

## DOCUMENT

**Name and surname** PhDr. Lenka Štefáková, Philosophiae doctor  
**Document type:** Characteristics of the submitted research/ artistic/other output  
**The name of the university** Catholic University in Ružomberok  
**The seat of the university** Hrabovská cesta 1A, 034 01 Ružomberok  
**The name of the faculty** Faculty of Education  
**The seat of the faculty** Hrabovská cesta 1, 034 01 Ružomberok

**OCA1. - Surname awarded to the assessed person**

Štefáková

**OCA2. - Name awarded to the assessed person**

Lenka

**OCA3. - Degrees awarded to the assessed person**

PhDr., PhD.

**OCA4. - Hyperlink to the entry of the person in the Register of university staff**

[https://www.portalvs.sk/regzam/detail/8121?do=filterForm-submit&surname=%C5%A0tef%C3%A1kov%C3%A1&sort=surname&employment\\_state=yes&filter=Vyh%C4%BEada%C5%A5](https://www.portalvs.sk/regzam/detail/8121?do=filterForm-submit&surname=%C5%A0tef%C3%A1kov%C3%A1&sort=surname&employment_state=yes&filter=Vyh%C4%BEada%C5%A5)

**1st evaluated output**

1.

Stupeň štúdiá: I., II., III.

Typ štúdiá: J

**OCA5. - Area of assessment**

Social Work

**OCA6. - Category of the research/ artistic/other output**

scientific output

**OCA7. - Year of publication of the research/artistic/other output**

2021

**OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)**

ID - 440612

**OCA9. - Hyperlink to the record in CRPA or CRAA**

<https://app.crepc.sk/?fn=detailBiblioFormChildOS2P&sid=41D0612371856B8759DE4486F7&seo=CREP%C4%8C-detail-%C4%8C%C3%A1nok>

**Title of the publication to which the hyperlink points**

Stress Management Strategies for Hospice Care Professionals During the Covid-19

**OCA10. - Hyperlink to the record in another publicly accessible register, catalogue of research/ artistic/other outputs**

[https://www.researchgate.net/publication/365824531\\_Stress\\_management\\_strategies\\_for\\_hospice\\_care\\_professionals\\_during\\_the\\_covid-19\\_pandemic\\_httpswwwactamissilogicacomsub-correction--am2\\_2021pdf](https://www.researchgate.net/publication/365824531_Stress_management_strategies_for_hospice_care_professionals_during_the_covid-19_pandemic_httpswwwactamissilogicacomsub-correction--am2_2021pdf)

**Title of the publication to which the hyperlink points**

Stress Management Strategies for Hospice Care Professionals During the Covid-19

**OCA13. - Hyperlink to the webpage where the output is available (full text, other documentation, etc.)**

[https://www.researchgate.net/publication/365824531\\_Stress\\_management\\_strategies\\_for\\_hospice\\_care\\_professionals\\_during\\_the\\_covid-19\\_pandemic\\_httpswwwactamissilogicacomsub-correction--am2\\_2021pdf](https://www.researchgate.net/publication/365824531_Stress_management_strategies_for_hospice_care_professionals_during_the_covid-19_pandemic_httpswwwactamissilogicacomsub-correction--am2_2021pdf)

**Title of the publication to which the hyperlink points**

Stress Management Strategies for Hospice Care Professionals During the Covid-19

**OCA14. - Characteristics of the author's contribution**

The author participated in data collection, text editing, revision, and proofreading. Author's share 25%.

**OCA16. - Annotation of the output in English**

The article examines stress management strategies among hospice workers in Slovakia during the COVID-19 pandemic and their impact on psychological well-being. The research sample consisted of 110 hospice employees (83.6% women, 16.4% men) with an average age of 46.4 years. Standardized tools were used - the Stress Management Strategies Questionnaire (SVF 78) and the WHO Well-Being Index. Data were analyzed using IBM SPSS (version 27) with parametric tests and correlation analyses. Results showed that hospice workers more frequently used strategies such as underestimation, guilt devaluation, diversion, avoidance, and seeking social support compared to the general population. Negative strategies and an increased need for social support were associated with lower levels of psychological well-being, whereas positive strategies (reaction control, positive self-instruction) correlated with greater emotional resilience. The authors emphasize the need to strengthen adaptive coping strategies and reduce reliance on maladaptive mechanisms. Targeted interventions aimed at improving coping skills and supporting mental health are essential for enhancing the well-being and resilience of hospice workers, particularly during crisis periods.

