúdiu autori na základe monitoringu aktuálneho stavu správneho držania tela a pohybovej aktivity dievčat, skúmajú príčiny vzniku a poukazujú na spôsob prevencie. Pomáhajú skvalitniť výchovno-vzdelávací proces a prípravu študentov na učiteľské povolanie.

OCA18. - Characteristics of the output's impact on socio-economic practice

The authors of the scientific study point to the deteriorating state of proper posture among girls in Slovakia. This causes health, psychological and social problems in girls. The main causes are an unhealthy lifestyle, weight gain, and lack of physical activity.

OCA19. - Characteristics of the output and related activities' impact on the educational process

Autori vo vedeckej štúdiu poukazujú na zhoršujúci sa stav správneho držania tela dievčat Slovensku. Spôsobuje to zdravotné, psychické a sociálne problémy u dievčat. Hlavné príčiny sú nezdravý spôsob života, nárast telesnej hmotnosti, nedostatok pohybovej aktivity.

2nd evaluated output

1.

Stupeň štúdia: I.II., III.

OCA5. - Area of assessment

Preschool and elementary pedagogy

OCA6. - Category of the research/ artistic/other output

scientific output

OCA7. - Year of publication of the research/artistic/other output

2019

OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)

ID = 182081

OCA9. - Hyperlink to the record in CRPA or CRAA

<https://app.crepc.sk/?fn=detailBiblioForm&sid=AA0D9432EF6DE826C21177590B>

Title of the publication to which the hyperlink points

The level of basketball skills among pupils in Banská Bystrica primary schools

Justification of the RATP

Based on the results of the study, the authors analyzed the status and level of students' playing skills, focusing on basketball. Based on this, we can effectively eliminate the identified shortcomings in students. The authors recommend standards for assessing basketball skills for elementary school students.

OCA15. - Annotation of the output with contextual information concerning the description of creative process and the content of the research/artistic/other activity, etc.

Na základe výsledkov štúdie autori analyzovali stav a úroveň herných zručností žiakov so zameraním na basketbal. Na jej základe môžeme efektívne odstraňovať zistené nedostatky u žiakov. Autori odporúčajú normy na hodnotenie basketbalových zručností pre žiakov základnej školy.

OCA16. - Annotation of the output in English

Based on the results of the study, the authors analyzed the status and level of students' playing skills, focusing on basketball. Based on this, we can effectively eliminate the identified deficiencies in students. The authors recommend standards for assessing basketball skills for elementary school students.

OCA18. - Characteristics of the output's impact on socio-economic practice

The authors of the scientific study point to the deteriorating state and level of playing skills of students in basketball. The publication allows for effective elimination of identified deficiencies in students. The authors have developed and recommend standards for assessing basketball skills for elementary school students.

OCA19. - Characteristics of the output and related activities' impact on the educational process

Autori vo vedeckej štúdií poukazujú na zhoršujúci sa stav a úroveň herných zručností žiakov v basketbale. Publikácia umožňuje efektívne odstraňovať zistené nedostatky u žiakov. Autori vypracovali odporúčajú normy na hodnotenie basketbalových zručností pre žiakov základnej školy.

3rd evaluated output

1.

Stupeň štúdia: I.II., III.

OCA5. - Area of assessment

Preschool and elementary pedagogy

OCA6. - Category of the research/ artistic/other output

scientific output

OCA7. - Year of publication of the research/artistic/other output

2022

OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)

ID = 470105

OCA9. - Hyperlink to the record in CRPA or CRAA

<https://app.crepc.sk/?fn=detailBiblioForm&sid=5B55F84324F78217E8560CF4EC>

Title of the publication to which the hyperlink points

Changes in somatic characteristics and indicators of physical ability, physical performance and body posture in 10 and 11 years old pupils

Suggested output quality level

A-

Justification of the RATP

The authors of the study present an analysis of the physical activity status and functional posture status of children aged 10-11 in Slovakia. They state significant findings in the area of proper posture and a significant decrease in physical activity in a group of younger school-age children.

Justification of the RATP

In the study, the authors analyzed the status and level of physical activity, posture, and body weight in the 10-11 year old population in Slovakia. The study allows for effective elimination of identified deficiencies in students and contributes to expanding knowledge about the researched issue.

OCA14. - Characteristics of the author's contribution

Rozim, Robert (25 %); Daubnerová, Jana (25 %); Slováková, Michaela (25 %); Bendíková, Elena (25 %);

OCA15. - Annotation of the output with contextual information concerning the description of creative process and the content of the research/artistic/other activity, etc.

Monitoring the current state of physical activity of younger school-age students, understanding the causes and methods of prevention will help improve the educational process and prepare students for the teaching profession.

OCA16. - Annotation of the output in English

Monitoring aktuálneho stavu pohybovej aktivity 10 - 11 ročných žiakov, poznanie príčin vzniku a spôsob prevencie pomôžu skvalitniť výchovno-vzdelávací proces a prípravu študentov na učiteľské povolanie.

OCA18. - Characteristics of the output's impact on socio-economic practice

The authors of the scientific study respond to the radical decrease in physical activity of the 10-11 year old population in Slovakia, which causes various health, psychological and social problems. An unhealthy lifestyle results in an increase in body weight, which is also related to a lack of physical activity.