**OCA17. - List of maximum 5 most significant citations corresponding to the output**

The output has 5 responses:

(Web of Science Core Collection:WOS:000899407100004) 965550: Examining challenges to palliative care services during the covid-19 pandemic, focusing on spiritual care and social support: a scoping review / Scheitel, Regina [Autor, 100%]. - [recenzované]. - WOS CC. In: Acta Missiologica [textový dokument (print)] [elektronický dokument] : akademický časopis Inštitútu misijnej práce a Tropickeho zdravotníctva Jána Pavla II., VŠ ZSP Svätej Alžbety. - Bratislava (Slovensko) : Vysoká škola zdravotníctva a sociálnej práce sv. Alžbety v Bratislave. - ISSN 1337-7515. - ISSN (online) 2453-7160. - Roč. 16, č. 2 (2022), s. 37-58 [tlačaná forma] [online] (Web of Science Core Collection:WOS:000899407100005) 965614: The role and experiences of social workers in hospices during the peak of the covid-19 pandemic / Tomiczek, Václav [Autor, 34%]; Thurzo, Vladimír [Autor, 33%]; Dobříková, Patřicia [Autor, 33%]. - [recenzované]. - WOS CC. In: Acta Missiologica [textový dokument (print)] [elektronický dokument] : akademický časopis Inštitútu misijnej práce a Tropickeho zdravotníctva Jána Pavla II., VŠ ZSP Svätej Alžbety. - Bratislava (Slovensko) : Vysoká škola zdravotníctva a sociálnej práce sv. Alžbety v Bratislave. - ISSN 1337-7515. - ISSN (online) 2453-7160. - Roč. 16, č. 2 (2022), s. 59-65 [tlačaná forma] [online] (Web of Science Core Collection:WOS:001256517900017) 1182874: Adaptation process of seniors to residential care: selected research findings / Kamanová, Jana [Autor, 100%]; Masan, Jan [Recenzent]; Costa, Cecilia [Recenzent]. - WOS CC. In: Acta Missiologica [textový dokument (print)] [elektronický dokument] : akademický časopis Inštitútu misijnej práce a Tropickeho zdravotníctva Jána Pavla II., VŠ ZSP Svätej Alžbety. - Bratislava (Slovensko) : Vysoká škola zdravotníctva a sociálnej práce sv. Alžbety v Bratislave. - ISSN 1337-7515. - ISSN (online) 2453-7160. - Roč. 18, č. 1 (2024), s. 169-176 [tlačaná forma] [online] 1447388: Interdisciplinárne prepojenie koučovania a pedagogických kompetencií v kontexte osobnostného rozvoja a aktívneho učenia / Rássu Nagy, Viera [Autor, 100%]. In: Humanitné a spoločenské vedy v pregraduálnom vzdelávaní 15/2025 [elektronický dokument] : zborník vedeckých prác a vedeckých štúdií / Charfaoui, Emília [Zostavovateľ, editor]; Harajová, Alíca [Recenzent]; Lagerová, Viera [Recenzent]. - 1. vyd. - Roč. 15. - Bratislava (Slovensko) : Z-F LINGUA, 2025. - ISBN (elektronické) 978-80-8177-115-6, s. 64-73 [CD-ROM] 1484920: Digitálna krízová intervencia v sociálnej práci: výzvy a príležitosti pre 21. storočie : Digital Crisis Intervention in Social Work: Challenges and Opportunities for the 21st Century / Šrobárová, Soňa [Autor, 50%]; Špánik, Miroslav [Autor, 50%]; Sociálna práca v súčasnej spoločnosti, 4 [28.11.2025, Spišské Podhradie, Slovensko]. In: Sociálna práca v súčasnej spoločnosti IV. [elektronický dokument] : recenzovaný zborník príspevkov z medzinárodnej vedeckej konferencie / Budayová, Zuzana [Zostavovateľ, editor]; Bursová, Janka [Zostavovateľ, editor]; Vaľko, Michal [Zostavovateľ, editor]; Árpová, Anna [Recenzent]; Maturkanič, Patrik [Recenzent]; Wojtanowicz, Katarzyna [Recenzent]. - 1. vyd. - Ružomberok (Slovensko) : Katolícka univerzita v Ružomberku. VERBUM - vydavateľstvo KU, 2025. - ISBN 978-80-561-1227-4, s. 342-353 [online]

#### OCA18. - Characteristics of the output's impact on socio-economic practice

This article contributes to the understanding of stress management in hospice care settings during the COVID-19 pandemic. It offers new empirical insights into how workers cope with extreme workplace stress and how these strategies affect their well-being. The findings are valuable for healthcare professionals, administrators, and policymakers aiming to design supportive interventions that promote sustainable mental health and professional performance among hospice staff. The study also enriches the field of occupational health psychology by focusing on a vulnerable and often understudied workforce.

#### OCA19. - Characteristics of the output and related activities' impact on the educational process

The above output of creative activity can be used in the teaching process in the social work study program, is currently used within the course dedicated to social work in hospice and palliative care (selected social work client groups).

#### 2nd evaluated output

1.

Stupeň štúdia: I., II., III.

Typ štúdia: J

#### OCA5. - Area of assessment

Social Work

#### OCA6. - Category of the research/ artistic/other output

scientific output

#### OCA7. - Year of publication of the research/artistic/other output

2022

#### OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)

ID - 1003910

#### OCA9. - Hyperlink to the record in CRPA or CRAA

<https://app.crep.sk/?fn=detailBiblioFormChildQ2RVE&sid=44188F9205E9A1841D4A718021FB&seo=CREP%C4%8C-detail-%C4%8CI%C3%A1nok>

#### Title of the publication to which the hyperlink points

Impact of mindfulness and coping strategies on the well-being of hospice workers in Slovakia during the Covid-19 pandemic

#### OCA10. - Hyperlink to the record in another publicly accessible register, catalogue of research/ artistic/other outputs

[https://www.researchgate.net/publication/366352408\\_Impact\\_of\\_mindfulness\\_and\\_coping\\_strategies\\_on\\_the\\_well-being\\_of\\_hospice\\_workers\\_in\\_Slovakia\\_during\\_the\\_Covid-19\\_pandemic](https://www.researchgate.net/publication/366352408_Impact_of_mindfulness_and_coping_strategies_on_the_well-being_of_hospice_workers_in_Slovakia_during_the_Covid-19_pandemic)

#### Title of the publication to which the hyperlink points

Impact of mindfulness and coping strategies on the well-being of hospice workers in Slovakia during the Covid-19 pandemic

#### OCA13. - Hyperlink to the webpage where the output is available (full text, other documentation, etc.)

[https://www.researchgate.net/publication/366352408\\_Impact\\_of\\_mindfulness\\_and\\_coping\\_strategies\\_on\\_the\\_well-being\\_of\\_hospice\\_workers\\_in\\_Slovakia\\_during\\_the\\_Covid-19\\_pandemic](https://www.researchgate.net/publication/366352408_Impact_of_mindfulness_and_coping_strategies_on_the_well-being_of_hospice_workers_in_Slovakia_during_the_Covid-19_pandemic)

#### Title of the publication to which the hyperlink points

Impact of mindfulness and coping strategies on the well-being of hospice workers in Slovakia during the Covid-19 pandemic

#### OCA14. - Characteristics of the author's contribution

The author participated in data collection, text editing, revision, and proofreading. Author contribution: 10%.

#### OCA16. - Annotation of the output in English

This article examines the relationship between mindfulness, coping strategies, and well-being among hospice workers in Slovakia during the COVID-19 pandemic. Hospice work is physically and emotionally demanding, and the pandemic has further increased stress levels. The study aimed to create a model illustrating how mindfulness and coping strategies influence staff well-being. The results revealed a significant correlation between mindfulness and negative coping strategies. A multiple regression model showed that mindfulness, negative coping strategies, and control strategies jointly explained 39% of the variance in well-being. Negative coping and control strategies were found to mediate the relationship between mindfulness and well-being. The findings suggest that mindfulness directly enhances well-being and indirectly influences it by reducing negative coping and promoting the use of positive coping strategies, especially control strategies. The study highlights the importance of supporting mindfulness practices and adaptive coping mechanisms to strengthen the resilience of hospice staff.