OCA19. - Characteristics of the output and related activities' impact on the educational process

Autori vo vedeckej štúdií reagujú na radikálne zníženie pohybovej aktivity 10 - 11 ročnej populácie na Slovensku, čo spôsobuje rôzne zdravotné, psychické a sociálne problémy. Nezdravý spôsob života má za následok nárast telesnej hmotnosti, ktoré súvisia aj s nedostatkom pohybovej aktivity.

4th evaluated output

1.

Stupeň štúdia: I.II., II., III.

OCA5. - Area of assessment

Preschool and elementary pedagogy

OCA6. - Category of the research/ artistic/other output

scientific output

OCA7. - Year of publication of the research/artistic/other output

2022

OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)

ID = 490692

OCA9. - Hyperlink to the record in CRPA or CRAA

<https://app.crepc.sk/?fn=detailBiblioForm&sid=0828B68FFD3F9AD6F218F00C3E>

Title of the publication to which the hyperlink points

The effect of goal-directed extracurricular physical activities on development of physical abilities in children of early school age

Justification of the RATP

The authors of the scientific study respond to the possibility and effectiveness of implementing children's leisure activities in Slovakia. They point to the need to constantly increase the proportion of physical activity in children's daily routine.

Justification of the RATP

Monitoring the current state of leisure-time physical activity in children will help improve the educational process and improve the preparation of students for the teaching profession.

OCA14. - Characteristics of the author's contribution

Bendíková, Elena (25 %); Daubnerová, Jana (25 %); Slováková, Michaela (25 %); Rozim, Robert (25 %);

OCA15. - Annotation of the output with contextual information concerning the description of creative process and the content of the research/artistic/other activity, etc.

Monitoring the current state of leisure-time physical activity in children will help improve the educational process and improve the preparation of students for the teaching profession. An organized leisure-time physical activity regimen for children brings several health benefits.

OCA16. - Annotation of the output in English

Monitoring aktuálneho stavu voľnočasovej pohybovej aktivity u detí pomôže skvalitniť výchovno-vzdelávací proces a zlepši prípravu študentov na učiteľské povolanie. Organizovaný voľnočasový pohybový režim detí prináša viaceré zdravotné benefity.

OCA18. - Characteristics of the output's impact on socio-economic practice

The volume of leisure-time physical activity in children will help improve the educational process and improve the quality of life of children. Organized leisure-time physical activity in children brings several health benefits and also has a socio-economic dimension.

OCA19. - Characteristics of the output and related activities' impact on the educational process

Objem voľnočasovej pohybovej aktivity u detí pomôže skvalitniť výchovno-vzdelávací proces a zlepši kvalitu života detí. Organizovaný voľnočasový pohybový režim detí prináša viaceré zdravotné benefity, ma aj sociálno-ekonomický rozmer.

5th evaluated output

1.

Stupeň štúdia: I.II., III.

OCA5. - Area of assessment

preschool and elementary pedagogy

OCA6. - Category of the research/ artistic/other output

scientific output

OCA7. - Year of publication of the research/artistic/other output

2020

OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)

ID = 204142

OCA9. - Hyperlink to the record in CRPA or CRAA

[https://app.crepc.sk/?](https://app.crepc.sk/?fn=detailBiblioFormChildI67D8&sid=2FD2966D3164FE508A8D0E18A4&seo=CREP%C4%8C-detail-%C4%8CI%C3%A1nok)

[fn=detailBiblioFormChildI67D8&sid=2FD2966D3164FE508A8D0E18A4&seo=CREP%C4%8C-detail-%C4%8CI%C3%A1nok](https://app.crepc.sk/?fn=detailBiblioFormChildI67D8&sid=2FD2966D3164FE508A8D0E18A4&seo=CREP%C4%8C-detail-%C4%8CI%C3%A1nok)

Title of the publication to which the hyperlink points

Analysis od physical activity status and functional posture in Slovakia's young school-aged children with different body weight

Suggested output quality level

A-

Justification of the RATP

The authors of the scientific study analyze the current state of physical activity and functional posture in younger school-age children of different body weights in Slovakia. They point out the mutual conditionality between the volume of physical activity and the body mass index of primary school pupils in Slovakia.

OCA15. - Annotation of the output with contextual information concerning the description of creative process and the content of the research/artistic/other activity, etc.

Monitoring the current state of physical activity of younger school-age students, understanding the causes and methods of prevention will help improve the educational process and prepare students for the teaching profession.

OCA17. - List of maximum 5 most significant citations corresponding to the output

(**SCOPUS:2-s2.0-85178054903**) 1103867: Vplyv športu na kvalitu držania tela u deti staršieho školského veku (Pôvodné práce), (Fyzioterapia) = The influence of sports on the quality of posture in older school age children / Nechvátal, Pavol [Korešpondenčný autor, 60%] ; Ištoňová, Miriam [Autor, 20%] ; Grus, Cyril [Autor, 15%] ; Kohanová, Tamara [Autor, 5%]. - [recenzované]. - SCO.

In: *Zdravotnícke listy* [textový dokument (print)] [elektronický dokument] . - Trenčín (Slovensko) : Trenčianska univerzita Alexandra Dubčeka v Trenčíne. Fakulta zdravotníctva. - ISSN 1339-3022. - ISSN (online) 2644-4909. - Roč. 11, č. 3 (2023), s. 53-58 [tlačaná forma] [online]

OCA18. - Characteristics of the output's impact on socio-economic practice

The authors of the scientific study respond to the radical decrease in physical activity of children in Slovakia, which causes various health, psychological and social problems. An unhealthy lifestyle results in an increase in body weight, which is also related to a lack of physical activity.

Date of last update

22.02.2026