#### OCA17. - List of maximum 5 most significant citations corresponding to the output

- 1479871: Validizácia Burnout Assessment Tool na Slovensku v kontexte modelu pracovných požiadaviek a zdrojov [textový dokument (print)] [monografia] / Bačkorová, Júlia [Autor, 60%]; Markovič, Daniel [Autor, 30%]; Ďurka, Róbert [Autor, 10%]; Šrobárová, Soňa [Recenzent]; Draková, Zuzana [Recenzent]; Hovanová, Magdaléna [Recenzent]. – 1. vyd. – Ružomberok (Slovensko) : Katolícka univerzita v Ružomberku. VERBUM - vydavateľstvo KU, 2025. – 100 s. [tlačná forma]. – ISBN 978-80-561-1202-1
- 1493569: Koučingové intervencie v sociálnej práci = Coaching interventions in social work / Markovič, Daniel [Autor, 100%]. In: Humanitné a spoločenské vedy v pregraduálnom vzdelávaní 16/2025 [elektronický dokument] : zborník vedeckých prác a vedeckých štúdií / Čepelová, Slávka [Zostavovateľ, editor]; Szarková, Miroslava [Recenzent]; Charfaoui, Emília [Recenzent]. – 1. vyd. – Bratislava (Slovensko) : Z-F LINGUA, 2025. – ISBN (elektronické) 978-80-8177-116-3, s. 130-140 [CD-ROM]
- 1433680: Psychosociálna opora a krízová intervencia u profesionálnych vojakov OS SR: Výzvy, potreby a smerovanie v kontexte vojnového konfliktu = Psychosocial support and crisis intervention for professional soldiers of the slovak armed forces: challenges, needs and direction in the context of war conflict / Šrobárová, Soňa [Autor, 100%]; Michálek, Přemysl [Recenzent]; Králik, Jozef [Recenzent]. In: Sociální média v oblasti řízení lidských zdrojů VIII. [elektronický dokument] [textový dokument (print)] : Konferenční sborník vědeckých prací / Bursová, Janka [Zostavovateľ, editor]; Hanáková, Veronika [Zostavovateľ, editor]. – 1. vyd. – Uherské Hradiště (Česko) : Akademie krizového řízení a managementu s.r.o. Uherské Hradiště, 2025. – ISBN 978-80-88398-19-6, s. 39-56
- 1484920: Digitálna krízová intervencia v sociálnej práci: výzvy a príležitosti pre 21. storočie : Digital Crisis Intervention in Social Work: Challenges and Opportunities for the 21st Century / Šrobárová, Soňa [Autor, 50%]; Špánik, Miroslav [Autor, 50%]; Sociálna práca v súčasnej spoločnosti, 4 [28.11.2025, Spišské Podhradie, Slovensko]. In: Sociálna práca v súčasnej spoločnosti IV. [elektronický dokument] : recenzovaný zborník príspevkov z medzinárodnej vedeckej konferencie / Budayová, Zuzana [Zostavovateľ, editor]; Bursová, Janka [Zostavovateľ, editor]; Vaľko, Michal [Zostavovateľ, editor]; Árpová, Anna [Recenzent]; Maturkanič, Patrik [Recenzent]; Wojtanowicz, Katarzyna [Recenzent]. – 1. vyd. – Ružomberok (Slovensko) : Katolícka univerzita v Ružomberku. VERBUM - vydavateľstvo KU, 2025. – ISBN 978-80-561-1227-4, s. 342-353 [online]
- 1434837: Vodcovské kompetencie profesionálnych vojakov v ozbrojených silách [textový dokument (print)] [monografia] / Belan, Lubomír [Autor, 34%]; Martinská, Mária [Autor, 33%]; Šrobárová, Soňa [Autor, 33%]; Nekvapilová, Ivana [Recenzent]; Matis, Jozef [Recenzent]; Jedinák, Peter [Recenzent]. – 1. vyd. – Liptovský Mikuláš (Slovensko) : Akadémia ozbrojených síl generála Milana Rastislava Štefánika, 2025. – 250 s. [tlačná forma]. – ISBN 978-80-8040-678-3. – ISBN (elektronické) 978-80-8040-680-6

#### OCA18. - Characteristics of the output's impact on socio-economic practice

This article presents original research that contributes to understanding the relationship between mindfulness, stress-coping strategies, and the psychological well-being of hospice workers under crisis conditions of the pandemic. The contribution lies in applying knowledge of mindfulness to the specific context of hospice care, thus enriching scientific knowledge in the fields of health psychology and social work. The findings are relevant for both practitioners and researchers interested in interventions aimed at enhancing the well-being of professionals in helping professions.

#### OCA19. - Characteristics of the output and related activities' impact on the educational process

The above output of creative activity can be used in the teaching process in the social work study program, is currently used within the course dedicated to social work in hospice and palliative care (selected social work client groups).

#### 3rd evaluated output

1.

Stupeň štúdia: I., II., III.

Typ štúdia: J

**OCA5. - Area of assessment**

Social Work

**OCA6. - Category of the research/ artistic/other output**

scientific output

**OCA7. - Year of publication of the research/artistic/other output**

2020

**OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)**

ID = 224779

**OCA9. - Hyperlink to the record in CRPA or CRAA**

<https://app.crepc.sk/?fn=detailBiblioFormChildK3B94&sid=68194651F96F8DBEF1205DD8C8&seo=CREP%C4%8C-detail-kapitola-/pr%C3%Adspevok>

**Title of the publication to which the hyperlink points**

Burnout Syndrome in Relation to the Sensitivity of Nurses, Teachers and Social Workers

**OCA10. - Hyperlink to the record in another publicly accessible register, catalogue of research/ artistic/other outputs**

[https://www.researchgate.net/publication/346916401\\_BURNOUT\\_SYNDROME\\_IN\\_RELATION\\_TO\\_THE\\_SENSITIVITY\\_OF\\_NURSES\\_TEACHERS\\_AND\\_SOCIAL\\_WORKERS](https://www.researchgate.net/publication/346916401_BURNOUT_SYNDROME_IN_RELATION_TO_THE_SENSITIVITY_OF_NURSES_TEACHERS_AND_SOCIAL_WORKERS)

**Title of the publication to which the hyperlink points**

Burnout Syndrome in Relation to the Sensitivity of Nurses, Teachers and Social Workers

**OCA13. - Hyperlink to the webpage where the output is available (full text, other documentation, etc.)**

[https://www.researchgate.net/publication/346916401\\_BURNOUT\\_SYNDROME\\_IN\\_RELATION\\_TO\\_THE\\_SENSITIVITY\\_OF\\_NURSES\\_TEACHERS\\_AND\\_SOCIAL\\_WORKERS](https://www.researchgate.net/publication/346916401_BURNOUT_SYNDROME_IN_RELATION_TO_THE_SENSITIVITY_OF_NURSES_TEACHERS_AND_SOCIAL_WORKERS)

**Title of the publication to which the hyperlink points**

Burnout Syndrome in Relation to the Sensitivity of Nurses, Teachers and Social Workers

**OCA14. - Characteristics of the author's contribution**

The author carried out revision and proofreading, administration, and communication. Author's share 25%.

**OCA16. - Annotation of the output in English**

This article explores the relationship between burnout syndrome and the dimensions of meaning in life among helping professionals in Slovakia (teachers, social workers, and nurses). The research sample consisted of 212 participants who completed instruments measuring meaning in life and burnout levels. Data were analyzed using ANOVA, correlation, and regression analyses. The results revealed statistically significant differences in both burnout levels and perceived meaning in life across the studied professions. A higher level of the affective component of meaning in life was associated with lower emotional exhaustion ( $\beta = -.37, p < .001$ ) and higher personal accomplishment ( $\beta = .35, p < .001$ ). Participants with higher meaning in life in the affective and motivational components showed lower depersonalization ( $\beta = -.49, p < .001$ ;  $\beta = .13, p < .05$ ). The findings indicate that a strong sense of meaning in life acts as a protective factor against burnout syndrome. Regular reflection on the meaningfulness of work and life is recommended as part of prevention and intervention strategies, particularly during demanding and stressful periods. An existential approach appears to be highly suitable in supporting the mental health of helping professionals.

**OCA17. - List of maximum 5 most significant citations corresponding to the output**

1113557: PENGARUH DUKUNGAN SOSIAL TERHADAP BURNOUT PEKERJA SOSIAL PADA PELAYANAN ANAK KORBAN TINDAK KEKERASAN SEKSUAL / Ratih., A. (Autor) . In: Social Work Journal. - Jawa Barat (Indonézia) : Jatinangor: Departemen Kesejahteraan Sosial FISIP UNPAD. - ISSN 2339-0042. - ISSN (online) 2528-1577. - Roč. 13, č. 1 (2023), s. 43-43

1230506: Hubungan antara kebermaknaan hidup dengan burnout pada pemimpin [textový dokument (print)] [elektronický dokument] [iný] / Sefia, Angelique Karel Sonya [Autor, 100%]. - 1. vyd. - Semarang (Indonézia) : Universitas Khatolik Soegijapranata, 2023. - 60 s. [tlačená forma] [online]

**OCA18. - Characteristics of the output's impact on socio-economic practice**

This article contributes to the literature on occupational health and existential psychology by exploring the protective role of life meaning against burnout syndrome in three critical helping professions. The comparative analysis among teachers, nurses, and social workers provides valuable insights for practitioners, researchers, and policymakers aiming to implement preventive strategies and support programs for at-risk professions. The study underscores the importance of addressing existential needs to foster resilience in demanding work environments.

**OCA19. - Characteristics of the output and related activities' impact on the educational process**

The above output of creative activity can be used in the teaching process in the social work study program, is currently used within the course dedicated to social work in hospice and palliative care (selected social work client groups) and pedagogical-psychological basis for social work 2.

4th evaluated output

1.

**OCA5. - Area of assessment**

Social Work

**OCA6. - Category of the research/ artistic/other output**

scientific output

**OCA7. - Year of publication of the research/artistic/other output**

2024

**OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)**

ID = 1261944

**OCA9. - Hyperlink to the record in CRPA or CRAA**

<https://app.crepc.sk/?fn=detailBiblioFormChildGPIA2&sid=1C98E395077C31135B5CEE0208CF&seo=CREP%C4%8C-detail-%C4%8C%C3%A1nok>

**Title of the publication to which the hyperlink points**

Experiences of Social Workers in the Field of Hospice Care in the Czech and Slovak Environment

**OCA10. - Hyperlink to the record in another publicly accessible register, catalogue of research/ artistic/other outputs**

[https://www.researchgate.net/publication/387998765\\_EXPERIENCES\\_OF\\_SOCIAL\\_WORKERS\\_IN\\_THE\\_FIELD\\_OF\\_HOSPICE\\_CARE\\_IN\\_THE\\_CZECH\\_AND\\_SLOVAK\\_ENVIRONMENT](https://www.researchgate.net/publication/387998765_EXPERIENCES_OF_SOCIAL_WORKERS_IN_THE_FIELD_OF_HOSPICE_CARE_IN_THE_CZECH_AND_SLOVAK_ENVIRONMENT)

**Title of the publication to which the hyperlink points**

Experiences of Social Workers in the Field of Hospice Care in the Czech and Slovak Environment

**OCA13. - Hyperlink to the webpage where the output is available (full text, other documentation, etc.)**

[https://www.researchgate.net/publication/387998765\\_EXPERIENCES\\_OF\\_SOCIAL\\_WORKERS\\_IN\\_THE\\_FIELD\\_OF\\_HOSPICE\\_CARE\\_IN\\_THE\\_CZECH\\_AND\\_SLOVAK\\_ENVIRONMENT](https://www.researchgate.net/publication/387998765_EXPERIENCES_OF_SOCIAL_WORKERS_IN_THE_FIELD_OF_HOSPICE_CARE_IN_THE_CZECH_AND_SLOVAK_ENVIRONMENT)

**Title of the publication to which the hyperlink points**

Experiences of Social Workers in the Field of Hospice Care in the Czech and Slovak Environment

**OCA14. - Characteristics of the author's contribution**

The author participated in data collection, text editing, revision, and proofreading. Author's share 45%.

**OCA16. - Annotation of the output in English**

The article focuses on exploring the experiences of social workers in hospice care facilities in the Czech and Slovak Republics. The aim of the research was to identify the activities performed by social workers and the methods they use when working with clients and their families. The study employed qualitative research methods. The results showed that the activities of social workers can be divided into formal and informal interactions. Formal work includes social counselling, legal advice, conversations with clients, and identifying their needs and wishes. Informal work involves maintaining client documentation and developing care plans. Respondents reported using a variety of methods, such as social counselling, verbal and non-verbal communication, validation, reminiscence, aromatherapy, cognitive-behavioral therapy, and bibliotherapy. The authors emphasize that similar studies highlight the importance of the role of social workers in hospice care in the Czech and Slovak context and support further development of their professional practice.

#### **OCA17. - List of maximum 5 most significant citations corresponding to the output**

(Web of Science Core Collection:WOS:001517311200006) 1388051: The Formation of Psychological Stability of Scientific and Pedagogical Teams of Higher Education Institutions in the Conditions of the Russian-Ukrainian War / Vasylyeva-Khalatnykova, Maryna O. [Autor, 10%]; Moskalenko, Alla M. [Autor, 10%]; Shcherbiak, Iurii [Autor, 80%]. - [recenzované]. - DOI 10.22359/cswih\_16\_1\_2\_08. - WOS CC. In: Clinical social work and health intervention [textový dokument (print)] [elektronický dokument]. - Viedeň (Rakúsko) : Gesellschaft für angewandte Präventionsmedizin. - ISSN 2222-386X. - ISSN (online) 2076-9741. - Roč. 16, č. 1-2 (2025), s. 71-82 [tlačená forma] [online]

1447388: Interdisciplinárne prepojenie koučovania a pedagogických kompetencií v kontexte osobnostného rozvoja a aktívneho učenia / Rassa Nagy, Viera [Autor, 100%]. In: Humanitné a spoločenské vedy v pregraduálnom vzdelávaní 15/2025 [elektronický dokument] : zborník vedeckých prác a vedeckých štúdií / Charfaoui, Emília [Zostavovateľ, editor]; Harajová, Alica [Recenzent]; Lagerová, Viera [Recenzent]. - 1. vyd. - Roč. 15. - Bratislava (Slovensko) : Z-F LINGUA, 2025. - ISBN (elektronické) 978-80-8177-115-6, s. 64-73 [CD-ROM]

1493324: Postavenie sociálneho pracovníka v sociálnych službách v Českej republike a na Slovensku = The position of social workers in social services in the Czech republic and Slovakia / Liszoková, Mariola [Autor, 50%]; Holeková, Iva [Autor, 50%]. In: Humanitné a spoločenské vedy v pregraduálnom vzdelávaní 16/2025 [elektronický dokument] : zborník vedeckých prác a vedeckých štúdií / Čepelová, Slávka [Zostavovateľ, editor]; Szarková, Miroslava [Recenzent]; Charfaoui, Emília [Recenzent]. - 1. vyd. - Bratislava (Slovensko) : Z-F LINGUA, 2025. - ISBN (elektronické) 978-80-8177-116-3, s. 82-93 [CD-ROM]

#### **OCA18. - Characteristics of the output's impact on socio-economic practice**

The article provides important insights into the roles and activities of social workers in hospice care in the Czech and Slovak Republics. These findings have a direct impact on socio-economic practice, as they highlight the importance of systematic support for social workers as part of multidisciplinary teams. The results point to the need for better staffing and financial support of hospice facilities, which leads to improved service quality and greater satisfaction of clients and their families. The practical recommendations from the article can contribute to the creation of methodologies and standards for social work in hospices, including the implementation of evidence-based methods (social counselling, validation, reminiscence, supportive therapies). This promotes the professional development of social workers and optimizes the use of resources within the hospice care system.

#### **OCA19. - Characteristics of the output and related activities' impact on the educational process**

The above output of creative activity can be used in the teaching process in the social work study program, is currently used within the course dedicated to social work in hospice and palliative care (selected social work client groups).

#### **5th evaluated output**

1.

#### **OCA5. - Area of assessment**

Social Work

#### **OCA6. - Category of the research/ artistic/other output**

scientific output

#### **OCA7. - Year of publication of the research/artistic/other output**

2020

#### **OCA8. - ID of the record in the Central Registry of Publication Activity (CRPA) or the Central Registry of Artistic Activity (CRAA)**

ID = 224765

#### **OCA9. - Hyperlink to the record in CRPA or CRAA**

<https://app.crep.sk/?fn=detailBiblioFormChildQPM5V&sid=68194651F96F8DBEF02C5DD8C8&seo=CREP%C4%8C-detail-kapitola-/pr%C3%Adspevok>

#### **Title of the publication to which the hyperlink points**

Gender Stereotypes in the Professional Approach of Social Workers in Slovakia, the Czech Republic and Lithuania

#### **OCA10. - Hyperlink to the record in another publicly accessible register, catalogue of research/ artistic/other outputs**

[https://www.researchgate.net/publication/346916467\\_GENDER\\_STEREOTYPES\\_IN\\_THE\\_PROFESSIONAL\\_APPROACH\\_OF\\_SOCIAL\\_WORKERS\\_IN\\_SLOVAKIA\\_THE\\_CZECH\\_REPUBLIC](https://www.researchgate.net/publication/346916467_GENDER_STEREOTYPES_IN_THE_PROFESSIONAL_APPROACH_OF_SOCIAL_WORKERS_IN_SLOVAKIA_THE_CZECH_REPUBLIC)

#### **Title of the publication to which the hyperlink points**

Gender Stereotypes in the Professional Approach of Social Workers in Slovakia, the Czech Republic and Lithuania

#### **OCA13. - Hyperlink to the webpage where the output is available (full text, other documentation, etc.)**

[https://www.researchgate.net/publication/346916467\\_GENDER\\_STEREOTYPES\\_IN\\_THE\\_PROFESSIONAL\\_APPROACH\\_OF\\_SOCIAL\\_WORKERS\\_IN\\_SLOVAKIA\\_THE\\_CZECH\\_REPUBLIC](https://www.researchgate.net/publication/346916467_GENDER_STEREOTYPES_IN_THE_PROFESSIONAL_APPROACH_OF_SOCIAL_WORKERS_IN_SLOVAKIA_THE_CZECH_REPUBLIC)

#### **Title of the publication to which the hyperlink points**

Gender Stereotypes in the Professional Approach of Social Workers in Slovakia, the Czech Republic and Lithuania

#### **OCA14. - Characteristics of the author's contribution**

The author performed revision and proofreading, administration, and communication. Author's share 25%.

#### **OCA16. - Annotation of the output in English**

The article addresses the issue of gender stereotypes and their impact on the work of social workers who primarily work with parents. It discusses traditional views of the mother as the primary caregiver and the father as the breadwinner, noting that society is divided between those who support these roles and those who reject them. The aim of the study was to compare the prevalence of gender stereotypes in the families of social workers in Slovakia, the Czech Republic, and Lithuania. The research used pragmatic analysis, secondary data processing, and qualitative methods such as interviews and content analysis. The sample included 28 participants (13 from Slovakia, 7 from the Czech Republic, and 8 from Lithuania). The results showed that social workers often hold stereotypical views of mothers as carers and fathers as breadwinners, which is reflected in their preference to work with women rather than men when addressing family issues. Furthermore, the study revealed a lack of knowledge and education among social workers regarding gender equality. The authors recommend that future research explore this issue in developed countries where gender equality is more widely accepted, which could contribute to breaking down entrenched stereotypical attitudes among social workers.

#### **OCA17. - List of maximum 5 most significant citations corresponding to the output**

The output has no citations.

#### **OCA18. - Characteristics of the output's impact on socio-economic practice**

This article contributes to the international discourse on gender stereotypes in social work by presenting a comparative study from Slovakia, the Czech Republic, and Lithuania. It provides valuable insights into how traditional gender roles shape the professional approach of social workers in Central and Eastern Europe. The findings are relevant for academics, practitioners, and policymakers seeking to enhance gender-sensitive practices and to challenge existing biases within social work. The study advocates for systematic educational reforms and awareness campaigns aimed at fostering equality in the helping professions.

#### **OCA19. - Characteristics of the output and related activities' impact on the educational process**

The above output of creative activity can be used in the teaching process in the social work study program, is currently used within the course dedicated to selected social work client groups.

#### **Date of last update**

25.02.2026

